



# **Product Brochure**

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***60<sup>th</sup> Anniversary Issue***





# Milk Powder

"The best value  
Milk Powder"

- ✓ Full Cream Milk Powder
- ✓ Available in 400g, 900g & 2.5kg
- ✓ Boosted with Vitamins A & D
- ✓ All 21 Amino Acids



**In place of  
Fresh Milk**



**To Thicken Stews,  
Mash & Savoury Dishes**



**For Creamy Cakes,  
Custards & Desserts**



**In Teas, Coffees  
& Hot Chocolates**



1964 was a year for the history books! Muhammad Ali became the Heavyweight Boxing Champion of the World, America was in the throes of 'Beatlemania' and Wanis opened its first shop in London's old East End.

Our parents: Mr and Mrs 'Wani', as they were affectionately nicknamed by their customers, took the first steps of our family business which, after six decades of long working hours, stress and sacrifice, would become one of Europe's leading World Foods distributors, employing over 150 people and creating thousands of jobs and business opportunities worldwide.

Celebrating our 60th year, we are taking the time to reflect and give thanks for our team, customers and partners, many of whom have been with us for decades. As a family business, we take so much pride in the relationships we've been able to build. We know how lucky we are and we take none of it for granted.

In honour of our father, Tulsidas Wadhvani, and with boundless love and appreciation, we thank YOU for being on this journey with us. We hope to continue serving communities worldwide, connecting cultures as "food is the ingredient that binds us together."

Sanjay and Kapil Wadhvani  
Managing Directors  
Wanis International Foods



origins



strong  
relationships



independent  
business



dream  
team

# Our Key Brands



# Our Key Brands

**MAGNUM**



**SUPERMALT**

*Tilda*



**TROPICAL VIBES**



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# Coconut Water / Aloe Vera



Tropical Sun  
Coconut Water with Pieces  
12 x 330ml - 115550



Tropical Sun  
Coconut Water with Pieces  
12 x 520ml - 115560



Tropical Sun  
Coconut Water with Pieces  
12x300ml - 229967 / 6x300ml - 232930



Tropical Sun  
Natural Coconut Water  
6 x 1L - 229688



Tropical Sun  
Natural Coconut Water  
12 x 330ml - 404020



Tropical Sun  
Natural Coconut Water  
12 x 520ml - 150126



Tropical Sun  
Natural Coconut Water PET  
12 x 500ml - 246926



Tropical Sun  
Natural Coconut Water  
12x300ml - 229862 / 6x300ml - 232929



Tropical Sun  
Aloe Vera Blueberry  
12 x 500ml - 233480



Tropical Sun  
Aloe Vera Blueberry  
6 x 1.5Ltr - 232419



Tropical Sun  
Aloe Vera Pomegranate  
6 x 1.5Ltr - 229265



Tropical Sun  
Aloe Vera Pineapple  
6 x 1.5Ltr - 101902



Tropical Sun  
Aloe Vera Mango  
12 x 500ml - 232409



Tropical Sun  
Aloe Vera Mango  
6 x 1.5Ltr - 230729 / 12 x 500ml - 232409



Tropical Sun  
Aloe Vera Original  
12 x 500ml - 230859



Tropical Sun  
Aloe Vera Original  
6 x 1.5Ltr - 229636



Tropical Sun  
Aloe Vera Strawberry  
12 x 500ml - 232408



Tropical Sun  
Aloe Vera Strawberry  
6 x 1.5Ltr - 230728



Tropical Sun  
Cocolyche  
6 x 1.5Ltr - 234451



Tropical Sun  
Aloe Vera Watermelon  
6 x 1.5L - 249689

# Juice Drinks



Tropical Sun  
Pineapple Juice 24 x 560ml - 230905  
6 x 560ml - 194037



Tropical Sun  
Carrot Juice 24 x 540ml - 194034  
6 x 540ml - 194036



Tropical Sun  
Fruit Punch 24 x 540ml - 221360  
6 x 540ml - 194039



Tropical Sun  
Tamarind Juice Drink  
24 x 310ml - 242592



Tropical Sun  
Tamarind Juice Drink  
12 x 520ml - 250460



Tropical Sun  
Sugar Cane Juice Drink  
24 x 310ml - 242653



Tropical Sun  
Lychee Juice Drink  
12 x 310ml - 244023



Tropical Sun  
Lychee Juice Drink  
12 x 520ml - 250461



Tropical Sun  
Hibiscus (Sorrel) Juice Drink  
12 x 330ml - 244100



Tropical Sun  
Mangosteen Juice Drink  
12 x 330ml - 245472



Tropical Sun  
Soursop Juice Drink with Pulp  
12 x 330ml - 244099



Tropical Sun  
Mango Juice Drink with Pulp  
12 x 330ml - 244101



Tropical Sun  
Pink Guava Juice Drink with Pulp  
12 x 330ml - 244102



Tropical Sun  
Pineapple Juice Drink with Pulp  
12 x 330ml - 244131



Tropical Sun  
Grape Juice Drink with Pulp  
12 x 300ml - 244132



Grace  
Tropical Rhythms Reggae Medley  
12 x 475ml - 243425



Grace  
Tropical Rhythms Fruit Punch  
12 x 475ml - 194071



Grace  
Tropical Rhythms Pineapple Ginger  
12 x 475ml - 194070



Grace  
Tropical Rhythms Sorrel Ginger  
12 x 475ml - 194072



Grace  
Tropical Rhythms Mango Carrot  
12 x 475ml - 194069

# Tropical Vibes



Tropical Vibes  
Fruit Punch  
15 x 300ml - 235522



Tropical Vibes  
Fruit Punch Mega  
12 x 532ml - 244256



Tropical Vibes  
Mango Carrot  
15 x 300ml - 235524



Tropical Vibes  
Mango Carrot Mega  
12 x 532ml - 244257



Tropical Vibes  
Exotic Fruits  
15 x 300ml - 237107



Tropical Vibes  
Guava Lychee  
15 x 300ml - 237108



Tropical Vibes  
Pineapple Coconut  
15 x 300ml - 237109



Tropical Vibes  
Pineapple Ginger  
15 x 300ml - 235523



Tropical Vibes  
Sorrel Ginger  
15 x 300ml - 235525



Tropical Vibes  
Sorrel Ginger  
12 x 532ml - 246037



Tropical Vibes  
Soursop / Guanabana  
15 x 300ml - 229951



Tropical Vibes  
Fruit Punch Tetra  
6 x 1Ltr - 238109



Tropical Vibes  
Mango Carrot Tetra  
6 x 1Ltr - 238111



Tropical Vibes  
Exotic Fruits Tetra  
6 x 1L - 246699



Tropical Vibes  
Mucho Mango Tetra  
6 x 1Ltr - 247170



Tropical Vibes  
Guava Banana Tetra  
6 x 1Ltr - 248941



Tropical Vibes  
Guanabana (Soursop) Tetra  
6 x 1Ltr - 249500



Tropical Vibes  
Lemonade Ocean Blue  
15 x 300ml - 238359

# Juice Drinks



Tropical Vibes  
Lemonade Ocean Blue  
12 x 532ml - 244258



Tropical Vibes  
Lemonade Paradise Punch  
15 x 300ml - 238517



Tropical Vibes  
Lemonade Grape Glow  
15 x 300ml - 238361



Tropical Vibes  
Lemonade Sassy Strawberry  
15 x 300ml - 238358



Tropical Vibes  
Lemonade Triple Melon  
15 x 300ml - 238360



Tropical Vibes  
Sours Kawaii Kiwi  
15 x 300ml - 241123



Tropical Vibes  
Sours Cheeky Cherry  
15 x 300ml - 241122



Aani  
Lychee Juice Drink  
6 x 2Ltr - 246970



Aani  
Mango Juice Drink  
6 x 2Ltr - 246968



Aani  
Pink Guava Juice Drink  
6 x 2Ltr - 246969



Foco  
Mangosteen Juice Drink  
12 x 350ml 229552



Foco  
Guava Juice Drink  
12 x 350ml - 242658



Foco  
Tamarind Juice  
12 x 350ml - 229550



Foco  
Soursop Juice Drink  
12 x 350ml - 104076



Foco  
Pomegranate Drink  
12 x 350ml - 194067



Foco  
Lychee Drink  
12 x 350ml - 222206



Foco  
Sugar Cane Juice  
12 x 350ml - 104006



Foco  
Passion Fruit Drink  
12 x 350ml - 236333



Foco  
Coconut Drink  
12 x 350ml - 149004



Foco  
Coconut Drink  
12 x 520ml - 222203

# Soft Drinks



Tropical Sun  
Root Beer  
24 x 330ml - 230150



Supermalt  
Ginger Beer Bottles  
6 x 4 x 330ml - 236663



Tropical Sun  
Ginger Beer  
24 x 330ml - 230149



Old Jamaica  
Ginger Beer  
24 x 330ml - 223090



Old Jamaica  
Ginger Beer  
12 x 500ml - 100014 / 8 x 2L - 241712



Ting  
Tropical Soda  
24 x 330ml - 249419



Ting  
Grape Soda  
24 x 330ml - 249417



Ting  
Pineapple Soda  
24 x 330ml - 249418



Ting  
Cream Soda  
24 x 330ml - 249416



Pink Ting  
Grapefruit Soda  
24 x 330ml - 246067



Ting  
Grapefruit Soda  
24 x 330ml - 223070



Pink Ting Bottle  
24 x 300ml - 232638



Ting Bottle  
24 x 300ml - 232637



DG  
Pineapple Soda Glass Bottle  
24 x 354ml - 226530



DG  
Ting PET (Jamaica)  
24 x 591ml - xxxxxx



DG  
Ginger Beer PET (Jamaica)  
24 x 591ml - 242269



DG  
Cream Soda PET (Jamaica)  
24 x 591ml - 249815



DG  
Grape Soda PET (Jamaica)  
24 x 591ml - 249814



DG  
Kola Soda PET (Jamaica)  
24 x 591ml - 249817



DG  
Pineapple Soda PET (Jamaica)  
24 x 591ml - 249816

# Soft Drinks



DG  
Cream Soda Glass Bottle  
24 x 354ml - 226532



DG  
Grape Soda Glass Bottle  
24 x 354ml - 102574



DG  
Kola Soda Glass Bottle  
24 x 354ml - 226531



Sorrel Fizz (Trinidad)  
Sparkling Sorrel Drink  
24 x 300ml - 229396



Mauby Fizz (Trinidad)  
Sparkling Mauby Drink  
24 x 300ml - 229392



Mauby Fizz  
Sparkling Mauby Drink Diet  
24 x 300ml - 103110



Peardrax  
Sparkling Pear Drink  
24 x 300ml - 103103



Baldwins  
Sarsaparilla Drink  
12 x 1L - 160001



Solo  
Apple J  
24 x 355ml - 113400



Solo  
Pear J  
24 x 355ml - 113405



Solo  
Sorrel  
24 x 355ml - 113420



Solo  
Cream Soda  
24 x 355ml - 113435



Solo  
Grape  
24 x 355ml - 113425



Solo  
Kola Champagne  
24 x 355ml - 113410



Solo  
Pineapple  
24 x 355ml - 113430



Solo  
Mango  
24 x 355ml - 194080



Bigga  
Fruit Punch  
12 x 600ml - 242166



Bigga  
Grape  
12 x 600ml - 242167



Bigga  
Jamaican Kola  
12 x 600ml - 242170



Bigga  
Pineapple  
12 x 600ml - 242168

# Soft Drinks



Chubby  
Blueberry Blast  
24 x 250ml - 239452



Chubby  
Grape  
24 x 250ml - 239455



Chubby  
Green Punch  
24 x 250ml - 241922



Chubby  
Pineapple  
24 x 250ml - 239456



Chubby  
Kola Champion  
24 x 250ml - 222180



Chubby  
Rocknrolla Cola  
24 x 250ml - 249695



Schweppes  
Bitter Lemon (Nigeria)  
24 x 290ml - 246601



Coca Cola  
Coke Glass Bottle (Nigeria)  
24 x 500ml - 237819



Sprite  
Glass Bottle (Nigeria)  
24 x 500ml - 122684



Mirinda  
Strawberry  
24 x 330ml - 227277



Mirinda  
Strawberry  
6 x 2L - 227302



Mirinda  
Orange  
24 x 330ml - 101289



Mirinda  
Orange  
12 x 500ml - 227303 / 6 x 2.25L 101015



Teem  
Bitter Lemon (Nigeria)  
12 x 500ml - 224472



Coke  
Can  
24 x 33ml - 480003



Coke  
Bottle  
6 x 1.5L - 226789



Kashmira  
Masala Jeera Drink  
24 x 250ml - 249155



Golipop  
Jeera Soda  
12 x 220ml - 249568



Golipop  
Lemon Soda  
12 x 220ml - 249575



Golipop  
Litchi Soda  
12 x 220ml - 249579



Palm Juice  
12 x 600ml - 101675



Nkulu's  
Palm Drink  
24 x 315ml - 226419



Nkulu's  
Palm Drink  
12 x 625ml - 226230



Nkulu's  
Palm Drink Can  
12 x 500ml - 246553



Mogu Mogu Coconut  
6 x 320ml - 234390  
4 x 6 x 320ml - 234338



Mogu Mogu Grape  
6 x 320ml - 237507  
4 x 6 x 320ml - 237462



Mogu Mogu Mango  
6 x 320ml - 234392  
4 x 6 x 320ml - 234339



Mogu Mogu  
Melon  
4 x 6 x 320ml - 234340



Mogu Mogu  
Strawberry  
4 x 6 x 320ml - 234426



Mogu Mogu  
Passionfruit  
4 x 6 x 320ml - 237464



Mogu Mogu  
Peach  
4 x 6 x 320ml - 239684



Mogu Mogu  
Pineapple  
4 x 6 x 320ml - 234425



Mogu Mogu  
Blackcurrant  
4 x 6 x 320ml - 239682



Mogu Mogu  
Bubblegum  
4 x 6 x 320ml - 247193



Mogu Mogu  
Lychee  
4 x 6 x 320ml - 234337



Mogu Mogu  
Orange  
4 x 6 x 320ml - 239680



Mogu Mogu  
Pina Colada  
4 x 6 x 320ml - 237463



Mogu Mogu  
Pink Guava  
4 x 6 x 320ml - 235073



Mogu Mogu  
Watermelon  
4 x 6 x 320ml - 241621



Aani  
Faluda Rose  
6 x 290ml - 237608 / 24 x 290ml - 237428



Aani  
Faluda Chocolate  
6 x 290ml - 243686 / 24 x 290ml - 243685



Aani  
Faluda Mango  
6 x 290ml - 239750 / 24 x 290ml - 239749



Aani  
Faluda Almond  
6 x 290ml - 243003 / 24 x 290ml - 243002



Aani  
Faluda Pistachio  
6 x 290ml - 243005 / 24 x 290ml - 243004



Aani  
Sherbet Rose  
6 x 290ml - 243097 / 24 x 290ml - 243098



Volvic  
Water  
24 x 500ml - 170001



Volvic  
Water Sport Cap  
12 x 1L - 104465



Volvic  
Water  
6 x 1.5L - 238091



Avant  
Mineral Water  
24 x 500ml - 238301



Avant  
Mineral Water  
6 x 1.5L - 238300



Avant  
Mineral Water  
3 x 5L - 238299



Aqua Pura  
Water  
3 x 5L - 200082



Evian  
Water  
24 x 500ml - 123604



Brecon Carreg  
Water  
12 x 1.5L - 170021



Gill Beck  
Water  
24 x 500ml - 249307



Gill Beck  
Water  
6 x 2Ltr - 249309



Saka  
Water  
6 x 1.5Ltr - 227854



Supermalt  
Bottle 6-pack  
6 x 4 x 330ml - 118629



Supermalt  
Bottle Single  
24 x 330ml - 228341



Supermalt  
Sharing Bottle  
12 x 600ml - 250615



Supermalt  
Can 4-pack  
6 x 4 x 330ml - 246119



Supermalt  
Can  
12 x 500ml - 238054



Supermalt  
Less Sugar  
4 x 6 x 330ml - 118645



Powermalt  
6-pack  
4 x 6 x 330ml - 211020



Vitamalt  
Classic  
4 x 6 x 330ml - 118632



Vitamalt  
Ginger  
4 x 6 x 330ml - 118670



Vitamalt  
Coconut & Hibiscus  
4 x 6 x 330ml - 237870



Maltina  
Nigeria Bottle  
24 x 330ml - 151810



Maltina  
Nigeria Can  
24 x 330ml - 224836



Malta Guinness (Nigeria)  
Bottle  
24 x 330ml - 201011



Malta Guinness (Nigeria)  
Bottle Multipack  
6 x 4 x 330ml 101032



Malta Guinness (Nigeria)  
Can  
24 x 330ml - 104403



Megamalt Original  
6-pack PM  
4 x 6 x 330ml 242837



Devina Malt  
Can  
24 x 500ml - 235493



Afrimalt  
Can  
24 x 500ml - 227309



Hypermalt  
Bottle  
4 x 6 x 330ml - 105057



Hypermalt  
Can  
4 x 6 x 330ml - 105056

# Syrups



Amstel Malta  
Can  
24 x 330ml - 104748



Amstel Malta  
Bottle  
24 x 330ml - 239424



Grace  
Mighty Malt  
4 x 6 x 330ml - 225104



Tropical Sun  
Cherry Syrup  
6 x 700ml - 113640



Tropical Sun  
Grape Syrup  
6 x 700ml - 228479



Tropical Sun  
Kola Syrup  
6 x 700ml - 113620



Tropical Sun  
Strawberry Syrup  
6 x 700ml - 360079



Tropical Sun  
Tropical Syrup  
6 x 700ml - 234849



Baron  
Grenadine Syrup  
12 x 794ml - 101214 / 6 x 794ml - 103664



Baron  
Sorrel Syrup  
12 x 750ml - 172519 / 6 x 750ml - 172508



Pure - Bulk  
Fruit Punch Syrup  
12 x 1L - 101512



Pure - Bulk  
Fruit Punch Syrup  
6 x 1.89L - 243770



Pure - Bulk  
Fruit Punch Syrup  
4 x 3.8L - 225567



Pure - Bulk  
Kola Syrup  
12 x 1L - 101505



Pure - Bulk  
Pineapple Ginger Syrup  
12 x 1L - 225569



Pure - Bulk  
Pineapple Syrup  
12 x 1L - 233796



Pure - Bulk  
Strawberry Syrup  
12 x 1L - 101504



Pure - Bulk  
Strawberry Syrup  
4 x 3.8L - 228057



Pure - Bulk  
Mango Syrup  
12 x 1L - 101508



Pure – Bulk  
Sorrel & Ginger Syrup  
12 x 1L - 227848



Pure – Bulk  
Cherry Syrup  
12 x 1L - 101503



Pure – Bulk  
Grape Syrup  
12 x 1L - 101511



Pure – Bulk  
Ginger Syrup  
12 x 1L - 104367



Pure – Bulk  
Wine  
12 x 1L - 227273



Aani  
Rose Syrup  
6 x 725ml - 244444



Miracle  
Peanut Punch  
24 x 250ml - 506090



Miracle  
Peanut Punch Screwcap  
18 x 330ml - 244662



Lasco  
Chocolate Drink  
24 x 120g - 226801



Lasco  
Strawberry Drink  
24 x 120g - 226890



Lasco  
Vanilla Drink  
24 x 120g - 229231



Lasco  
Carrot Drink  
24 x 120g - 244826



Lasco  
Pineapple Orange Drink  
24 x 120g - 249069



Strongback  
Vanilla  
12 x 284ml - 237888



Strongback  
Peanut  
12 x 284ml - 237887



Tropical Sun  
Soy Drink Original  
6 x 300ml - 249619 / 24 x 300ml - 249618



Tropical Sun  
Soy Drink Multigrain  
6 x 300ml - 249621 / 24 x 300ml - 249620



Vamino  
Soy Drink Original  
24 x 300ml - 235521



Vamino  
Soy Drink Original  
24 x 300ml - 235084

# Milk Drinks



Nrich  
Vanilla  
12 x 400g - 778800 / PM 246312



Nrich  
Banana  
12 x 400g - 778803 / PM 246313



Nrich  
Chocolate  
12 x 400g - 778804 / PM 246314



Nrich  
Strawberry  
12 x 400g - 778801 / PM 246311



Nurishment  
Banana  
12 x 400g - 215050



Nurishment  
Chocolate  
12 x 400g - 215030



Nurishment  
Strawberry  
12 x 400g - 222209



Nurishment  
Vanilla  
12 x 400g - 222205



Big Bamboo  
Gumption Peanut  
12 x 284ml - 234399 / 48 x 284ml - 250214



Big Bamboo  
Gumption Vanilla  
12 x 284ml - 234398 / 48 x 284ml - 250213



Big Bamboo  
Irish Moss Original  
12x284ml - 151651 / 24x284ml - 151650



Big Bamboo  
Irish Moss Strawberry  
12x284ml - 140067 / 24x284ml - 140066



Supligen  
Irish Moss  
12 x 290ml - 236241



Supligen  
Peanut  
12 x 290ml - 236242



Supligen  
Vanilla  
12 x 290ml - 236244



Supligen  
Cookies & Cream  
12 x 290ml - 239241



Big Bamboo  
Irish Moss Peanut  
12x284ml - 151652 / 24x284ml - 151653



Big Bamboo  
Irish Moss Oats  
12x284ml - 226786 / 24x284ml - 226785



Supligen  
Vanilla Tetra  
24 x 250ml - 239744



Supligen  
Vanilla Tetra  
24 x 330ml - 232783

# Non-Alcoholic Wine



Supligen  
Vanilla Tetra  
12 x 1Ltr - 101621



Rose Hall  
Egg Nog  
6 x 1L - 242560



Rose Hall  
Egg Nog  
24 x 250ml - 249649

Non-Alcoholic  
Wine



DeVina  
Sparkling White Grape  
12 x 750ml - 227072



DeVina  
Sparkling Red Grape  
12 x 750ml - 227071



DeVina  
Sparkling Apple  
12 x 750ml - 227069



DeVina  
Sparkling Strawberry  
12 x 750ml - 227073



DeVina  
Sparkling Mango  
12 x 750ml - 227070



DeVina  
Sparkling Peach  
12 x 750ml - 227074



DeVina  
Sparkling Pineapple Coconut  
12 x 750ml - 227076



DeVina  
Sparkling Fruit Cocktail  
12 x 750ml - 227064



DeVina  
Sparkling Red Grape  
4 x 6 x 330ml - 227079



DeVina  
Sparkling Fruit Cocktail  
4 x 6 x 330ml - 227078



Angelica  
Sparkling Pure Red Grape  
6 x 750ml - 235682



Angelica  
Sparkling Pure White Grape  
6 x 750ml - 235681



# Beer and Shandy



Gulder  
Lager Beer (Nigeria)  
12 x 600ml - 150114



Orijin  
Lager Beer (Nigeria)  
12 x 600ml - 232935



Star  
Lager Beer (Nigeria)  
12 x 600ml - 150113



Trophy  
Lager Beer (Nigeria)  
12 x 600ml - 235289



Guinness  
Stout (Nigeria)  
24 x 330ml - 215189



Guinness  
Stout (Nigeria)  
4-pack 6 x 4 x 330ml - 242961



Guinness  
Stout (Nigeria)  
12 x 600ml - 151890



Guinness  
Foreign Extra  
24 x 330ml - 151991



Mackeson  
Stout  
24 x 275ml - 230140



Dragon  
Stout (Jamaica)  
24 x 284ml - 223150



Dragon  
Stout Spitfire (Jamaica)  
24 x 284ml - 238489



Supermalt  
Stout (7.7% ABV)  
6 x 4 x 330ml - 249648



Red Stripe  
Lager Chubby (Jamaica)  
24 x 341ml - 206040



Red Stripe  
Lemon (Jamaica)  
24 x 275ml - 239346



Red Stripe  
Sorrel (Jamaica)  
24 x 275ml - 225193



Stag Lager  
24 x 275ml - 225579



Kingzton  
Jamaican Lager (4.8% ABV)  
24 x 330ml - 248763



Royal Jamaican  
Alcoholic Ginger Beer  
24 x 355ml - 230111



Royal Jamaican  
Alcoholic Sorrel Beer  
24 x 355ml - 230112



Carnival Shandy  
Sorrel  
24 x 275ml - 104826



# Revitalise!

*with Tropical Sun Herbal Teas*



**Soothing & Nourishing**



**Spicy & Refreshing**



**Anti-Inflammatory**



**Digestion Boosting**

**+ many more flavours!**



[TropicalSunFoods.com/Tea](https://TropicalSunFoods.com/Tea)

# Tonics and Bitters



Magnum  
Tonic Wine with Vigorton (Jamaica)  
24 x 200ml - 151060



Magnum  
Tonic Wine (UK)  
24 x 200ml - 233759



Sawka Sawka  
Roots Tonic Wine (Jamaica)  
12 x 240ml - 246014



Hard Punch  
Rum Rum Punch (13% ABV)  
12 x 240ml - 243797



Roar  
Roots Tonic Wine (16% ABV)  
12 x 200ml - 249475



Pump It Up  
Tonic Drink  
24 x 148ml - 151070



Bedroom Bully  
Tonic Drink  
24 x 207ml - 103704



Stones  
Ginger Wine  
6 x 700ml - 100937



Red Label  
Aperitif  
24 x 200ml - 174009



Red Label  
Aperitif  
6 x 750ml - 174005



Mandingo (Jamaica)  
Tonic Drink  
24 x 240ml - 122635



Baba Roots  
Herbal Beverage (Jamaica)  
24 x 142ml - 151085



Zion  
Ginseng Energiser  
24 x 207ml - 151094



Irie Moss (Jamaica)  
Strong Bamboo  
24 x 200ml - 194041



Vigorton  
Iron & Vitamin Tonic  
6 x 230ml - 238241



Rose Hall  
Constitution Bitters  
12 x 750ml - 241643



Rose Hall  
Sorrel  
6 x 750ml - 246475



Rose Hall  
Pure Noni Juice  
6 x 1L - 244098



Nature's Way  
Constitution Bitters  
12 x 750ml - 196610



Nature's Way  
Sorrel  
12 x 750ml - 230498

# Hot Drinks – Milo



Nestlé  
Milo  
12 x 400g - 123804



Nestlé  
Milo  
10 x 400g - 247978



Nestlé  
Milo  
6 x 800g - 123845



Nestlé  
Milo (Ghana)  
6 x 400g - 237523



Nestlé  
Milo (Singapore)  
6 x 400g - 229973 / 24 x 400g - 102773



Nestlé  
Milo Tins  
6 x 1.4kg - 906000



Nestlé  
Milo Ready to Drink  
24 x 250ml - 123846



Milo  
Energy Cubes  
24 x 100's - 104266



Nestlé  
Milo Packet  
33 x 200g - 123813 / 6 x 200g - 248877



Nestlé  
Coffee mate  
10 x 180g - 225953



Nestlé  
Coffee mate  
6 x 325g - 246317



Horlicks  
Original Malt  
6 x 270g - 246288



Horlicks  
Original Malt  
6 x 400g - 246289



Horlicks  
Original Malt  
2 x 2kg - 114022



Ovaltine  
6 x 300g - 244463



Ovaltine  
6 x 800g - 112403



Cadbury's  
Bournvita  
12 x 500g - 122935 / 6 x 900g - 122936



Cadbury  
Hot Chocolate  
6 x 500g - 214803

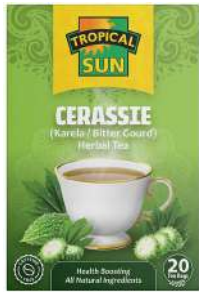


Tropical Sun  
Drinking Chocolate  
6 x 500g - PM 249825



Tropical Sun  
Drinking Chocolate  
4 x 1.4kg - PM 250462

# Herbal Teas – Tropical Sun



Tropical Sun  
Cerasse Tea  
6 x 20's 233043 / PM 234155



Tropical Sun  
Fennel Tea  
6 x 20's - 237279



Tropical Sun  
Ginseng  
6 x 20's - 235761



Tropical Sun  
Green Tea  
6 x 20's - 235767



Tropical Sun  
Honey & Ginger Tea  
6 x 20's - 233039 / PM 234169



Tropical Sun  
Instant Ginger Tea  
6 x 20's - 233052



Tropical Sun  
Instant Lemon & Ginger Tea  
6 x 20's - 238924



Tropical Sun  
Lemon & Ginger  
6 x 20's - PM 234157



Tropical Sun  
Lemon Grass Tea  
6 x 20's - 239320 / PM 234157



Tropical Sun  
Moringa Tea  
6 x 20's - 233051 / PM 234161



Tropical Sun  
Neem (Indian Lilac) Tea  
6 x 20's - 235683



Tropical Sun  
Noni Ginger Tea  
6 x 20's - 100348



Tropical Sun  
Peppermint Tea  
6 x 20's - 233040 / PM 234163



Tropical Sun  
Peppermint & Cinnamon Tea  
6 x 20's 235483



Tropical Sun  
Senna Tea  
6 x 20's - 235771 / PM 246883



Tropical Sun  
Slimtee Tea  
6 x 20's - 235769



Tropical Sun  
Sorrel Ginger Tea  
6 x 40g - 233047 / 36 x 40g - 233046



Tropical Sun  
Soursop Tea  
6 x 20's - 233049 / PM 234167



Tropical Sun  
Tulsi Tea  
6 x 20's - 235482



Tropical Sun  
Turmeric Tea  
6 x 20's - 235480

# Herbal Teas – Tropical Sun



Tropical Sun  
English Breakfast Tea  
6 x 40's PM 249794



Tropical Sun  
English Breakfast Tea Decaffeinated  
6 x 40's PM 249795



Tropical Sun  
Turmeric & Ginger Tea  
6 x 20's - 248660



Tropical Sun  
Camomile Tea  
6 x 20's - 248662 / PM 249787



Tropical Sun  
Calm Tea  
6 x 20's - 248906 / PM 249786



Tropical Sun  
Cleanse Tea  
6 x 20's - 248905 / PM 249788



Tropical Sun  
Cold & Flu Tea  
6 x 20's - 248882 / PM 249789



Tropical Sun  
Wellbeing Tea  
6 x 20's - 248904 / PM 249790



Tropical Sun  
Cinnamon Tea  
6 x 20's - PM 250008



Tropical Sun  
Turmeric & Lemon Tea  
6 x 20's - PM 250012



Tropical Sun  
Soursop Moringa Tea  
6 x 20's - PM 250010



Tropical Sun  
Bissy (Kola Nut) Herbal Tea  
6 x 20's - PM 235763



Tropical Sun  
Rooibos Strawberry Tea  
6 x 20's - PM 250045



Tropical Sun  
Masala Chai Tea  
6 x 20's - PM 250417



Tropical Sun  
Rooibos Tea  
6 x 20's - PM 250044



Tropical Sun  
Instant Ginger Box  
30 x 10 x 18g - 234080



Tropical Sun  
Instant Ginger Packet  
20 x 20 x 18g - 103691



Tropical Sun  
Instant Ginseng & Ginger Packet  
15 x 24's - 242680

# Teas & Infusions - Coffee



Tropical Sun  
Instant Lemon & Ginger Packet  
15 x 24's - 242679



Tropical Sun  
Instant Mint & Ginger Packet  
15 x 24's - 242681



Village Pride  
Instant Ginger Packet  
15 x 30's PM 248360



Pegasus  
Special Gunpowder Tea  
6 x 250g - 251146



Tropical Sun  
Gold Roast Coffee  
6 x 100g - PM 229972



Tropical Sun  
Gold Roast Coffee  
6 x 200g - PM 229971



Tropical Sun  
Gold Roast Coffee Decaf  
6 x 100g - 250403



Tropical Sun  
Gold Roast Coffee Decaf  
6 x 200g - 250404



Mountain Peak  
Instant Coffee (Jamaica)  
6 x 170g - 226556 / 12 x 170g - 226551



Mountain Peak  
Coffee Sachets  
6 x 24's - 249957



Mountain Peak  
Coffee Decaf  
6 x 57g - 249955



Mountain Peak  
Coffee Decaf Sachets  
6 x 24's - 249954



Mountain Peak  
Coffee 3-in-1 Sachets  
6 x 10's - 249953



Mountain Peak  
Ginger Turmeric Tea Unsweetened  
6 x 14's - 242636



Mountain Peak  
Ginger Turmeric Tea Sweetened  
6 x 10's - 249956



Mountain Peak  
Ginger Tea Unsweetened  
6 x 14's - 249965



Caribbean Dreams  
Cinnamon Mint Diabetic Tea  
6 x 20's - 230433



Caribbean Dreams  
Green Tea & Mint  
6 x 20's - 230063



Caribbean Dreams  
Ginger Lemon Tea  
6 x 24's - 230069



Caribbean Dreams  
Soursop Tea  
6 x 20's - 233204

# Teas & Infusions



Caribbean Dreams  
Instant Ginger Tea  
6 x 20's - 230072



Caribbean Dreams  
Honey Ginger Tea  
6 x 24's - 230067



Caribbean Dreams  
Peppermint Tea  
6 x 24's - 230061



Caribbean Dreams  
Sorrel Ginger Tea  
6 x 24's - 230064



Caribbean Dreams  
Bissy Tea  
6 x 24's - 230350



Caribbean Dreams  
Cerasee Tea  
6 x 24's - 230068



Caribbean Dreams  
Jamaican Hot Chocolate  
8 x 20's - 237250



Gold Kili  
Ginger Drink  
12 x 20 x 18g - 236040



Lipton  
Black Tea  
12 x 200g - 150133



Morning Sun  
Ginger Drink Packet  
20 x 20's - 225183



Morning Sun  
Ginger Drink Box  
6 x 10's - 225185 / 30 x 10's - 225184



Dalgety  
Green Tea & Ginger  
6 x 40g - 233473



Dalgety  
Honey & Ginger Tea  
6 x 40g - 101064



Dalgety  
Instant Ginger Tea  
6 x 125g - 110200



Dalgety  
Moringa with Green Tea  
6 x 40g - 233194



Dalgety  
Peppermint Tea  
6 x 40g - 101053



Dalgety  
Pure Green Tea  
6 x 40g - 229370



Dalgety  
Pure Moringa Tea  
6 x 40g - 235356



Dalgety  
Pure Soursop Tea  
6 x 40g - 235357



Dalgety  
Green Tea & Ginger  
6 x 40g - 233473

# Teas & Infusions – Dalgety



Dalgety  
Camomile & Lemongrass Tea  
6 x 40g - 241353



Dalgety  
Cerassie Tea  
6 x 40g - 101056



Dalgety  
Cinnamon & Peppermint Tea  
6 x 40g - 233463



Dalgety  
Effective Slimline Tea  
6 x 40g - 233472



Dalgety  
Peppermint & Ginger Tea  
6 x 40g - 103412



Dalgety  
Sorrel & Ginger Tea  
6 x 40g - 101063



Dalgety  
Good Night Sleep Tea  
6 x 40g - 241352



Dalgety  
Instant Ginger (sachet)  
15 x 270g - 228702



Dalgety  
Instant Ginseng & Ginger (sachet)  
15 x 270g - 239254



Dalgety  
Instant Lemon & Ginger (sachet)  
15 x 270g - 239253



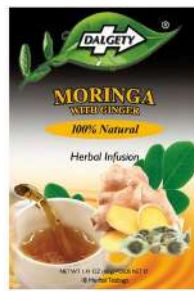
Dalgety  
Instant Ginseng & Ginger Tea  
6 x 122g - 233471



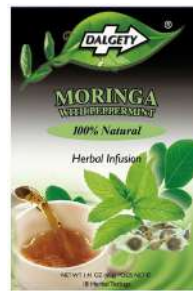
Dalgety  
Lemongrass Tea  
6 x 40g - 101058



Dalgety  
Lemon & Ginger Tea  
6 x 54g - 101055



Dalgety  
Moringa with Ginger Tea  
6 x 40g - 233195



Dalgety  
Moringa with Peppermint Tea  
6 x 40g - 233193



Dalgety  
Neem Tea  
6 x 40g - 239257



Dalgety  
Mango Leaf  
6 x 40g - 241355



Dalgety  
Turmeric & Black Pepper Tea  
6 x 40g - 241354



Dalgety  
Turmeric & Ginger Tea  
6 x 40g - 239256



Dalgety  
Turmeric Tea  
6 x 40g - 239255

# Teas & Infusions



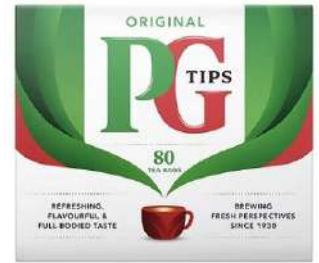
Dalgety  
Chai Masala Spice Tea  
6 x 72g - 233466



Dalgety  
Noni & Ginger Tea  
6 x 40g - 241356



PG Tips  
Tea  
6 x 40's - PM 230339



PG Tips  
Tea  
6 x 80's - PM 232879



Shavuot  
Cerasee Tea  
6 x 24's - 229285



Shavuot  
Cinnamon Tea  
6 x 24's - 104213



Shavuot  
Ginger Tea  
6 x 24's - 227354



Shavuot  
Moringa Tea  
6 x 24's - 225547



Shavuot  
Turmeric Tea  
6 x 24's - 236439



Shavuot  
Soursop & Moringa  
6 x 24's - 229044



Shavuot  
Soursop Tea  
6 x 24's - 228974



Teekanne  
Peppermint Tea  
10 x 20's - 128001



Special Gunpowder  
China Green Tea  
4 x 500g - 232161



Unik  
Badshahi Chai (Sweetened)  
5 x 220g - 234265



Unik  
Cardamom Chai (Sweetened)  
5 x 220g - 234267



Unik  
Masala Chai (Sweetened)  
5 x 220g - 234264



Unik  
Masala Chai (Unsweetened)  
5 x 140g - 234270



Unik  
Karak Chai (Sweetened)  
5 x 220g - 234271



Unik  
Kashmiri Chai (Sweetened)  
5 x 220g - 239574



Unik  
Ginger Chai (Sweetened)  
5 x 220g - 234263

# Milk Powders



Nestlé  
Cerelac Honey & Wheat (12+)  
6 x 400g - 135532 / 24 x 400g - 135530



Nestlé  
Cerelac Honey & Wheat (12+)  
12 x 1kg - 100505



Nestlé  
Cerelac Mixed Fruit (7+)  
6 x 400g - 100963 / 24 x 400g - 100962



Nestlé  
Cerelac Mixed Fruit (7+)  
12 x 1kg - 123800



Nestlé  
Cerelac Wheat (6+)  
6 x 400g - 135509 / 24 x 400g - 135511



Nestlé  
Cerelac Wheat (6+)  
12 x 1kg - 123822



Nestlé  
Cerelac Rice (6+)  
6 x 400g - 135531 / 24 x 400g - 135528



Tropical Sun  
Full Cream Milk Powder  
6 x 400g - 244308 / 24 x 400g - 244293



Tropical Sun  
Full Cream Milk Powder  
6 x 900g - 244445 / 12 x 900g - 244292



Tropical Sun  
Full Cream Milk Powder  
6 x 2.5kg - 244962 / PM 234449



Nestlé  
Nido Milk Powder  
6 x 400g - 135547 / 24 x 400g - 135551



Nestlé  
Nido Milk Powder  
6 x 900g - 229360 / 12 x 900g - 135557



Nestlé  
Nido Milk Powder  
1 x 1.8kg - 135505 / 6 x 1.8kg - 135506



Nestlé  
Nido Milk Powder  
6 x 2.5kg - 135517



Peak  
Milk Powder  
6 x 400g - 140098 / 24 x 400g - 103932



Peak  
Milk Powder  
12 x 900g - 140085



Peak  
Milk Powder  
6 x 2.5kg - 150313



# Coconut Products



Tropical Sun  
Reduced Fat Coconut Milk  
6 x 400ml - 243788



Tropical Sun  
Coconut Milk Mini  
15 x 165ml - 150121 / 48 x 165ml - 150122



Tropical Sun  
Coconut Milk  
12 x 400ml - 150125 / PM 241380



Tropical Sun  
Coconut Milk  
6 x 2.9L - 230858



Tropical Sun  
Coconut Milk Natural  
6 x 400ml - 229129



Tropical Sun  
Coconut Milk Natural  
12 x 250ml - 249090



Tropical Sun  
Coconut Milk Natural  
6 x 1L - 232499



Pegasus  
Premium Coconut Milk (17% fat)  
12 x 400ml - 237336



Village Pride  
Coconut Milk  
12 x 400ml - 222574 / PM 243787



Dunn's River  
Coconut Milk  
12 x 400ml - 216040



Tropical Sun  
Condensed Coconut Milk (Vegan)  
6 x 320ml - 236758



Tropical Sun  
Evaporated Coconut Milk (Vegan)  
6 x 400ml - 238295



Tropical Sun  
Coconut Milk Powder  
10 x 50g - 229045 / 100 x 50g - 229046



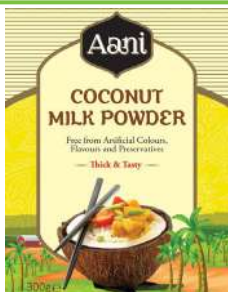
Tropical Sun  
Coconut Milk Powder  
12 x 150g - 231513 / 48 x 150g - 231510



Tropical Sun  
Coconut Milk Powder  
6 x 300g - 231514 / 24 x 300g - 231511



Tropical Sun  
Coconut Milk Powder  
6 x 1kg - 231512



Aani  
Coconut Milk Powder  
6 x 300g - 240596



Maggi  
Coconut Milk Powder  
12 x 150g - 150205



Maggi  
Coconut Milk Powder  
6 x 300g - 150209



Maggi  
Coconut Milk Powder  
12 x 1kg - 231190

# Coconut Products



Maggi  
Coconut Milk Powder  
6 x 1kg - 104096



Tropical Sun  
Creamed Coconut  
12 x 200g - 118564 / 40 x 200g - 118561



Tropical Sun  
Creamed Coconut Sachet  
12 x 4 x 50g - 229259



Dunn's River  
Creamed Coconut  
12 x 200g - 216020



KTC  
Creamed Coconut  
40 x 200g - 100243



Tropical Sun  
Desiccated Coconut Medium  
10 x 250g 250293 / 6 x 1kg - 232933



Tropical Sun  
Desiccated Coconut Fine  
10 x 250g 243895 / 6 x 1kg - 232934



Natco  
Desiccated Coconut Medium  
20 x 300g - 102726



Tropical Sun  
Coconut Sugar  
6 x 400g - 231740 / - PM.231739



Tropical Sun  
Coconut Milk Organic  
6 x 400ml - 150129



Tropical Sun  
Coconut Flour Organic  
12 x 500g - 235534



# Beans, Pulses & Grains – Tropical Sun



Tropical Sun  
Black Beans  
20 x 500g - 100057 / 6 x 2kg - 237421



Tropical Sun  
Blackeye Beans 20 x 500g - 100052 /  
6 x 2kg - 178022 / 2kg PM - 250711



Tropical Sun  
Brown Beans 20 x 500g - 414007 /  
6 x 1.5kg - 227106 / 3 x 5kg - 242077



Tropical Sun  
Brown Lentils  
20 x 500g - 234433 / 6 x 2kg - 232038



Tropical Sun  
Green Lentils (Continental)  
20 x 500g - 118563 / 6 x 2kg - 229748



Tropical Sun  
Red Lentils  
20 x 500g - 178029 / 6 x 2kg - 140058



Tropical Sun  
Bulgur Wheat (Pourgouri)  
10 x 500g - 241319 / 6 x 1.5kg - 241632



Tropical Sun  
Butter Beans  
20 x 500g - 120055 / 6 x 2kg - 178032



Tropical Sun  
Chick Peas  
6 x 2kg - 238737



Tropical Sun  
Cow Peas  
20 x 500g - 100054 / 6 x 2kg - 178024



Tropical Sun  
Crabeye Beans  
20 x 500g - 100055 / 6 x 2kg - 178021



Tropical Sun  
Gungo Peas 20 x 500g - 100053 /  
6 x 2kg - 414001



Tropical Sun  
Honey Beans (Oloyin) 20 x 500g - 151065 /  
6 x 1.5kg - 414008 / 3 x 5kg 242076



Tropical Sun  
Large White Corn (Mote)  
10 x 500g - 241323



Tropical Sun  
Red Kidney Beans  
20 x 500g - 100051 / 6 x 2kg - 100106



Tropical Sun  
Light Red Kidney Beans  
20 x 500g - 104635 / 6 x 1.5kg - 227139



Tropical Sun  
White Kidney Beans  
20 x 500g - 140180 / 6 x 2kg - 232108



Tropical Sun Peeled Beans  
20 x 500g - 229324 /  
6 x 1.5kg - 100919 / 3 x 5kg - 242069



Tropical Sun  
Pink Skin Peanuts  
20 x 500g - 102339 / 6 x 1.5kg - 225600

# Beans, Pulses & Grains



Tropical Sun  
Red Skin Peanut  
20 x 500g - 226782 / 6 x 1.5kg - 120575



Tropical Sun  
Blanched Peanuts  
20 x 500g - 236967



Tropical Sun  
Popcorn  
20 x 500g - 178037 / 6 x 2kg - 178042



Tropical Sun  
Whole Juwar (Sorgham)  
10 x 500g - 241322



Tropical Sun  
Yellow Hominy Corn  
20 x 500g - 155801 / 6 x 2kg - 155818



Tropical Sun  
White Hominy Corn  
20 x 500g - 140113 / 6 x 2kg - 140108



Tropical Sun  
Yellow Split Peas  
20 x 500g - 178027 / 6 x 2kg - 230782



Tropical Sun  
Pearl Barley  
20 x 500g - 162068



Tropical Sun  
Quinoa (White)  
10 x 500g - 140096



Tropical Sun  
Pinto Beans  
20 x 500g - 243566



Tropical Sun  
Almonds  
20 x 100g - 235045 / 6 x 750g - 246420



Tropical Sun  
Unroasted Buckwheat  
10 x 500g - 248383



Tropical Sun  
Couscous  
10 x 500g - 225674 / 6 x 1.5kg - 249877



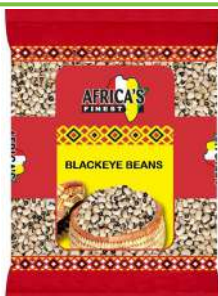
Tropical Sun  
Chia Seeds  
6 x 1kg - 249973



Aani  
Almonds  
20 x 100g - 249609 / 6 x 750g - 241254



Aani  
Cashew Nuts  
6 x 750g - 241256



Africa's Finest  
Blackeye Beans  
4kg - 244071



Africa's Finest  
Brown Beans  
4kg - 240256



Africa's Finest  
Honey Beans (Oloyin)  
4kg - 240257



Africa's Finest  
Peeled Beans  
4kg - 244072

# Flours & Powders – Tropical Sun



Tropical Sun  
Cassava Flour  
6 x 1kg - 130020 / 1 x 3kg - 103243



Tropical Sun  
Plantain Flour  
6 x 1.5kg - 236350 / 1 x 3kg - 236351



Tropical Sun  
Oat Fufu Flour  
6 x 1.5kg - 250030 / 3 x 4kg - 250031



Tropical Sun  
Yam Flour  
6 x 1.5kg - 100059 / 1 x 3kg - 103244



Tropical Sun  
Farina 20 x 500g - 140056 /  
6 x 1.5kg - 140055 / 3 x 5kg - 242074



Tropical Sun Cornmeal Coarse (Polenta)  
10 x 500g - 234318 / 6 x 1.5kg - 162028 /  
3 x 5kg - 242071



Tropical Sun Cornmeal Fine  
10 x 500g - 234317 / 6 x 1.5kg - 162020 /  
3 x 5kg - 242075



Tropical Sun  
Cornmeal Grits  
6 x 1.5kg - 226942



Tropical Sun Gari (White)  
20 x 500g - 118562 / 6 x 1.5kg - 155068 /  
6 x 1.5kg PM - 250718



Tropical Sun Ijebu Gari  
20 x 500g - 226740 / 6 x 1.5kg - 226739 /  
3 x 5kg - 242072



Tropical Sun Yellow Gari  
10 x 500g - 239999 / 6 x 1.5kg - 155072 /  
3 x 5kg - 242073



Tropical Sun  
Maize Meal 10 x 500g - 241324 /  
6 x 1.5kg - 155201 / 1 x 5kg - 101239



Tropical Sun  
Mashed Potato 20 x 500g - 120063 /  
6 x 1.5kg - 500046 / 3 x 5kg - 242070



Tropical Sun  
Porridge Oats  
6 x 1kg - 227270 / 3 x 3kg - 241820



Tropical Sun  
Semolina Extra Coarse  
6 x 1.5kg - 248665



Tropical Sun  
Semolina Coarse 20 x 500g - 162040 /  
6 x 1.5kg - 500045 / 3 x 5kg - 240679



Tropical Sun  
Semolina Fine 20 x 500g - 229099 /  
6 x 1.5kg - 140089 / 3 x 5kg - 244070



Tropical Sun Ground Rice  
20 x 500g - 162032 / 6 x 1.5kg - 140059 /  
5kg - 162038



Tropical Sun Pounded Iyan  
20 x 500g - 140064 / 6 x 1.5kg - 140063 /  
6 x 1.5kg - PM 249490

# Flours & Powders



Tropical Sun  
Rice Flour 10 x 500g - 228307 /  
6 x 1.5kg - 155172 / 3 x 5kg - 242078



Tropical Sun  
Bean Flour  
10 x 400g - 241321 / 6 x 1.5kg - 100947



Africa's Finest  
Mashed Potato  
4kg - 238867



Africa's Finest  
Farina  
4kg - 238871



Africa's Finest  
Semolina Coarse  
4kg - 238868



Africa's Finest  
Cassava Flour  
6 x 1kg - 242627



Africa's Finest  
Gari White  
6 x 1.5kg - 242628



Africa's Finest  
Gari White  
4kg - 238869



Africa's Finest  
Ghana Gari (White)  
5kg - 249474



Africa's Finest  
Ghana Gari (White)  
10kg - 249473



Africa's Finest  
Ijebu Gari  
5kg - 233530



Africa's Finest  
Ijebu Gari  
10kg - 233529



Africa's Finest  
Yellow Gari  
5kg - 245441



Africa's Finest  
Yellow Gari  
10kg - 246193



Jalpur  
Bajri Flour  
12 x 1kg - 111889



Jalpur  
Juwar Flour  
12 x 1kg - 111888



Virani  
Gram Flour  
24 x 500g - 150640



Virani  
Gram Flour  
8 x 1kg - 150650 / 8 x 2kg - 150630



Horseshoe  
Ground Rice  
5kg - 130001



Horseshoe  
Ground Rice  
10kg - 130002

# Sugar – Salt



Tropical Sun  
Demerara Sugar  
10 x 500g - 250335 / 20 x 500g - 229687



Tropical Sun  
Demerara Sugar  
10 x 1kg - 231509



Tropical Sun  
Demerara Sugar  
4 x 3kg - 228333



Tropical Sun  
Coconut Sugar  
6 x 400g - 231740 / PM 231739



Tropical Sun  
Cinnamon Sugar  
6 x 150g 232210



Tate & Lyle  
Granulated Sugar  
10 x 500g - 310003



Tate & Lyle  
Granulated Sugar  
15 x 1kg - 310002



Tate & Lyle  
White Sugar Cubes  
10 x 500g - 123045



Tate & Lyle  
Demerara Sugar Cubes  
10 x 500g - 226224



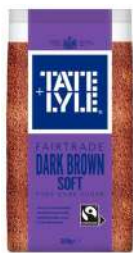
Tate & Lyle  
Demerara Sugar  
10 x 500g - 123002



Tate & Lyle  
Demerara Sugar  
10 x 1kg - 123009



Tate & Lyle  
Demerara Sugar  
4 x 3kg - 123013



Tate & Lyle  
Dark Soft Brown Sugar  
10 x 500g - 123000 / 10 x 1kg - 123029



Tate & Lyle  
Dark Soft Brown Sugar  
4 x 3kg - 123034



Tate & Lyle  
Light Soft Brown Sugar  
10 x 500g - 123014 / 10 x 1kg - 123044



Tate & Lyle  
Caster Sugar  
10 x 1kg - 123004



Pegasus  
Sea Salt Flakes  
6 x 450g - 250616



Pegasus  
Pyramid Salt Crystals  
6 x 350g - 250617



Pegasus  
Steak Salt  
6 x 350g - 251028

# Salt



Pegasus  
Himalayan Pink Salt Coarse  
6 x 800g - 237883



Pegasus  
Himalayan Pink Salt Fine  
6 x 800g - 237884



Pegasus  
Himalayan Pink Salt Fine  
6 x 500g - 239095



Pegasus  
Iodized Pink Salt Fine  
6 x 800g - 246423



Pegasus  
Himalayan White Salt Coarse  
6 x 800g - 237886



Pegasus  
Himalayan White Salt Fine  
6 x 800g - 237885



Pegasus  
Himalayan Black Salt Fine  
6 x 800g - 239108



Pegasus  
Black Salt Powder  
10 x 100g - 249672



Pegasus  
Iodized Sea Salt Fine  
6 x 800g - 239109



Pegasus  
Kosher Salt Coarse  
6 x 800g - 239345



Pegasus  
Traditional Salt Coarse  
6 x 800g - 249946



Pegasus  
Sea Salt Coarse  
10 x 750g - 239821



Pegasus  
Sea Salt Fine  
10 x 750g - 239820



Pegasus  
Cooking Salt Shaker  
12 x 350g - 245602 / 12 x 750g - 245893



Pegasus  
Table Salt  
12 x 750g - 102578



Pegasus  
Table Salt Tub  
1 x 6kg - 101374



Pegasus  
Cooking Salt  
6 x 1.5kg - 101372 / 4 x 3kg - 101373



Pegasus  
Cooking Salt  
12.5kg - 101375



Pegasus  
Salt  
12 x 750g - PM 242501



Saxa  
Table Salt Drums  
12 x 750g - 123021



Tropical Sun  
Food Colour Green  
12 x 25g - 241642



Tropical Sun  
Food Colour Orange  
12 x 25g - 241639



Tropical Sun  
Food Colour Bright Red  
12 x 25g - 241638



Tropical Sun  
Food Colour Egg Yellow  
12 x 25g - 241636



Tropical Sun  
Food Colour Egg Yellow  
20 x 500g - 229919



Tropical Sun  
Food Colour Green  
20 x 500g - 229924



Tropical Sun  
Food Colour Orange  
20 x 500g - 229923



Tropical Sun  
Food Colour Bright Red  
20 x 500g - 229920



Tropical Sun  
Food Colour Blue  
12 x 28ml - 249426



Tropical Sun  
Food Colour Orange  
12 x 28ml - 228176



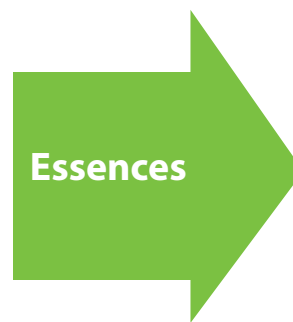
Tropical Sun  
Food Colour Green  
12 x 28ml - 229794



Tropical Sun  
Food Colour Pink  
12 x 28ml - 249425



Baron  
Cake Colouring  
6 x 155ml - 104948



Tropical Sun  
Vanilla Essence 24 x 480ml - 228697  
6 x 480ml - 228696



Tropical Sun  
Vanilla Essence  
2 x 3.75L - 245094



Tropical Sun  
Mixed Essence 24 x 480ml - 228679  
6 x 480ml - 228678



Tropical Sun  
Almond Essence  
6 x 300ml - 228664



Tropical Sun  
Lemon Essence  
12 x 28ml - 248835

# Essences – Tropical Sun



Tropical Sun  
Almond Essence  
12 x 28ml - 228163



Tropical Sun  
Aniseed Essence  
12 x 28ml - 229553



Tropical Sun  
Banana Essence  
12 x 28ml - 228170



Tropical Sun  
Brandy Essence  
12 x 28ml - 229554



Tropical Sun  
Cinnamon Essence  
12 x 28ml - 228171



Tropical Sun  
Coconut Essence  
12 x 28ml - 228169



Tropical Sun  
Mixed Essence  
12 x 28ml - 228161



Tropical Sun  
Mixed Fruit Essence  
12 x 28ml - 228173



Tropical Sun  
Nutmeg Essence  
12 x 28ml - 228168



Tropical Sun  
Pear Essence  
12 x 28ml - 228166



Tropical Sun  
Pineapple Essence  
12 x 28ml - 228165



Tropical Sun  
Pistachio Essence  
12 x 28ml - 228186



Tropical Sun  
Rose Essence  
12 x 28ml - 228164



Tropical Sun  
Rum Essence  
12 x 28ml - 228167



Tropical Sun  
Strawberry Essence  
12 x 28ml - 228172



Tropical Sun  
Vanilla Essence  
12 x 28ml - 228162



Tropical Sun  
Orange Essence  
12 x 28ml - 239674



Tropical Sun  
Saffron Essence  
12 x 28ml - 239676



Tropical Sun  
Peppermint Essence  
12 x 28ml - 239675



Tropical Sun  
Cardamom Essence  
12 x 28ml - 239677



Baron  
Almond Essence  
24 x 155ml - 225688 / 6 x 155ml - 225687



Baron  
Banana Essence  
24 x 155ml - 172513 / 6 x 155ml - 172512



Baron  
Mixed Essence  
6 x 155ml - 225557



Baron  
Mixed Essence  
6 x 750ml - 172547



Baron  
Vanilla Essence  
24 x 155ml - 225155 / 6 x 155ml - 225154

**McLAS**  
McLAS FOODS



McLAS  
Vanilla Essence  
12 x 60ml - 151229 / 36 x 60ml - 151230



McLAS  
Vanilla Essence  
12 x 120ml - 140100 / 24 x 120ml - 140105



McLAS  
Vanilla Essence  
6 x 480ml - 152559 / 24 x 480ml - 152560



McLAS  
Vanilla Essence  
3.75L - 234702



McLAS  
Clear Vanilla  
6 x 480ml - 234708 / 24 x 480ml - 224404



McLAS  
Mixed Essence  
6 x 480ml - 246487

  
**BENJAMINS**

A trusted name for over a century



Benjamins  
Almond Flavour  
12 x 120ml - 500056



Benjamins  
Peppermint Essence  
12 x 30ml - 500062



Benjamins  
Rose Water  
12 x 120ml - 227456



Benjamins  
Nutmeg Extract  
12 x 60ml - 229581



Benjamins  
Vanilla Flavour  
12 x 60ml - 800032



Benjamins  
Vanilla Flavour  
12 x 120ml - 800024



Benjamins  
Vanilla Flavour  
6 x 480ml - 800031 / 24 x 480ml - 800027

# Honey - Spreads



Tropical Sun  
Pure Natural Honey Squeezy  
6 x 350g - 230364



Tropical Sun  
Pure Honey  
6 x 500g - 228490 / PM 241124



Tropical Sun  
Pure Natural Honey Clip Jar  
6 x 1kg - 237980 / 1 x 1kg - 238226



Tropical Sun  
Organic Raw Acacia Honey  
6 x 340g - 249531



Tropical Sun  
Acacia Honey with Honeycomb  
6 x 500g - 231333



Tropical Sun  
Blackseed Honey  
6 x 270g - 233953



Tropical Sun  
Caribbean Honey  
6 x 454g - 218110



Tropical Sun  
Organic Honey  
6 x 340g - 232514



Tropical Sun  
Organic Honey Squeezy  
6 x 340g - 239029



Tropical Sun  
Pure Honey with Lemon & Ginger  
6 x 250g - 239745



Tropical Sun  
Pure Honey with Turmeric & Ginger  
6 x 250g - 249544



Tropical Sun  
Organic Agave Syrup  
6 x 370g - 238911



Tropical Sun  
Hot Honey (chilli-infused)  
6 x 350g - 249310



Tropical Sun  
Pure Blossom Honey  
6 x 3kg - 249685



Tropical Sun  
Pure Blossom Honey Squeezy  
12 x 350g - 230266



Tropical Sun  
Pure Blossom Honey (PET)  
6 x 1kg - 231750



Bevelini  
Traditional Greek Honey  
6 x 250g - 250319



Tropical Sun  
Natural Molasses  
6 x 454g - 100041



Black Strap  
Jamaican Molasses  
6 x 200ml - 232849

# Peanut Butter



Tropical Sun  
Peanut Butter Crunchy  
12 x 340g - 100408



Tropical Sun  
Peanut Butter Smooth  
12 x 340g - 100407



Tropical Sun  
Peanut Butter No Added Sugar  
12 x 454g - 100409



Tropical Sun  
Peanut Butter with Grape Jelly  
6 x 340g - 249111



Tropical Sun  
Peanut Butter with Mixed Fruit Jelly  
6 x 340g - 249113



Tropical Sun  
Peanut Butter with Strawberry Jelly  
6 x 340g - 249112



Africa's Finest  
Peanut Butter Smooth  
12 x 500g - 225561



Africa's Finest  
Peanut Butter Smooth  
6 x 1kg - 242629 / PM 244788



Africa's Finest  
Peanut Butter No Added Sugar  
12 x 500g - 225558



Africa's Finest  
Peanut Butter No Added Sugar  
6 x 1kg - 234330 / PM 244789



Africa's Finest  
Peanut Butter No Added Sugar  
4 x 2.5kg - 245296 / 4 x 5kg - 231386



Ghana Best  
Peanut Butter Smooth  
12 x 400g - 241691



Ghana Best  
Peanut Butter Smooth  
6 x 800g PM - 244790



Ghana Best  
Peanut Butter No Added Sugar  
12 x 400g - 241692



Ghana Best  
Peanut Butter No Added Sugar  
6 x 800g PM - 244791



Pegasus  
Peanut Paste  
12 x 500g - PM 248032



Pegasus  
Peanut Butter  
12 x 500g - PM 248031



Tropicom  
Peanut Butter Smooth  
6 x 1kg - PM 247901



PCD  
Peanut Butter  
12 x 350g - 226949



PCD  
Peanut Paste  
12 x 500g - 104543

# Canned Milk



Tropical Sun  
Condensed Milk  
12 x 397g - 103282 / PM 244592



Tropical Sun  
Condensed Milk (Catering)  
6 x 1kg - 231409



Tropical Sun  
Condensed Coconut Milk (Dairy-Free)  
6 x 320ml - 236758



Longevity  
Condensed Milk  
24 x 397g - 242413



Peak  
Condensed Milk  
24 x 397g - 229867



Nestlé  
Condensed Milk  
12 x 397g - 118712



Nestlé  
Carnation Condensed Milk  
6 x 397g - PM 249334



Tropical Sun  
Evaporated Milk  
12 x 410g - 116750 / PM 245120



Tropical Sun  
Evaporated Coconut Milk (Dairy-Free)  
6 x 400ml - 238295



Nestlé  
Carnation Evaporated Milk  
12 x 170g - 118752



Nestlé  
Carnation Evaporated Milk  
12 x 410g PM 245228



Nestlé  
Carnation Evaporated Milk Light  
12 x 410g - 118753



Nestlé  
Cream  
48 x 170g - 234643



Peak  
Evaporated Milk  
12 x 170g - 247813 / 24 x 170g - 242343



Peak  
Evaporated Milk  
24 x 410g - 231468



Rainbow  
Cardamom Milk  
12 x 170g - 234149 / 48 x 170g - 226509



Rainbow  
Condensed Milk  
12 x 397g - 248040



Rainbow  
Evaporated Milk  
24 x 410g - 102972



Black & White  
Evaporated Milk  
24 x 410g - 248211

# Tomato Products



Royal Sun  
Chopped Tomatoes  
24 x 400g - 151270



Royal Sun  
Peeled Plum Tomatoes  
24 x 400g - 150199



Royal Sun  
Tomato Puree  
12 x 400g - 226204 / 6 x 800g - 226205



Royal Sun  
Tomato Puree Tube  
12 x 200g - 230719



Tropical Sun  
Chopped Tomatoes  
12 x 400g - 231321



Tropical Sun  
Peeled Plum Tomatoes  
12 x 400g - 231320



Tropical Sun  
Tomato Paste 12 x 400g PM - 249852  
/ 6 x 850g PM - 249853



Tropical Sun  
Tomato Paste  
6 x 370g - PM 246304



Pegasus  
Tomato Paste  
24 x 400g - 245982



Pegasus  
Tomato Paste  
12 x 800g - 245983



Pegasus  
Tomato Paste  
4 x 4.5kg - 245984



De Rica  
Tomato Puree  
50 x 70g - 225777



De Rica  
Tomato Puree  
24 x 210g - 225054



De Rica  
Tomato Puree  
24 x 400g - 123212



De Rica  
Tomato Puree  
12 x 850g - 123211



Gino  
Tomato Paste  
48 x 210g - 151007



Gino  
Tomato Paste  
24 x 400g - 225548



Gino  
Tomato Paste  
12 x 800g - 121159



Gino  
Tomato Mix Sachet  
50 x 55g - 246877



Gino  
Party Jollof Mix Sachet  
50 x 50g - 246988

# Canned Fruit - Beans



Tropical Sun  
Yellow Jackfruit in Syrup  
6 x 565g - 230886 / 24 x 565g - 230885



Tropical Sun  
Young Green Jackfruit in Brine  
6 x 560g - 233876 / 24 x 560g - 235035



Tropical Sun  
Young Green Jackfruit in Brine  
6 x 3.05kg - 237416



Tropical Sun  
Young Green Jackfruit in Water  
12 x 400g - 238096



Tropical Sun  
BBQ Jackfruit  
12 x 400g - 243908



Tropical Sun  
Tex Mex Jackfruit  
12 x 400g - 243908



Tropical Sun  
Thai Green Curry Jackfruit  
12 x 400g - 243910



Aani  
Mango Pulp Kesar  
6 x 850g - 232130



Aani  
Mango Pulp Alphonso  
6 x 850g - 232131



Tropical Sun  
Exotic Fruit Cocktail in Syrup  
6 x 560g - 233937 / 24 x 560g - 233936



Natco  
Boiled Chickpeas  
12 x 400g - 127087

**Tropical Sun Young Green Jackfruit is considered the golden standard by chefs and foodies alike.**



# Canned Beans & Pulses – Tropical Sun



Tropical Sun  
Pinto Beans  
12 x 400g - 224854



Tropical Sun  
Black Beans  
12 x 400g - 202950



Tropical Sun  
Blackeye Beans  
12 x 400g - 202947



Tropical Sun  
Butter Beans  
12 x 400g - 202948 / PM 244655



Tropical Sun  
Crabeye Beans  
12 x 400g - 295000



Tropical Sun  
Peas & Beans  
12 x 400g - 202949



Tropical Sun  
Red Kidney Beans  
12 x 400g - 202946 / PM 244653



Tropical Sun  
Red Kidney Beans  
12 x 580g - PM 250936



Tropical Sun  
Chick Peas  
12 x 400g - 178038



Tropical Sun  
Chickpeas  
12 x 590g PM - 249688



Tropical Sun  
Kala Chana  
12 x 400g - 230863



Tropical Sun  
Green Pigeon Peas  
12 x 425g - 153031



Tropical Sun  
White Kidney Beans  
12 x 400g - 101251



Tropical Sun  
White Beans  
12 x 580g - PM 250935



Tropical Sun  
Gungo Peas  
12 x 400g - 230862 / PM 244654



Tropical Sun  
Brown Lentils  
12 x 400g - 230910



Tropical Sun  
Cow Peas  
12 x 400g - 230238



Tropical Sun  
Banana Blossom  
12 x 400g - 238097



Tropical Sun  
Sweetcorn  
12 x 240g PM - 250057



Tropical Sun  
Baked Beans in Tomato Sauce  
12 x 400g PM 246305

# Canned Meat



Tropical Sun  
Corned Beef Halal  
12 x 340g - 104937 / PM 225194



Tropical Sun  
Corned Beef Halal (small)  
12 x 198g - 224901



Tropical Sun  
Corned Beef Mixed Peppers Halal  
12 x 340g - 225198



Tropical Sun  
Corned Beef Onion Halal  
12 x 340g - 225199



Tropical Sun  
Corned Mutton Halal  
12 x 340g - 229487



Exeter  
Corned Beef  
12 x 340g - 150105 / 24 x 340g - 225122



Exeter  
Corned Beef (small)  
24 x 198g - 150102



Grace  
Corned Beef Halal  
6 x 340g 212000



Tropical Sun  
Chicken Luncheon Meat Halal  
12 x 340g - 229489



Tropical Sun  
Chicken Viennas Hot & Spicy (Halal)  
12 x 200g - 100133



Tropical Sun  
Chicken Viennas Original (Halal)  
12 x 200g - 100130



Tropical Sun  
Hot Dogs Hot & Spicy (Halal)  
12 x 400g - 229942



Tropical Sun  
Hot Dogs in Brine (Halal)  
12 x 400g - 225342



Spanish Town  
Chicken Vienna Sausages Halal  
12 x 142g - 237677



Robert  
Chicken Luncheon Meat  
12 x 340g - 103937



Zwan  
Beef Luncheon Meat Halal  
12 x 200g - 118216



Zwan  
Beef Luncheon Meat  
12 x 340g - 118205



Zwan  
Chicken Luncheon Meat  
12 x 200g - 227652



Zwan  
Chicken Luncheon Meat  
12 x 340g - 118209

# Canned Fish



Tropical Sun  
Tuna Chunks in Brine  
6 x 160g - 232051 / 48 x 160g - 231506



Tropical Sun  
Tuna Chunks in Springwater  
6 x 160g - 239433 / 48 x 160g - 239432



Tropical Sun  
Tuna Chunks in Sunflower Oil  
6 x 160g - 232052 / 48 x 160g - 231508



Tropical Sun  
Tuna Steak in Brine  
6 x 160g - 232049 / 48 x 160g - 231929



Tropical Sun  
Tuna Steak in Sunflower Oil  
6 x 160g - 232050 / 48 x 160g - 231930



Princes  
Tuna Chunk in Brine  
12 x 145g - 228905 / 6 x 400g - 100274



Princes  
Tuna Chunks in Sunflower Oil  
12 x 145g 228906



Tropical Sun  
Canadian Style Sardines in Soya Oil  
12 x 106g 234312 / PM 244693



Tropical Sun  
Canadian Style Sardines with Hot Peppers  
12 x 106g 234311 / PM 244691



Tropical Sun  
Canadian Style Sardines in Spring Water  
12 x 106g - 234313



Tropical Sun  
Canadian Style Sardines in Olive Oil  
12 x 106g - 228793



Tropical Sun  
Canadian Style Sardines in Tomato Sauce  
12 x 106g - 234314 / PM 244692



Tropical Sun  
Sardines in Sunflower Oil  
12 x 125g - 230860 / 48 x 125g - 230799



Tropical Sun  
Sardines with Chilli  
12 x 125g - 230861 / 48 x 125g - 230801



Brunswick  
Sardines in Soya Oil  
12 x 106g - 150242



Brunswick  
Sardines with Hot Peppers  
12 x 106g - 150016



Brunswick  
Sardines in Tomato Sauce  
12 x 106g - 155027



Brunswick  
Sardines with Louisiana Hot Sauce  
12 x 106g - 150243



L'Espadon  
Sardines in Vegetable Oil  
50 x 125g - 228491

# Canned Fish



L'Espadon  
Sardines in Spiced Vegetable Oil  
12 x 125g - 227533 / 50 x 125g - 228548



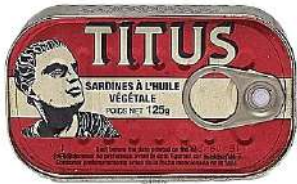
Titus  
Sardines Hot  
48 x 125g - 225330



Titus  
Sardines in Sunflower Oil  
48 x 125g - 103330



Titus  
Sardines in Tomato Sauce  
48 x 125g - 225732



Titus  
Sardines in Vegetable Oil (N)  
50 x 125g - 246118



Africa's Finest  
Mackerel in Tomato Sauce  
12x425g - 227530 / 24 x 425g - 227382



Tropical Sun  
Mackerel in Tomato & Chilli Sauce  
12 x 400g - 202030



Tropical Sun  
Mackerel in Brine  
12 x 400g - 202010



Tropical Sun  
Mackerel in Hot Pepper Sauce  
12 x 400g - 227140



Tropical Sun  
Mackerel in Tomato Sauce  
12 x 400g - 202020



Africa Queen  
Mackerel in Tomato Sauce  
24 x 425g - 228304



Geisha  
Mackerel in Tomato Sauce with Chilli  
50 x 155g - 167071



Geisha  
Mackerel in Tomato Sauce  
50 x 155g - 167060



Geisha  
Mackerel in Tomato Sauce with Chilli  
12 x 425g - 167072



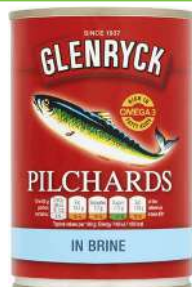
Geisha  
Mackerel in Tomato Sauce  
12 x 425g - 100700



Glenryck  
Pilchards in Tomato Sauce  
12 x 155g - 350015



Glenryck  
Pilchards in Tomato Sauce  
12 x 400g - 109090



Glenryck  
Pilchards in Brine  
12 x 400g - 190096



Tropical Sun  
Premium Pilchards in Tomato Sauce  
6 x 425g - 229452 / 24 x 425g - 241864



Tropical Sun  
Premium Pilchards in Brine  
6 x 425g - 229451 / 24 x 425g - 241863

# Sauces – Tropical Sun



Tropical Sun  
Chilli Garlic Sauce  
6 x 150ml - 229075 / 12 x 150ml - 178080



Tropical Sun  
Papaya Hot Sauce  
6 x 150ml - 239496 / 12 x 150ml - 101184



Tropical Sun  
Peri Peri Sauce  
6 x 150ml - 229076 / 12 x 150ml - 225167



Tropical Sun  
Sweet Mango Chilli Sauce  
6 x 150ml - 239927 / 12 x 150ml - 100890



Tropical Sun  
West Indian Hot Pepper Sauce  
6 x 150ml - 239925 / 12 x 150ml - 225166



Tropical Sun  
Thai Sweet Chilli Sauce  
6 x 150ml - 229077 / 12 x 150ml - 101185



Tropical Sun  
Thai Sweet Chilli Sauce  
6 x 1L - 245471



Tropical Sun  
Carolina Reaper Hot Sauce  
12 x 148ml - 101188



Tropical Sun  
Bajan Hot Pepper Sauce  
12 x 150ml - 228746



Tropical Sun  
Jamaican Scotch Bonnet Sauce  
12 x 142ml - 104936



Tropical Sun  
Jamaican Crushed Red Chilli Sauce  
12 x 142ml - 225686



Tropical Sun  
Caribbean Fish & Meat Sauce  
12 x 150ml - 100468



Tropical Sun  
Caribbean Browning  
12 x 150ml - 227286



Tropical Sun  
Allspice Seasoning (Liquid Pimento)  
12 x 142ml - 226825



Tropical Sun  
Caribbean Hot Pepper Sauce  
12 x 85ml - 178036 / 48 x 85ml - 178034



Tropical Sun  
Caribbean Hot Pepper Sauce  
6 x 170ml - 228396 / 12 x 170ml - 178040



Tropical Sun  
Caribbean Hot Pepper Sauce  
6 x 350ml 229793 / 12 x 350ml - 229686



Tropical Sun  
Smooth Scotch Bonnet Sauce  
12 x 85ml - 226927 / 24 x 85ml - 229120



Tropical Sun  
Hot Pepper Sauce (Catering)  
6 x 960g - 229707



Tropical Sun  
Sweet Chilli Sauce (Catering)  
6 x 1.1kg - 229708

# Sauces & Marinades - Jerk



Tropical Sun Jerk Seasoning  
6 x 280g - 104759 / 24 x 280g - 104758  
PM 6 x 280g - 225195 / 24 x 280g - 225196



Tropical Sun  
Jerk Seasoning Mild  
6 x 280g - 234424 / 24 x 280g - 234423



Tropical Sun  
Honey Jerk Seasoning  
6 x 280g - 249094 / 24 x 280g - 243438



Tropical Sun  
Scotch Bonnet Jerk Seasoning  
24 x 310g - 244405 / 6 x 310g - 244406



Tropical Sun  
Boston Bay Jerk Seasoning  
6 x 310g - 245092



Tropical Sun  
Jerk Seasoning (Catering)  
4 x 4.2kg - 930002



Tropical Sun  
Jerk Seasoning (Industrial)  
1 x 22.5kg - 225575



Tropical Sun  
Jerk BBQ Sauce  
6 x 285g - 221361



Tropical Sun  
Jerk BBQ Sauce  
6 x 510g - 202041 / PM 6 x 510g - 245088



Tropical Sun  
Jerk BBQ Sauce (Catering)  
6 x 1kg - 225336 / 1 x 1kg - 104868



Tropical Sun  
Jerk Marinade  
6 x 500ml - 231627 / 12 x 500ml - 104634



Tropical Sun  
Jamaican Jerk Sauce  
12 x 142ml - 232839



Walkerswood  
Jerk Seasoning  
6 x 280g - 151680 / 12 x 280g - 247328



Village Pride  
Jerk Seasoning  
6 x 320g PM - 247583



Village Pride  
Jerk Seasoning PET  
6 x 1kg - 249779



Village Pride  
Jerk Seasoning Tin  
3 x 4.4kg - 250028



Village Pride  
Honey Jerk Seasoning  
6 x 300g - PM 249445



Dunn's River  
Jerk Seasoning  
6 x 312g - 242163



Tru Jamaica  
Jerk Seasoning (Catering)  
4 x 4.2kg - 226967



Grace  
Jerk BBQ Sauce  
6 x 375g - 235244



Encona  
Carolina Reaper Hot Sauce  
6 x 142ml - 235240



Encona  
Jerk Sauce  
6 x 142ml - 222291



Encona  
Louisiana Cajun Hot Sauce  
6 x 142ml - 228895



Encona  
Sweet Mango Chilli Sauce  
6 x 142ml - 228894



Encona  
Thai Sweet Chilli Sauce  
6 x 142ml - 228892 / 6 x 220ml - 228893



Encona  
Extra Hot Pepper Sauce  
6 x 142ml - 228336



Encona  
Papaya Hot Sauce  
6 x 142ml - 228890



Encona  
Original Hot Pepper Sauce  
6 x 142ml - 228889 / 6 x 220ml - 100430



Encona  
Peri Peri Sauce  
6 x 142ml - 228338



Home Choice  
Scotch Bonnet Pepper Sauce  
24 x 150ml - 247235



Baron  
Green Seasoning  
6 x 155ml - 172544



Baron  
Green Seasoning  
6 x 397ml - 172509 / 6 x 794ml - 172546



Baron  
Bajan Hot Sauce  
6 x 200ml - 231592 / 12 x 200ml - 231334



Baron  
Blazing Hot Sauce  
6 x 155g - 172517 / 24 x 155g - 172533



Baron  
Classic Pepper Sauce  
6 x 397ml - 239571 / 24 x 397ml - 114744



Baron  
Garlic Sauce  
6 x 155ml - 100951



Baron  
Ginger Sauce  
6 x 155g - 229397



Baron  
Onion Sauce  
6 x 155ml - 239470



Baron  
Soy Sauce  
6 x 155ml - 239481



Baron  
West Indian Hot Sauce  
6 x 155g - 172503 / 24 x 155g - 172526

# Sauces



# Sauces – Soy Sauce



Pegasus  
Dark Soy Sauce  
6 x 150ml - PM 250442



Pegasus  
Dark Soy Sauce  
6 x 250ml - 250444



Pegasus  
Dark Soy Sauce  
6 x 625ml - 250445



Pegasus  
Light Soy Sauce  
6 x 150ml - PM 250450



Pegasus  
Light Soy Sauce  
6 x 250ml - 250448



Pegasus  
Light Soy Sauce  
6 x 625ml - 250446



Jade Bridge  
Dark Soy Sauce  
12 x 150ml - 230733



Jade Bridge  
Dark Soy Sauce  
6 x 625ml - 233873



Jade Bridge  
Superior Light Soy Sauce  
12 x 150ml - 230734



Jade Bridge  
Light Soy Sauce  
6 x 625ml - 233874



Jade Bridge  
Mushroom Soy Sauce  
6 x 625ml - 233872



Jade Bridge  
Oyster Sauce  
6 x 710ml - 233903



Amoy  
Light Soy Sauce  
12 x 150ml - 121158



Amoy  
Light Soy Sauce  
12 x 500ml - 112283



Amoy  
Dark Soy Sauce  
12 x 150ml - 121158



Amoy  
Dark Soy Sauce  
12 x 250ml - 212126



Amoy  
Dark Soy Sauce  
12 x 500ml - 112282



Pearl River Bridge  
Mushroom Soy Sauce  
12 x 500ml - 100934



Pearl River Bridge  
Superior Dark Soy Sauce  
12 x 500ml - 123713



Pearl River Bridge  
Superior Light Soy Sauce  
12 x 500ml - 123714

# Sauces



Maggi  
Chilli Sauce Garlic  
6 x 305g - 123801



Maggi  
Chilli Sauce  
6 x 340g - 123825



Maggi  
Chilli Sauce Extra Hot  
6 x 320g - 123827



Maggi  
Hot & Sweet Sauce  
6 x 400g - 123831



Maggi  
Masala Chilli Sauce  
6 x 400g - 123830



Maggi  
Tamarind Sauce  
6 x 425g - 123875



Maggi  
Oyster Sauce  
12 x 500ml - 235441



Village Pride  
Extra Hot Pepper Sauce  
12 x 142ml - 228698



Nando's  
Medium Peri Peri Sauce  
6 x 125g - 102627



Nando's  
Hot Peri Peri Sauce  
6 x 125g - 102626



Nando's  
Extra Hot Peri Peri Sauce  
6 x 125g - 102624



Nando's  
Garlic Peri Peri Sauce  
6 x 125g - 102625



Nando's  
Lemon & Herb Peri Peri Sauce  
6 x 125g - 225091



Pickapeppa  
Original Sauce  
12 x 148ml - 226478



Pickapeppa  
Gingerly Mango Sauce  
12 x 142ml - 233568



Pickapeppa  
Spicy Mango Sauce  
12 x 142ml - 233562



Pickapeppa  
Hot Mango Sauce  
12 x 142ml - 233561



Grace  
Browning  
12 x 142ml - 220900



Benjamins  
Browning  
12x140ml - 800019 / 24x140ml - 800018



Sarsons  
Browning  
12 x 150ml - 228492



Tropical Sun  
Classic BBQ Sauce  
6 x 510g - 235236



Tropical Sun  
Jollof Rice Cooking Sauce  
16 x 210g - 245630



Tropical Sun  
Butter Chicken Cooking Sauce  
16 x 210g - 245631



Tropical Sun  
Korma Masala Cooking Sauce  
16 x 210g - 245633



Tropical Sun  
Tikka Masala Cooking Sauce  
16 x 210g - 245632



Squid  
Fish Sauce  
12 x 300ml - 235053



Squid  
Fish Sauce  
12 x 725ml - 112287



Dunn's River  
Hot Pepper Sauce  
12 x 85ml - 222242



Grace  
Hot Pepper Sauce  
12 x 85ml - 222113



HP  
Classic BBQ Sauce  
8 x 465ml - 104583



Tabasco  
Pepper Sauce  
12 x 57ml - 214008



Lea & Perrins  
Worcestershire Sauce  
12 x 150ml - 227402



Matouk's  
West Indian Hot Sauce  
6 x 300ml - 237920



Matouk's  
West Indian Hot Sauce  
4 x 750ml - 237919



Matouk's  
Hot Pepper Sauce  
6 x 300ml - 237918



Matouk's  
Hot Pepper Sauce  
4 x 750ml - 237911



Matouk's  
Calypso Sauce  
4 x 750ml - 237916



Windmill  
Hot Pepper Sauce  
12 x 142ml - 151451



Windmill  
Hot Pepper Sauce  
6 x 480ml - 151541 / 12 x 480ml - 231035



Windmill  
Bajan Red Pepper Sauce  
6 x 480ml - 225179 / 12 x 480ml - 151540

# Condiments



Aani  
Naga Chilli Pickle  
6 x 190g - 249163



Tropical Sun  
Caribbean Honey Thyme Glaze  
6 x 355g - 230504



Tropical Sun  
Caribbean Curry Paste  
6 x 340g - 231259 / 24 x 340g - 231258



Tropical Sun  
Jamaican Oxtail Seasoning  
6 x 340ml - 178070



Tropical Sun  
Jamaican Brown Stew  
6 x 250ml - 232841 / 24 x 250ml - 232840



Tropical Sun  
Guava Jam  
6 x 340g - 230147 / 24 x 340g - 244489



Tropical Sun  
Guava Jelly  
6 x 340g - 150206 / 24 x 340g - 150200



Tropical Sun  
Caribbean Green Seasoning  
6 x 280g 248922 / - PM 248389



Tropical Sun  
Chilli Oil Original with Shrimp  
6 x 180g - 251061



Tropical Sun  
Chilli Oil Vegan  
6 x 180g - 251062



Tropical Sun  
Chilli Oil Original with Garlic  
6 x 180g - 251063



Baron  
Mango Amchar  
6 x 340g - 233353



Chief  
Kuchela  
6 x 355g - 152011 / 12 x 355g - 152010



Chief  
Mango Amchar  
6 x 355g - 152016 / 12 x 355g - 152015



Chief  
Tamarind Chutney  
6 x 375g - 152051 / 12 x 375g - 236164



Chief  
Lime Pepper  
6 x 375g - 101784 / 12 x 375g - 236163



Chief  
Shadon Beni Chutney  
6 x 370g - 229227 / 12 x 370g - 224787



Windmill  
Chopped Bajan Seasoning  
6 x 340g - 101957 / 24 x 340g - 101958



Matouk's  
Hot Chow  
6 x 380g - 101836



Matouk's  
Kuchela  
6 x 385g - 235127

# Oils – Coconut / Palm Oil



Tropical Sun  
Pure Coconut Oil  
12 x 250ml - 229896



Tropical Sun  
Pure Coconut Oil  
6 x 480ml - 230717 / 12 x 480ml - 229897



Tropical Sun  
Pure Coconut Oil (PET)  
6 x 1L - 234435



Tropical Sun  
Pure Coconut Oil (PET)  
4 x 2L - 233533



Tropical Sun  
Virgin Coconut Oil  
12 x 250ml - 250861



Tropical Sun  
Virgin Coconut Oil  
6 x 480ml - 230716 / 12 x 480ml - 229895



Tropical Sun  
Raw Organic Virgin Coconut Oil  
6 x 480ml - 248729



KTC  
Coconut Oil  
12 x 500ml - 102455

**Palm Oil**



Ghana Best  
Palm Oil  
24 x 500ml - 228713



Ghana Best  
Palm Oil  
12 x 1L - 228712



Ghana Best  
Palm Oil  
6 x 2L - 228714



Ghana Best  
Pure Zomi  
24 x 500ml - 228716



Ghana Best  
Pure Zomi  
12 x 1L - 228715



Ghana Best  
Pure Zomi  
6 x 2L - 228717



Olu Olu  
Palm Oil  
24 x 500ml - 246341



Olu Olu  
Palm Oil  
15 x 1L - 104703



Olu Olu  
Palm Oil  
8 x 2L - 246342



Olu Olu  
Palm Oil  
6 x 4Ltr - 248714



Okumo Banga  
Red Palm Oil  
6 x 2L - 247153 / 6 x 4Ltr - 247154

# Palm Oil





Tropical Sun  
Rapeseed Oil (Tin)  
1 x 20L - 235414



Tropical Sun  
Vegetable Oil (Tin)  
1 x 20L - 229486



Tropical Sun  
Vegetable Oil (PET)  
1 x 20L - 102201



Tropical Sun  
Vegetable Oil  
1 x 10L - 102268



Tropical Sun  
Vegetable Oil  
4 x 5L - 102267



Tropical Sun  
Vegetable Oil  
4 x 3L - 102271



Tropical Sun  
Vegetable Oil  
6 x 2L - 228909



Tropical Sun  
Vegetable Oil  
6 x 1L - 102270



Tropical Sun  
Sunflower Oil  
2 x 10L - 238058



Tropical Sun  
Sunflower Oil  
2 x 5L - 229457 / 4 x 5L - 104637



Tropical Sun  
Sunflower Oil  
4 x 3L - 480002



Tropical Sun  
Sunflower Oil  
6 x 2L - 228908



Tropical Sun  
Sunflower Oil  
12 x 1L - 233807 / PM - 245737



Tropical Sun  
Rapeseed Oil  
12 x 1L - 246914



Tropical Sun  
Corn Oil  
6 x 1L - 102204



Tropical Sun  
Groundnut Oil  
6 x 1L - 104762



Tropical Sun  
EV Olive / Sunflower Oil Blend  
3 x 5L - 245874



KTC  
Vegetable Oil  
3 x 5L - 118640



KTC  
Vegetable Oil (Tin)  
20L - 118621

# Speciality Oil



Bevelini  
Kolymari Extra Virgin Olive Oil  
6 x 500ml - 235586



Bevelini  
Extra Virgin Olive Oil  
6 x 750ml - 235585



Bevelini  
Extra Virgin Olive Oil  
4 x 5L - 235584



Goya  
Pure Olive Oil  
12 x 89ml - 248385



Goya  
Pure Olive Oil  
6 x 250ml - 248386



Natco  
Olive Pomace Oil  
4 x 5L - 224579



Benjamins  
Olive Oil  
12 x 60ml 500058



Benjamins  
Olive Oil  
24 x 120ml - 104539



Tropical Sun  
Extra Virgin Avocado Oil  
6 x 250ml - 251280



Tropical Sun  
Castor Oil  
12 x 250ml - 231019



Tropical Sun  
Almond Oil  
12 x 250ml - 231017



Tropical Sun  
Mustard Oil  
12 x 250ml - 231018



Tropical Sun  
Mustard Oil  
6 x 500ml - 246976



Tropical Sun  
Mustard Oil  
6 x 1L - 246977



Aani  
Mustard Oil  
12 x 200ml - 249171



Aani  
Mustard Oil  
12 x 500ml - 249172



Aani  
Mustard Oil  
12 x 1L - 249173



Pegasus  
Castor Oil  
6 x 70ml - 239351



Amoy  
Sesame Oil  
12 x 150ml - 112066



Tropical Sun  
Organic Apple Cider Vinegar  
6 x 473ml - 104636 / 12 x 473ml - 234855



Bragg  
Apple Cider Vinegar  
12 x 473ml - 103928 / 12 x 946ml - 224487



Tropical Sun  
Apple Cider Vinegar  
8 x 400ml - 233409



Tropical Sun  
Coconut Vinegar  
6 x 250ml - 235187



Tropical Sun  
Distilled Vinegar PM  
12 x 284ml - 244635 / 12 x 568ml - 244633



Tropical Sun  
Malt Vinegar PM  
12 x 568ml - 244634



Tropical Sun  
Jamaican Cane Vinegar  
12 x 475ml - 225165



Pure Jamaica  
Distilled Vinegar  
24 x 475ml - 228572



Pure Jamaica  
Distilled Vinegar  
12 x 1L - 161005



Pure Jamaica  
Distilled Vinegar  
6 x 1.89L - 225570



Bevelini  
Balsamic Vinegar  
6 x 250ml - 238103



Baron  
White Vinegar  
6 x 940ml - 242794 / 18 x 940ml - 150070



Sarsons  
Malt Vinegar  
12 x 284ml - 118704 / 12 x 568ml - 118705



Sarsons  
Distilled Vinegar  
12 x 284ml - 118706 / 12 x 568ml - 118707



Amoy  
White Rice Vinegar  
12 x 500ml - 112292



Royal Sun  
Distilled White Vinegar  
4 x 5L - 230550



Royal Sun  
Malt Vinegar  
4 x 5L - 230551



Jade Bridge  
Black Rice Vinegar  
6 x 150ml - 239907



Jade Bridge  
White Rice Vinegar  
12 x 150ml - 236677

# Pastes



Tropical Sun  
Minced Garlic Paste  
6 x 300g - 246338



Tropical Sun  
Minced Ginger Paste  
6 x 300g - 246340



Tropical Sun  
Minced Ginger & Garlic Paste  
6 x 300g - 246339



Tropical Sun  
Minced Red Chilli Paste  
6 x 300g - 246450



Tropical Sun  
Minced Green Chilli Paste  
6 x 300g - 246449



Tropical Sun  
Pepper Paste Hot  
12 x 370g - 249686



Tropical Sun  
Pepper Paste Mild  
12 x 370g - 249687



Aani  
Minced Garlic Paste (PET)  
6 x 330g - 246448 / 6 x 1kg - PM 246584



Aani  
Minced Ginger & Garlic Paste (PET)  
6 x 330g - 246447 / 6 x 1kg - PM 246585



Aani  
Minced Ginger Paste (PET)  
6 x 330g - 246446 / 6 x 1kg - PM 246583



Aani  
Garlic Puree  
12 x 110g - 245202



Aani  
Ginger Puree  
12 x 110g - 245203



Aani  
Ginger & Garlic Puree  
12 x 110g - 245391



Aani  
Red Chilli Puree  
12 x 110g - 245204



Aani  
Assorted Puree  
12 x 110g - 246336



Sapna  
Garlic Paste  
6 x 330g - 101087 / 6 x 1kg - 211400



Sapna  
Ginger & Garlic Paste  
6 x 330g - 101083 / 6 x 1kg - 211053



Sapna  
Ginger Paste  
6 x 330g - 230596 / 6 x 1kg - 222133



Fissi  
Garlic Puree  
12 x 110g - 180033



Fissi  
Ginger Puree  
12 x 110g - 180039

# Lemon Juice – Lime Juice



Tropical Sun  
Lemon Juice Squeezy  
12 x 200ml - 244068



Tropical Sun  
Lemon Juice  
12 x 350ml - 242978



Tropical Sun  
Lemon Juice  
6 x 1L - 229891



Bevelini  
Lemon Juice  
12 x 200ml - 244065



Bevelini  
Lemon Juice  
4 x 4L - 235588



Bevelini  
Lemon Dressing  
12 x 350ml - 235587



Bevelini  
Lemon Dressing  
4 x 4L - 246418



KTC  
Lemon Juice  
12 x 500ml - 235004



Aani  
Lemon Juice  
12 x 500ml - 249165



Aani  
Lemon Juice  
6 x 1Ltr - 249164



Tropical Sun  
Lime Juice Squeezy  
12 x 200ml - 244067



Tropical Sun  
Lime Juice  
12 x 350ml - 242979



Tropical Sun  
Lime Juice  
12 x 500ml - 240005



Bevelini  
Lime Juice Squeezy  
12 x 200ml - 244066



Bevelini  
Lime Juice  
4 x 4L - 242976



Aani  
Lime Juice  
12 x 500ml - 249166



# Rice - Golden Sella



Tropical Sun  
Golden Sella Basmati  
20 x 500g - 243514



Tropical Sun  
Golden Sella Basmati  
8 x 1kg - 246880 / PM - 246880



Tropical Sun  
Golden Sella Basmati  
6 x 2kg - 224798 / PM - 234154



Tropical Sun  
Golden Sella Basmati  
4 x 5kg - 226984 / PM - 250425



Tropical Sun  
Golden Sella Basmati  
2 x 10kg - 226983 / PM - 232233



Tropical Sun  
Golden Sella Basmati  
1 x 20kg - 230701



Aani  
Golden Sella  
6 x 2kg - 248663



Aani  
Golden Sella Basmati  
4 x 5kg - 234085



Aani  
Golden Sella Basmati  
2 x 10kg - 237800



Aani  
Golden Sella Basmati  
20kg - 249107



Village Pride  
Golden Sella Basmati  
4 x 5kg - 245095



Village Pride  
Golden Sella Basmati  
2 x 10kg - 245097



Asli  
Golden Sella Basmati  
1 x 5kg - 120018



Asli  
Golden Sella Basmati  
1 x 10kg - 100841



Peacock  
Golden Sella Basmati  
4kg - 235076 / 10kg - 430002



Setara  
Golden Sella Basmati  
1 x 5kg - 239550



Setara  
Golden Sella Basmati  
1 x 10kg - 239549



Tilda  
Golden Sella Basmati  
1 x 5kg - 224850



Tilda  
Golden Sella Basmati  
10kg - 100701

# Rice - Fragrant



Pegasus  
Fragrant Rice  
6 x 2kg - 117761



Pegasus  
Fragrant Rice  
5 x 5kg - 228460



Pegasus  
Fragrant Rice  
1 x 10kg - 133350 / PM 229816



Pegasus  
Fragrant Rice  
1 x 20kg - 227974



Pegasus  
Thai Broken Rice  
5 x 5kg - 237733



Pegasus  
Thai Broken Rice  
1 x 10kg - 133360



Pegasus  
Thai Broken Rice  
1 x 20kg - 102142



Tropical Sun  
Fragrant Rice  
6 x 2kg - 178065



Tropical Sun  
Fragrant Rice  
4 x 5kg - 246028 / PM - 246026



Tropical Sun  
Fragrant Rice  
10kg 247409 / PM - 246027



Village Pride  
Fragrant Rice  
4 x 5kg - 231357



Village Pride  
Fragrant Rice  
1 x 10kg - 228920



Village Pride  
Broken Fragrant Rice  
5kg - 246056



Village Pride  
Broken Fragrant Rice  
10kg - 246057



Village Pride  
Broken Fragrant Rice  
20kg - 246058



Dragon  
Fragrant Rice  
6 x 5kg - 224597 / 1 x 5kg - 150005



Dragon  
Fragrant Rice  
1 x 10kg - 150003



Dragon  
Fragrant Rice  
1 x 20kg - 112067



Tilda  
Fragrant Rice  
8 x 1kg - 110064



Tilda  
Fragrant Rice  
5kg - 110037

# Rice - Speciality



Royal Umbrella  
Thai Jasmine Rice  
6 x 5kg - 235253



Royal Umbrella  
Thai Jasmine Rice  
10kg - 230778



Royal Umbrella  
Thai Jasmine Rice  
20kg - 230779

Speciality Rice



Aani  
Idli Rice  
4 x 5kg - 238055 / 10kg - 247330



Aani  
Rose Matta (Boiled) Rice  
4 x 5kg - 238056 / 10kg - 247332



Aani  
Red Raw Rice  
4 x 5kg - 231583



Aani  
Sona Masoori Rice  
4 x 5kg - 236632 / 10kg - 247334



Aani  
Ponni Boiled Rice  
4 x 5kg - 234419 / 10kg - 247333



Africa's Finest  
Ofada Easy Cook Rice  
6 x 2kg - 249089



Africa's Finest  
Ofada Easy Cook Rice  
5kg - 237665 / 4 x 5kg - 238033



Africa's Finest  
Ofada Easy Cook Rice  
10kg - 244201 / 2 x 10kg - 244200



Africa's Finest  
Jollof Rice  
5kg - 246005 / 4 x 5kg - 245882



Africa's Finest  
Jollof Rice  
10kg - 246006 / 2 x 10kg - 245883



Tropical Sun  
Jollof Rice (microwaveable)  
8 x 250g - 245634



Tropical Sun  
Nigerian Fried Rice (microwaveable)  
8 x 250g - 250406



Tropical Sun  
Glutinous Rice  
6 x 2kg - 101029



Pegasus  
Glutinous Rice  
5 x 5kg - 240269



Tropical Sun  
Sushi Rice  
6 x 2kg - 249234



Tropical Sun  
Low GI Diabetic Rice  
4 x 5kg - 249182

# Rice - Long Grain



# Rice - Easy Cook



Tropical Sun  
USA Easy Cook Rice  
20 x 500g - 165580



Tropical Sun  
USA Easy Cook Rice  
6 x 2kg - 611111



Tropical Sun  
USA Easy Cook Rice  
1 x 5kg - 178045



Tropical Sun  
USA Easy Cook Rice  
1 x 10kg - 178033



Tropical Sun  
USA Easy Cook Rice  
1 x 20kg - 100088



Tropical Sun  
Easy Cook Rice  
1 x 5kg - 239042



Village Pride  
Easy Cook Rice PM  
8 x 1kg - 245408 / 10 x 1kg PM - 245728



Village Pride  
Easy Cook Rice PM  
6 x 2kg - 236315 / 6 x 2kg PM - 244221



Village Pride  
Easy Cook Rice  
4 x 5kg - 248931 / PM 245729



Village Pride  
Easy Cook Rice  
2 x 10kg - 249109 / PM 245730



Village Pride  
Easy Cook Rice  
20kg - 227275 / PM 230784



Tilda  
Easy Cook Rice  
10 x 500g - 110013 / 8 x 1kg - 110008



Tilda  
Easy Cook Rice  
4 x 2kg - 224849



Tilda  
Easy Cook Rice  
1 x 5kg - 110010 / 1 x 10kg - 110011



Tilda  
Easy Cook Rice  
1 x 20kg - 110012



Tolly Boy  
Easy Cook Rice  
6 x 2kg - 120042



Tolly Boy  
Easy Cook Rice  
1 x 5kg - 120008



Tolly Boy  
Easy Cook Rice  
1 x 10kg - 120009



Tolly Boy  
Easy Cook Rice  
1 x 20kg - 120030 / 40kg - 120012



Tropical Sun  
Premium Basmati Rice  
8 x 1kg - 246879 / PM 249071



Tropical Sun  
Premium Basmati Rice  
6 x 2kg - 227517 / PM - 229704



Tropical Sun  
Premium Basmati Rice  
4 x 5kg - 227655 / PM - 101986



Tropical Sun  
Premium Basmati Rice  
2 x 10kg - 227653 / PM - 250359



Tropical Sun  
Premium Basmati Rice  
1 x 20kg - 228116



Tropical Sun  
Prince Of Rice  
1 x 5kg PM - 233915 / 4 x 5kg - 230560



Tropical Sun  
Prince Of Rice  
1 x 20kg - 123712



Tropical Sun  
Natural Brown Basmati Rice  
6 x 2kg - 229770



Tropical Sun  
Natural Brown Basmati Rice  
4 x 5kg - 241482 / PM - 231322



Tropical Sun  
Low GI Basmati Rice  
5kg - 249180 / 4 x 5kg - 249182



Tropical Sun  
Biryani Basmati Rice  
20 x 500g - 243515



Tropical Sun  
Broken Basmati Rice  
6 x 2kg - 234436



Aani  
Basmati Rice  
6 x 2kg - 239052 / 6 x 2kg PM - 244832



Aani  
Basmati Rice  
4 x 5kg - 231332 / PM - 250465



Aani  
Basmati Rice  
2 x 10kg - 237799 / PM - 231335



Aani  
Basmati Rice  
1 x 20kg - 101016



Aani  
Broken Basmati Rice  
6 x 2kg - 249178



Aani  
Broken Basmati  
5kg - 247691



Aani  
Broken Basmati  
20kg - 247880



Aani  
Mega Basmati  
20kg - 249607

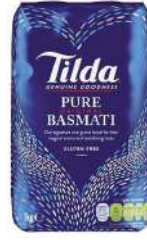
# Rice - Basmati



Akash  
Basmati Rice  
1 x 5kg - 129380



Akash  
Basmati Rice  
1 x 10kg - 100323 / 1 x 20kg - 100324



Tilda  
Basmati Rice  
8 x 1kg - 110045



Tilda  
Basmati Rice  
4 x 2kg - 234447



Tilda  
Basmati Rice  
1 x 5kg - 110016



Tilda  
Basmati Rice  
1 x 10kg - 110017



Tilda  
Basmati Rice  
1 x 20kg - 111012



Tilda  
Brown Basmati Rice  
1 x 5kg - 110060



Tilda  
Grand White Rice  
5kg - 227701



Tilda  
Grand White Rice  
10kg - 227700



Tilda  
Grand White Rice  
20kg - 233811



Lal Qilla  
Classic Basmati Rice  
5kg - 245387



Lal Qilla  
Classic Basmati Rice  
20kg - 245388



Laila  
Basmati Rice  
6 x 2kg - 226483



Laila  
Basmati Rice  
5kg - 104821



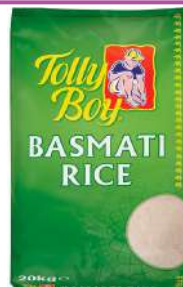
Laila  
Basmati Rice  
10kg - 104820



Tolly Boy  
Basmati Rice  
1 x 5kg - 234074



Tolly Boy  
Basmati Rice  
1 x 10kg - 120015



Tolly Boy  
Basmati Rice  
1 x 20kg - 120010



Trophy  
Basmati Rice  
20kg - 176044



Bevelini  
Macaroni Pasta  
6 x 500g - 250934



Bevelini  
Italian Bucatini Pasta  
5 x 500g - 245190



Bevelini  
Italian Conchiglie Pasta  
5 x 500g - 245191



Bevelini  
Italian Farfalle Pasta  
5 x 500g - 245192



Bevelini  
Italian Fusilli Pasta  
5 x 500g - 245193



Bevelini  
Italian Orzo Pasta  
5 x 500g - 245194



Bevelini  
Italian Penne Pasta  
5 x 500g - 245195



Bevelini  
Italian Spaghetti  
5 x 500g - 245196



Golden Penny  
Macaroni Pasta (Nigeria)  
20 x 500g - 225156



Golden Penny  
Spaghetti Pasta (Nigeria)  
20 x 500g - 234967



Golden Penny  
Spaghettini Pasta (Nigeria)  
20 x 500g - 232886



Bevelini  
Arrabbiata Pasta Sauce  
6 x 400g - 248013



Bevelini  
Ricotta Pasta Sauce  
6 x 400g - 248014



Bevelini  
Basilico (Tomato & Basil) Pasta Sauce  
6 x 400g - 248012

# Indomie



Indomie Noodles  
Ghana Chicken (Brown Box)  
40 x 70g - 222048



Indomie Noodles  
Nigerian Chicken (White Box)  
40 x 70g - 239473



Indomie Noodles  
Nigerian Chicken Super Pack  
40 x 120g - 222049



Indomie Noodles  
Nigerian Chicken Hungry Man Size  
24 x 180g - 229815



Indomie Noodles  
Nigerian Chicken Belle Full  
16 x 280g - 245599



Indomie Noodles  
Ghana Pepper Chicken  
40 x 70g - 225269



Indomie Noodles  
Nigerian Onion Chicken  
40 x 70g - 103723



Indomie Noodles  
Onion Chicken Super Pack  
40 x 120g - 246268



Indomie Noodles  
Onion Chicken Hungry Man  
24 x 180g - 245592



Indomie Noodles  
Nigerian Pepper Chicken Soup  
40 x 100g - 239168



Indomie Noodles  
Nigerian Jollof Chicken  
40 x 70g - 245307



Indomie Noodles  
Nigerian Crayfish  
40 x 70g - 244546



Indomie Noodles  
Nigerian Oriental Fried  
40 x 70g - 245144



Indomie Noodles  
Nigerian Beef  
40 x 70g - 244577



Indomie Noodles  
Pepper Chicken  
40 x 70g - 225269



Indomie Noodles  
Mi Goreng (Indonesia)  
40 x 85g - 100397





Indomie Noodles  
Mi Goreng Stir Fry  
40 x 80g - 243396



Indomie Noodles  
Special Chicken  
40 x 75g - 243400



Golden Penny Noodles  
Nigerian Jollof Chicken  
40 x 70g - 246391



Golden Penny Noodles  
Nigerian Goat Meat Pepper Soup  
40 x 70g - 246392



Koka Noodles  
Beef  
30 x 85g - 102541



Koka Noodles  
Chicken  
30 x 85g - 102542



Koka Noodles  
Crab  
30 x 85g - 102540



Koka Noodles  
Curry  
30 x 85g - 102543



Koka Noodles  
Lobster  
30 x 85g - 102549



Koka Noodles  
Masala  
30 x 85g - 102553



Koka Noodles  
Mushroom  
30 x 85g - 102544



Koka Noodles  
Prawn  
30 x 85g - 102545



Koka Noodles  
Stir Fried  
30 x 85g - 102548



Koka Noodles  
Tom Yum  
30 x 85g - 102547



Koka Noodles  
Tomato  
30 x 85g - 102546



Koka Noodles  
Vegetable  
30 x 85g - 102550



Maggi Noodles  
Masala  
20 x 70g - 100855



Maggi Noodles  
Chicken  
6 x 5 x 74g - 247686



Maggi Noodles  
Curry  
6 x 5 x 74g - 247687

# Stock Cubes



Samyang  
Hot Chicken Ramen  
8 x 5 x 140g - 233750



Samyang  
Hot Chicken Spicy Ramen  
8 x 5 x 140g - 245054



Lam's  
Chowmein Noodles  
30 x 454g - 151084



Jade Bridge  
Instant Egg Noodles  
30 x 400g - 242363



Jade Bridge  
Instant Noodles  
30 x 400g - 242362



Aani  
Rice Vermicelli  
10 x 200g - 246156



Aani  
Brown Rice Vermicelli  
10 x 200g - 246157



Longkou  
Vermicelli  
250x100g - 243221 / 100x250g - 243222



Maggi  
Nigerian Cubes 25's  
60 x 25 x 4g - 380067



Maggi  
Nigerian Cubes 100's  
21 x 400g - 151100



Maggi  
Nigerian Chicken Cubes  
16 x 100's - 127873



Maggi  
Nigerian Chicken Cubes  
60 x 10g - 123826 / 24 x 60 x 10g - 228384



Maggi  
Nigerian Crayfish Cubes  
60x10g - 104621 / 24x60x10g - 228383



Onga  
Chicken Cubes  
20 x 50 x 4g - 233130



Onga  
Seasoning Cubes  
20 x 50 x 4g - 201009



Tropical Sun  
Chicken Cubes (Halal)  
12 x 8's - PM 229646



Tropical Sun  
Fish Cubes (Halal)  
12 x 8's - PM 229647



Tropical Sun  
Vegetable Cubes (Halal)  
12 x 8's - PM 229649



Tropical Sun  
Meat Cubes (Halal)  
12 x 8's - PM 229648

# Stock Cubes – Powder



Tropical Sun  
Chicken Cubes (Halal)  
6 x 40's - 238332



Tropical Sun  
Crayfish Cubes (Halal)  
6 x 40's - 238333



Tropical Sun  
Aroma Cubes (Halal)  
6 x 40's - 244464



Tropical Sun  
Vegetable Cubes (Halal)  
6 x 40's - 250305



Knorr  
Beef Cubes  
12 x 8's - 122006



Knorr  
Chicken Cubes  
12 x 8's - 122005



Knorr  
Vegetable Cubes  
12 x 8's - 132103



Tropical Sun  
Aroma Stock Powder (Halal)  
6 x 200g - 226875 / PM 247033



Tropical Sun  
Aroma Stock Powder (Halal)  
6 x 1kg - 229101 / PM 243698



Tropical Sun  
Chicken Stock Powder Sachet (Halal)  
10 x 10 x 10g - 249320



Tropical Sun  
Chicken Stock Powder (Halal)  
6 x 200g - 100773 / PM 247034



Tropical Sun  
Chicken Stock Powder (Halal)  
6 x 1kg - 229103 / PM 243700



Tropical Sun  
Crayfish Stock Powder (Halal)  
6 x 1kg - 229104 / PM 243701



Tropical Sun  
Beef Stock Powder (Halal)  
6 x 1kg - 229102 / PM 243699



Tropical Sun  
Fish Stock Powder (Halal)  
6 x 1kg - 229105 / PM 243702



Tropical Sun  
Jollof Rice Seasoning (Halal)  
6 x 1kg 248419 / PM 248420



Tropical Sun  
Vegetable Stock Powder  
6 x 1kg - 246930



Tropical Sun  
Vegetable Seasoning (Halal)  
12 x 200g - 249314 / 6 x 500g



Tropical Sun  
Vegetable Seasoning (Halal)  
6 x 1kg - 249316



Tropical Sun  
Lamb Stock Powder (Halal)  
6 x 1kg - 229106 / PM 243703

# Seasonings - Dry & Liquid



Knorr  
Chicken Powder  
1 x 900g - 226784 / 6 x 900g - 225123



Jumbo  
Aroma Stock Powder  
10 x 1kg - 104745



Jumbo  
Chicken Stock Powder  
10 x 1kg - 104744



Tropical Sun  
Aromatic  
6 x 90g - 233479



Tropical Sun  
Aromatic  
1 x 1.1kg - 234471 / 6 x 1.1kg / 234480



Knorr  
Aromat  
6 x 90g - 122044



Knorr  
Aromat  
6 x 1.1kg - 226044



Onga  
Chicken Seasoning  
240 x 8g - 229039



Onga  
Classic Seasoning  
240 x 8g - 122087 / 50 x 55g - 245409



Onga  
Stew Seasoning  
240 x 8g - 248994 / 50 x 40g - 249073



Maggi  
Chicken Seasoning Powder  
241393



Maggi  
Season-Up All Purpose  
24 x 200g - 225612



Maggi  
Season-Up Chicken  
24 x 200g - 225627



Maggi  
Liquid Seasoning  
6 x 960ml - 227029



Maggi  
Liquid Seasoning  
20 x 200ml - 227033



Maggi  
Original Seasoning  
12 x 100ml - 123816



Maggi  
Hot Seasoning  
12 x 100ml - 123817



Tropical Sun  
Allspice (Liquid Pimento)  
12 x 142ml - 226825



Knorr  
Liquid Seasoning  
12 x 130ml - 246885



Knorr  
Liquid Seasoning  
6 x 250ml - 236600

# Seasonings – Village Pride



Village Pride  
All Purpose Seasoning  
20 x 100g - 243249 - PM



Village Pride  
Chicken Seasoning  
20 x 100g - 243229 - PM



Village Pride  
Mixed Herbs  
20 x 100g - 243258 - PM



Village Pride  
Everyday Seasoning  
20 x 100g - 243251 - PM



Village Pride  
Hot Curry Powder  
20 x 100g - 243253 - PM



Village Pride  
Mild Curry Powder  
20 x 100g - 243255 - PM



Village Pride  
Curry Goat Seasoning  
20 x 100g - 243250 - PM



Village Pride  
Fish Seasoning  
20 x 100g - 243252 - PM



Village Pride  
Thyme  
20 x 100g - 243257 - PM



Village Pride  
Jerk Seasoning  
20 x 100g - 243254 - PM



Village Pride  
Peri Peri Seasoning  
20 x 100g - 243256 - PM



Tropical Sun  
Garlic Flakes (A-Grade)  
12 x 1kg - 250068 / 4 x 3kg - 250069



Tropical Sun  
Garlic Granules (A-Grade)  
12 x 1kg - 250066 / 4 x 3kg - 250067



Tropical Sun  
Garlic Powder (A-Grade)  
12 x 1kg - 250070 / 4 x 3kg - 250071



Tropical Sun  
Chip Seasoning  
6 x 130g - 242209



Tropical Sun  
Whole Cloves  
6 x 60g - 232795



Tropical Sun  
Rub Rub Sweet Chilli  
6 x 110g - 228496



Tropical Sun  
Rub Rub for Meat  
6 x 100g - 228493



Tropical Sun  
Lagos Chilli Pepper  
12 x 100g - 248188



Tropical Sun  
Berbere Hot Spice Blend  
12 x 100g - 249025

# Seasonings - Tropical Sun



Tropical Sun  
Adobo Seasoning  
12 x 100g - 227972



Tropical Sun  
All Purpose Seasoning  
12 x 100g - 101187



Tropical Sun  
Falafel Spice  
6 x 100g - 242094



Tropical Sun  
Arrowroot  
12 x 100g - 100626



Tropical Sun  
Baking Powder  
12 x 150g - 100629



Tropical Sun  
Basil  
12 x 30g - 239740



Tropical Sun  
Bay Leaves  
12 x 10g - 235699



Tropical Sun  
BBQ Seasoning  
12 x 100g - 100176



Tropical Sun  
Beef & Steak Seasoning  
12 x 80g - 235731



Tropical Sun  
Bicarbonate of Soda  
12 x 200g - 100628



Tropical Sun  
Chia Seeds  
6 x 100g - 241311



Tropical Sun  
Black Onion Seeds (Kalonji)  
12 x 90g - 238552



Tropical Sun  
Black Cardamoms Whole  
6 x 50g - 232792



Tropical Sun  
Ginger, Cinnamon & Cardamom Mix  
6 x 90g - 242091



Tropical Sun  
Cajun Seasoning  
12 x 80g - 100126



Tropical Sun  
Caraway Whole  
6 x 100g - 240964



Tropical Sun  
Caribbean Salad Seasoning  
12 x 100g - 100123



Tropical Sun  
Cayenne Pepper  
12 x 100g - 226449



Tropical Sun  
Celery Salt  
12 x 100g - 228289



Tropical Sun  
Celery Seed  
12 x 100g - 237635

# Seasonings – Tropical Sun



Tropical Sun  
Chicken Seasoning  
12 x 100g - 100177



Tropical Sun  
Chilli & Lemon Seasoning  
12 x 100g - 238278



Tropical Sun  
Chilli Powder  
12 x 100g - 229018



Tropical Sun  
Chinese 5 Spice Seasoning  
12 x 100g - 230907



Tropical Sun  
Tagine Spice  
6 x 80g - 242093



Tropical Sun  
Chipotle Chilli Flakes  
6 x 50g - 241039



Tropical Sun  
Chow Mein Seasoning  
12 x 100g - 234944



Tropical Sun  
Cinnamon Sticks  
12 x 30g - 226445



Tropical Sun  
Cinnamon Sugar  
6 x 100g - 232210



Tropical Sun  
Citric Acid  
12 x 150g - 235453



Tropical Sun  
Coarse Black Pepper  
12 x 80g - 235692



Tropical Sun  
Cock Flavour Seasoning  
12 x 100g - 224918



Tropical Sun  
Cow Foot Seasoning  
12 x 100g - 235454



Tropical Sun  
Creole Seasoning  
12 x 100g - 232931



Tropical Sun  
Crushed Red Chillies  
12 x 50g - 226446



Tropical Sun  
Curry Goat Seasoning  
12 x 100g - 224922



Tropical Sun  
Cut Lemon Grass  
12 x 20g - 237634



Tropical Sun  
Dried Thyme  
12 x 40g - 100170



Tropical Sun  
Everyday Seasoning  
12 x 100g - 100175



Tropical Sun  
Fennel Seeds Whole  
6 x 100g - 240968

# Seasonings - Tropical Sun



Tropical Sun  
Fish Seasoning  
12 x 100g - 100178



Tropical Sun  
Five Peppercorn Mix  
12 x 90g - 235452



Tropical Sun  
Zaatar Seasoning  
6 x 60g - 241657



Tropical Sun  
Garlic Granules  
12 x 100g - 100131



Tropical Sun  
Garlic Powder  
12 x 100g - 226447



Tropical Sun  
Garlic Salt  
12 x 100g - 100125



Tropical Sun  
Ginger, Garlic & Pimento  
12 x 100g - 227180



Tropical Sun  
Green Cardamoms Whole  
6 x 50g - 232793



Tropical Sun  
Ground Black Pepper  
12 x 100g - 100180



Tropical Sun  
Ground Cinnamon  
12 x 80g - 230906



Tropical Sun  
Ground Cloves  
12 x 30g - 239734



Tropical Sun  
Ground Coriander  
12 x 70g - 235693



Tropical Sun  
Ground Cumin  
12 x 80g - 235695



Tropical Sun  
Ground Mixed Spice  
12 x 80g - 100186



Tropical Sun  
Ground Nutmeg  
12 x 100g - 100182



Tropical Sun  
Ground Pimento  
12 x 100g - 100184



Tropical Sun  
Ground Turmeric  
12 x 80g - 235697



Tropical Sun  
Ground White Pepper  
12 x 100g - 100181



Tropical Sun  
Harissa Spice  
12 x 100g - 230444



Tropical Sun  
Hot & Spicy Seasoning  
12 x 100g - 238279

# Seasonings – Tropical Sun



Tropical Sun  
Hot Curry Powder  
12 x 100g - 100173



Tropical Sun  
Mild Curry Powder  
12 x 100g - 100174



Tropical Sun  
Jamaican Curry Powder  
12 x 100g - 228430



Tropical Sun  
Jollof Seasoning  
12 x 100g - 231746



Tropical Sun  
Meat Seasoning  
12 x 100g - 100177



Tropical Sun  
Lamb Seasoning  
12 x 100g - 226009



Tropical Sun  
Lemon Peppa  
12 x 100g - 100611



Tropical Sun  
Jerk Seasoning  
12 x 100g - 100179



Tropical Sun  
Lemon Jerk Seasoning  
6 x 100g - 238065



Tropical Sun  
Citrus Ginger Jerk Seasoning  
12 x 100g - 250847



Tropical Sun  
Mint  
12 x 30g - 239741



Tropical Sun  
Mixed Herbs  
12 x 30g - 100171



Tropical Sun  
MSG  
12 x 100g - 226448



Tropical Sun  
Mustard Powder  
6 x 80g - 240966



Tropical Sun  
Mustard Seeds (Brown)  
12 x 100g - 239735



Tropical Sun  
Mutton Seasoning  
12 x 100g - 228084



Tropical Sun  
Onion Powder  
12 x 100g - 228947



Tropical Sun  
Onion Salt  
12 x 100g - 230445



Tropical Sun  
Oregano  
12 x 30g - 100134



Tropical Sun  
Oxtail Seasoning  
12 x 100g - 224921

# Seasonings - Tropical Sun



Tropical Sun  
Paprika  
12 x 100g - 235698



Tropical Sun  
Parsley  
12 x 15g - 239738



Tropical Sun  
Pepperpot Seasoning  
12 x 100g - 100188



Tropical Sun  
Peri Peri Seasoning  
12 x 100g - 104863



Tropical Sun  
Mild Madras Curry Powder  
12 x 100g - 229029



Tropical Sun  
Hot Madras Curry Powder  
12 x 100g - 229028



Tropical Sun  
Pilau Rice Seasoning  
12 x 100g - 239066



Tropical Sun  
Pizza Seasoning  
12 x 70g - 232932



Tropical Sun  
Pork Seasoning  
12 x 100g - 100127



Tropical Sun  
Rosemary  
12 x 60g - 239739



Tropical Sun  
Sage  
12 x 25g - 239742



Tropical Sun  
Salt & Vinegar Seasoning  
12 x 100g - 230443



Tropical Sun  
Seafood Seasoning  
12 x 100g - 237636



Tropical Sun  
Season It  
12 x 100g - 228216



Tropical Sun  
Seasoning Salt  
12 x 100g - 100187



Tropical Sun  
Sesame Seeds  
12 x 100g - 239737



Tropical Sun  
Smoked Paprika  
12 x 100g - 104599



Tropical Sun  
Sriracha Seasoning  
12 x 100g - 239065



Tropical Sun  
Sumac Ground  
6 x 100g - 240981



Tropical Sun  
Tikka Masala  
12 x 90g - 239062

# Seasonings - Tropical Sun



Tropical Sun  
Tropical Seasoning  
12 x 100g - 100627



Tropical Sun  
Vanilla Pod  
6 x 3g - 237902



Tropical Sun  
Vegetable Seasoning  
12 x 100g - 100172



Tropical Sun  
Whole Black Pepper  
12 x 90g - 235691



Tropical Sun  
Whole Coriander  
12 x 50g - 235694



Tropical Sun  
Whole Cumin  
12 x 80g - 235696



Tropical Sun  
Whole Fenugreek  
12 x 100g - 239655



Tropical Sun  
Whole Nutmeg  
12 x 100g - 100183



Tropical Sun  
Whole Pimento  
12 x 70g - 100185



Tropical Sun  
Whole Star Anise  
12 x 30g - 237633



Tropical Sun  
Five Peppercorn Mix  
6 x 60g - 241630



Tropical Sun  
Ginger, Garlic & Pimento  
12 x 100g - 227180



Tropical Sun  
Ginger, Cinnamon & Cardamom Mix  
6 x 90g - 242091



Tropical Sun  
Onion & Garlic Mix  
6 x 100g - 242104



Tropical Sun  
Lebanese 7 Spice  
6 x 100g - 242096



Tropical Sun  
Ground Ginger  
6 x 100g - 242092



Tropical Sun  
Fried Rice Seasoning  
12 x 90g - 244476



Tropical Sun  
Spicy Chip Seasoning  
3 x 800g - 250536



Tropical Sun  
Oxtail Seasoning  
3 x 800g - 233400



Tropical Sun  
Peri Peri Seasoning  
3 x 700g - 103009

# Seasonings - Tropical Sun



Tropical Sun  
All Purpose Seasoning  
3 x 700g - 100166



Tropical Sun  
BBQ Seasoning  
3 x 600g - 100630



Tropical Sun  
Bicarbonate of Soda  
3 x 1kg - 235077



Tropical Sun  
Caribbean Curry - Hot  
3 x 500g - 100163



Tropical Sun  
Caribbean Curry - Mild  
3 x 500g - 100164



Tropical Sun  
Chicken Seasoning  
3 x 600g - 100167



Tropical Sun  
Complete Seasoning  
3 x 400g - 241533



Tropical Sun  
Onion Powder  
3 x 550g - 242103



Tropical Sun  
Onion Granules  
3 x 600g - 246084



Tropical Sun  
Curry Goat Seasoning  
3 x 500g - 233401



Tropical Sun  
Everyday Seasoning  
3 x 700g - 100165



Tropical Sun  
Fish Seasoning  
3 x 700g - 100168



Tropical Sun  
Garlic Granules  
3 x 650g - 100140



Tropical Sun  
Garlic Powder  
3 x 550g - 100631



Tropical Sun  
Ground Mixed Spice  
3 x 500g - 224890



Tropical Sun  
Jerk Seasoning  
3 x 650g - 100169



Tropical Sun  
Jamaican Curry Powder  
3 x 500g - 228426



Tropical Sun  
Lamb Seasoning  
3 x 500g - 226010



Tropical Sun  
Oxtail Seasoning  
3 x 800g - 233400



Tropical Sun  
Meat Seasoning  
3 x 650g - 227324

# Seasonings



Tropical Sun  
Rubbed Parsley  
3 x 200g - 243017



Tropical Sun  
Oregano  
3 x 150g - 245863



Tropical Sun  
Dried Thyme  
3 x 250g - 100161



Tropical Sun  
Mixed Herbs  
3 x 165g - 100162



Tropical Sun  
Bay Leaves  
3 x 70g - 249919



Tropical Sun  
Bay Leaves  
4 x 500g - 248020



Dunn's River  
All Purpose Seasoning  
12 x 100g - 222349 / 3 x 700g - 222226



Dunn's River  
Chicken Seasoning  
12 x 100g - 222169 / 3 x 600g - 222052



Dunn's River  
Everyday Seasoning  
12 x 100g - 222233 / 3 x 700g - 222227



Dunn's River  
Fish Seasoning  
12 x 100g - 222362 / 3 x 700g - 222363



Dunn's River  
Hot Curry Powder  
12 x 100g - 222124 / 3 x 500g - 222264



Dunn's River  
Mild Curry Powder  
12 x 100g - 222125 / 3 x 500g - 222239



Africa's Finest  
Curry Powder  
12 x 30g - 242904



Africa's Finest  
Dried Thyme  
12 x 15g - 242903



Africa's Finest  
Jollof Seasoning  
12 x 100g - 102961



Africa's Finest  
Jollof Seasoning  
3 x 600g - 100633



Africa's Finest  
Efo Seasoning  
12 x 100g - 102963



Africa's Finest  
Obe Ata Seasoning  
12 x 100g - 102962



Africa's Finest  
Lagos Chilli Pepper  
12 x 100g - 104100



Africa's Finest  
Suya Pepper Mix  
12 x 100g - 225192

# Seasonings – Pegasus



Pegasus  
Ground Cinnamon  
12 x 25g - 100991



Pegasus  
Curry Powder  
12 x 25g - 100997



Pegasus  
Ground Black Pepper  
12 x 25g - 100988



Pegasus  
Whole Black Pepper  
12 x 25g - 100989



Pegasus  
Ground White Pepper  
12 x 25g - 100990



Pegasus  
Ground Garlic  
12 x 45g - 101013



Pegasus  
Ground Ginger  
12 x 25g - 100993



Pegasus  
Ground Nutmeg  
12 x 25g - 100995



Pegasus  
Ground Turmeric  
12 x 25g - 100996



Pegasus  
Whole Cloves  
12 x 20g - 100992



Pegasus  
Ground Mixed Spice  
12 x 25g - 100994



Pegasus  
Basil  
12 x 20g - 100999



Pegasus  
Mint  
12 x 15g - 100998



Pegasus  
Mixed Herbs  
12 x 15g - 102138



Pegasus  
Oregano  
12 x 15g - 102139



Pegasus  
Parsley  
12 x 15g - 101002



Pegasus  
Sage  
12 x 15g - 102158



Pegasus  
Thyme  
12 x 25g - 101006



Pegasus  
Baking Powder  
12 x 100g - 101007



Pegasus  
Bicarbonate of Soda  
12 x 100g - 101009



Aani  
Bay Leaves  
15 x 30g - 239361



Aani  
Black Pepper Coarse  
20 x 100g - 246400 / 20 x 300g - 245667



Aani  
Black Pepper Powder  
20 x 100g - 246401 / 20 x 300g - 245666



Aani  
Black Pepper Whole  
20 x 100g 246399 / 20 x 200g - 245655



Aani  
Chilli Powder  
20 x 100g - 246402 / 10 x 400g - 245668



Aani  
Chilli Powder  
3 x 5kg - 245973



Aani  
Chilli Powder Extra Hot  
20 x 100g 246403 / 10 x 400g - 245875



Aani  
Chilies Crushed  
15 x 100g - 246408 / 10 x 250g - 245665



Aani  
Chilies Crushed  
3 x 3kg - 245974



Aani  
Chilies Whole (Stemless)  
10 x 150g - 245657



Aani  
Ceylon Cinnamon Sticks  
12 x 50g PM - 239156



Aani  
Cloves Whole  
20 x 50g - 246405 / 20 x 200g - 245658



Aani  
Cumin Powder (Jeera)  
20 x 100g - 246409 / 10 x 400g - 245670



Aani  
Cumin Whole (Jeera)  
15 x 100g - 246410 / 10 x 400g - 245659



Aani  
Organic Curry Leaves  
10 x 30g - 232610



Aani  
Garlic Powder  
20 x 100g - 246412 / 10 x 400g - 245671



Aani  
Ginger Powder  
20 x 100g - 246413



Aani  
Poha Medium Rice Flakes  
15 x 300g - 245662



Aani  
Poha Thick Rice Flakes  
15 x 300g - 245663

# Seasonings - Aani



Aani  
Sago Seeds Medium (Tapioca)  
10 x 300g - 245884



Aani  
Sago Seeds Small (Tapioca)  
10 x 300g - 245971



Aani  
Tamarind Slab (with seeds)  
10 x 200g - 246040 / 50 x 200g - 245664



Aani  
Turmeric Powder (Haldi)  
20 x 100g - 246416 / 10 x 400g - 245672



Aani  
Turmeric Powder (Haldi)  
3 x 5kg - 245972



Aani  
Ajwain Seeds  
15 x 100g - 246394



Aani  
Amchur Powder  
20 x 100g - 246396



Aani  
Anardana Powder  
20 x 100g - 246395



Aani  
Garam Masala  
20 x 100g - 246411



Aani  
Tandoori Masala  
20 x 100g - 246412



Aani  
Black Mustard Seeds Small  
20 x 100g - 246398



Aani  
Cinnamon Powder (Cassia)  
20 x 100g - 246404



Aani  
Coriander Powder (Dhania)  
20 x 100g - 246406 / 10 x 400g - 245669



Aani  
Coriander Whole (Dhania)  
10 x 100g - 246407



Greenfields  
Basil  
8 x 50g - 239763



Greenfields  
Cayenne Pepper  
12 x 75g - 103540



Greenfields  
Chia Seeds  
12 x 100g - 234914



Greenfields  
Cinnamon Sticks  
12 x 5's - 103505



Greenfields  
Coriander Leaves  
8 x 35g - 239764



Greenfields  
Curry Leaves  
6 x 12g - 234656

# Seasonings - Greenfields



Greenfields  
Hibiscus Flower  
6 x 65g - 239767



Greenfields  
Kaffir Lime Leaves  
6 x 20g - 225279



Greenfields  
Hot Chilli Flakes  
12 x 75g - 239827



Greenfields  
Lemon Grass  
8 x 50g - 239918



Greenfields  
Mint  
8 x 50g - 239768



Greenfields  
Oregano  
8 x 50g - 239769



Greenfields  
Mixed Herbs  
8 x 50g - 239919



Greenfields  
Onion Powder  
12 x 75g - 239826



Greenfields  
Parsley  
8 x 40g - 239770



Greenfields  
Bay Leaves  
6 x 25g - 238684



Greenfields  
Rosemary  
8 x 75g - 239824



Greenfields  
Sage Leaves  
8 x 50g - 239772



Greenfields  
Smoked Paprika  
12 x 75g - 234657



Greenfields  
Thyme  
8 x 75g - 239804



Aani  
Curry Powder Hot  
12 x 100g - 238039 / 6 x 425g - 238041



Aani  
Curry Powder Mild  
12 x 100g - 238035



Bolst's  
Curry Powder Hot  
12 x 100g - 112046 / 6 x 425g - 112045



Bolst's  
Curry Powder Mild  
12 x 100g - 112047 / 6 x 425g - 112045



Bolst's  
Curry Powder Hot  
6 x 400g - 112043



Bolst's  
Curry Powder Mild  
6 x 400g - 112042

# Seasonings - Rajah



Rajah  
All Purpose Seasoning 10 x 100g - 231712  
10 x 400g - 112088 / 6 x 1kg - 112100



Rajah  
BBQ Seasoning  
10 x 100g - 231714



Rajah  
Chicken Seasoning 10 x 100g - 231713  
10 x 400g - 112087 / 6 x 1kg - 112102



Rajah  
Fish Seasoning  
10 x 100g - 231692 / 10 x 400g - 112305



Rajah  
Beef Steak Seasoning  
10 x 100g - 231691



Rajah  
Chilli & Lemon Seasoning  
10 x 100g - 231716



Rajah  
Hot & Spicy Seasoning  
10 x 100g - 231694



Rajah  
Jerk Seasoning  
10 x 100g - 231715



Rajah  
Lamb Seasoning  
10 x 100g - 231718



Rajah  
Garlic & Coriander Seasoning  
10 x 100g - 231717



Rajah  
Coarse Black Pepper  
10 x 100g - 231693 / 9 x 400g - 231696



Rajah  
Ground Black Pepper  
10 x 100g - 231728 / 9 x 400g - 112114



Rajah  
Whole Black Pepper  
10 x 100g - 231724 / 9 x 400g - 112149



Rajah  
Ground White Pepper  
10 x 100g - 231729



Rajah  
Caribbean Hot Curry Powder  
10 x 100g - 231706



Rajah  
Caribbean Mild Curry Powder  
10 x 100g - 231695





Rajah Hot Madras  
Curry Powder 10x100g - 231707  
10 x 400g - 112111 / 6 x 1kg - 112383



Rajah Mild Madras  
Curry Powder 10 x 100g - 231708  
10 x 400g - 112160 / 6 x 1kg - 112384



Rajah  
Mixed Curry Powder  
10 x 400g - 112237 / 6 x 1kg - 121151

		<h2>FULL PRODUCT RANGE</h2>			
231712	All Purpose Seasoning	10 x 100g	231733	Fennel Seeds Whole (Saunf)	10 x 85g
112088	All Purpose Seasoning	10 x 400g	231692	Fish Seasoning	10 x 100g
112100	All Purpose Seasoning	6 x 1kg	112305	Fish Seasoning	10 x 400g
231720	Bay Leaves	10 x 10g	231698	Garam Masala	10 x 85g
231714	BBQ Seasoning	10 x 100g	112268	Garam Masala	10 x 400g
231691	Beef Steak Seasoning	10 x 10g	231717	Garlic & Coriander Seasoning	10 x 100g
104649	Black Mustard Seeds Whole	10 x 100g	231699	Garlic Powder	10 x 100g
242024	Black Mustard Seeds Whole	10 x 400g	112394	Garlic Powder	10 x 400g
231693	Black Pepper Coarse	10 x 100g	231700	Ginger Ground	10 x 85g
231696	Black Pepper Coarse	10 x 400g	120520	Ginger Ground	10 x 300g
231728	Black Pepper Ground	10 x 100g	231705	Haldi Ground (Turmeric)	10 x 100g
112114	Black Pepper Ground	10 x 400g	212068	Haldi Ground (Turmeric)	10 x 400g
231724	Black Pepper Whole	10 x 100g	112288	Haldi Ground (Turmeric)	6 x 1kg
231706	Caribbean Hot Curry Powder	10 x 100g	231694	Hot & Spicy Seasoning	10 x 100g
231695	Caribbean Mild Curry Powder	10 x 100g	231704	Jeera Ground (Cumin)	10 x 100g
112160	Caribbean Mild Curry Powder	10 x 400g	112102	Jeera Ground (Cumin)	10 x 400g
231721	Cassia Bark	10 x 100g	112182	Jeera Ground (Cumin)	6 x 1kg
231713	Chicken Seasoning	10 X 100g	231723	Jeera Whole (Cumin)	10 x 100g
112087	Chicken Seasoning	10 x 400g	231719	Jeera Whole (Cumin)	10 x 400g
112012	Chicken Seasoning	6 x 1kg	231715	Jerk Seasoning	10 x 100g
231716	Chilli & Lemon Seasoning	10 x 100g	231718	Lamb Seasoning	10 x 100g
231710	Chilli Powder Extra Hot	10 x 100g	231707	Madras Curry Powder Hot	10 x 100g
112607	Chilli Powder Extra Hot	10 x 400g	112111	Madras Curry Powder Hot	10 x 400g
112191	Chilli Powder Extra Hot	6 x 1kg	231708	Madras Curry Powder Mild	10 x 100g
231697	Chilli Powder	10 x 400g	112384	Madras Curry Powder Mild	6 x 1kg
112150	Chilli Powder	6 x 1kg	231730	Meat Tenderiser	10 x 100g
112168	Chilli Powder	10 x 100g	231732	Methi Whole (Fenugreek Seeds)	10 x 100g
231727	Cinnamon Powder	10 x 400g	112037	Mixed Curry Powder Extra Hot	10 x 400g
231725	Cloves Whole	6 x 1kg	125561	Mixed Curry Powder Extra Hot	6 x 1kg
112076	Crushed Red Chilli	10 x 200g	112237	Mixed Curry Powder Mild	10 x 400g
112111	Curry Powder Hot	10 x 400g	121151	Mixed Curry Powder Mild	6 x 1kg
112383	Curry Powder Hot	6 x 1kg	231709	Paprika Powder	10 x 100g
112160	Curry Powder Mild	10 x 400g	112109	Paprika Powder	10 x 400g
112384	Curry Powder Mild	6 x 1kg	112286	Paprika Powder	6 x 1kg
231711	Dhania Ground (Coriander)	10 x 100g	231726	Red Chilli Whole	10 x 40g
112193	Dhania Ground (Coriander)	10 x 400g	231690	Tandoori Masala	10 x 100g
112389	Dhania Ground (Coriander)	6 x 1kg	120650	Tandoori Masala	10 x 400g
231722	Dhania Whole (Coriander)	10 x 50g	231729	White Pepper Ground	10 x 100g

# Seasonings - Caribbean



Tropical Sun  
Jamaican Curry Powder  
20 x 100g - 228910 / 12 x 500g - 234420



Spanish Town  
Jamaican Curry Powder  
40 x 110g - 243447 / 20 x 450g - 243446



Betapac  
Curry Powder  
40 x 110g - 151240 / 20 x 450g - 151260



Golden Tropical  
Curry Powder  
20 x 110g - 239746 / 10 x 450g - 239747



Mr Brown's  
Fish & Meat Curry  
15 x 140g - 102872



Mr Brown's  
Curry Seasoning  
8 x 400g - 233678



Baron  
Curry Powder  
25 x 85g - 104946



Chief  
Curry Powder  
10 x 85g - 228103



Chief  
Curry Powder  
10 x 230g - 155925



Chief  
Duck & Goat Curry Powder  
10 x 85g - 101408



Chief  
Duck & Goat Curry Powder  
10 x 230g - 228063



Chief  
Roasted Geera  
10 x 230g 225213



Chief  
Amchar Masala  
10 x 230g - 228939



Chief  
Instant Pholourie Mix  
10 x 300g - 227553



Chief  
All Purpose Seasoning  
12 x 40g - 238231



Chief  
Chow Mein Seasoning  
12 x 40g - 229886



Chief  
Jerk Seasoning  
12 x 40g - 238237



Chief  
Fish Seasoning  
12 x 40g - 238235



Chief  
Fried Rice Seasoning  
12 x 40g - 238239



Kala Brand by Chief  
Curry Powder  
1.5kg - 120019

# Seasonings



Tropical Sun  
Flavour Enhancer (MSG)  
20 x 100g - 226732 / 10 x 500g - 227040



AJI-NO-MOTO  
Umami Seasoning (MSG)  
12 x 1kg - 232941



Lotus  
Flavour Enhancer (MSG)  
10 x 100g - 231734 / 10 x 500g - 312087



Lion  
Dried Thyme (Nigeria)  
12 x 10g - 119109 - 144 x 10g - 119113



Lion  
Curry Powder (Nigeria)  
12 x 25g - 119112 / 144 x 25g - 119135



Ducros  
Curry Powder  
12 x 25g - 229916 / 144 x 25g - 236256



Ducros  
Dried Thyme  
12 x 25g - 103109 / 144 x 25g - 236257



Tropical Sun  
Linseed  
20 x 100g - 100071



Tropical Sun  
Pimento Seeds  
20 x 100g - 123715



Tropical Sun  
Whole Nutmeg  
10 x 80g - 127191



Tropical Sun  
Mango Leaves  
10 x 20g - 249741



Tropical Sun  
Guava Leaves  
10 x 20g - 249742



Tropical Sun  
Cassava Leaves  
10 x 20g - 249743



Tropical Sun  
Moringa Leaves  
10 x 20g - 238089



Tropical Sun  
Moringa Powder  
10 x 50g - 242297



Tropical Sun  
Moring Seeds  
10 x 50g - 234474



Tropical Sun  
Soursop Leaves  
10 x 20g - 238090



Tropical Sun  
Soursop Powder  
10 x 50g - 242298



Tropical Sun  
Cerasse Leaves  
10 x 20g - 234477



Tropical Sun  
Cinnamon Leaves  
10 x 20g - 242181

# Coatings



Tropical Sun  
Coat & Bake Chicken Mix  
6 x 300g - 229722



Tropical Sun  
Hot & Spicy Chicken Fry Mix  
6 x 300g - 229723



Tropical Sun  
Hot & Fiery Jerk Fry Mix  
6 x 300g - 229724



Tropical Sun  
Lemon & Pepper Chicken Mix  
6 x 300g - 229725



Tropical Sun  
Original Chicken Fry Mix  
6 x 300g - 229726



Tropical Sun  
Peri Peri Chicken Mix  
6 x 300g - 229727



Tex's  
Aunty Nell's Fish Seasoning  
12 x 300g - 222280



Tex's  
BBQ Seasoning  
12 x 300g - 222237



Tex's  
Coat & Bake Chicken Mix  
12 x 300g - 222236



Tex's  
Exotic Curry Seasoning  
12 x 300g - 222234



Tex's  
Family Chicken Seasoning  
12 x 300g - 222235



Tex's  
Hot & Spicy Chicken Coating  
12 x 300g - 100432



Tex's  
Hot & Spicy Chicken Coating  
6 x 700g - 100433



Tex's  
Jamaican Curry Powder  
12 x 250g - 222182



Tex's  
Jerk Seasoning  
12 x 300g - 100099



Tex's  
Kentucky Fried Chicken Coating  
12 x 300g - 222147



Tex's  
Kentucky Fried Chicken Coating  
6 x 700g - 222143



Tex's  
Tropical Seasoning  
12 x 300g - 222240

# African - Pouno Iyan



Tropical Sun  
Pouno Iyan  
20 x 500g - 140064



Tropical Sun  
Pouno Iyan  
6 x 1.5kg - 140063 / PM - 249490



Tropical Sun  
Pouno Iyan  
3 x 5kg - 241613



Africa's Finest  
Pouno Iyan  
6 x 680g - 231010



Africa's Finest  
Pouno Iyan  
3 x 4kg - 242189



Africa's Finest  
Pouno Iyan  
1 x 4kg - 238870



Africa's Finest  
Pouno Iyan  
1 x 9kg - 155200



Lagos  
Pounded Yam  
4 x 2kg - 131055



Lagos  
Pounded Yam  
4kg - 243713



Eniola's  
Pouno Iyan  
10 x 1.5kg - 310040 / 4 x 4kg - 310007



Olu Olu  
Pouno Iyan  
10 x 1.2kg - 104700



Olu Olu  
Pouno Iyan  
4kg - 104701 / 8kg - 104702



MP  
Pouno Iyan  
6 x 1.5kg - 155002 / 3 x 4kg - 155017



Ayoola  
Pouno Yam  
10 x 1.8kg - 246874 / 4 x 4.5kg - 246966



Grandios  
Pap White  
20 x 500g - 248313



GraceCo Foods  
Yellow Ogi (Maize)  
12 x 500g - 100471



GraceCo Foods  
White Ogi (Maize)  
12 x 500g - 100472



Honeywell  
Semolina  
5 x 2kg - 104688 / 5kg - 104622



Honeywell  
Whole Wheat Meal  
5 x 2kg - 103419 / 4.75kg - 225374



Golden Penny  
Amazing Day Breakfast Cereal  
6 x 600g - 235964

# African - Fufu



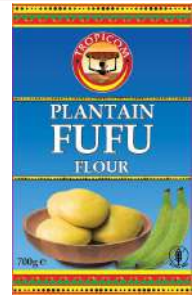
Tropical Sun  
Plantain Fufu  
6 x 680g - 250196



Africa's Finest  
Plantain Fufu  
6 x 680g - 239761



Africa's Finest  
Plantain Fufu  
4kg - 242912 / 3 x 4kg - 243697



Tropicom  
Plantain Fufu  
6 x 700g - 244138 / 24 x 700g - PM 246859



Ghana Best  
Plantain Fufu  
6 x 680g - 244046



Mama's Choice  
Plantain Fufu  
6 x 624g - 104425 / 24 x 624g - 102429



Mama's Choice  
Plantain Fufu  
10 x 1.5kg - 234980 / 4 x 4.08kg - 104800



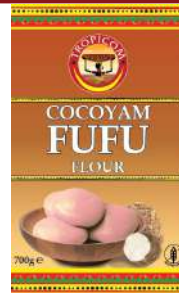
Tropiway  
Plantain Fufu  
6 x 681g - 115131 / 24 x 681g - 115130



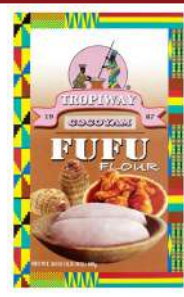
Tropiway  
Plantain Fufu  
4 x 4.53kg - 236924



Africa's Finest  
Cocoyam Fufu  
6 x 680g - 239789



Tropicom  
Cocoyam Fufu  
6 x 700g - 244139 / 24 x 700g - PM 246860



Tropiway  
Cocoyam Fufu  
6 x 681g - 115144 / 24 x 681g - 115143



Mama's Choice  
Cocoyam Fufu  
6 x 624g - 236941 / 24 x 624g - 102430



Sankofa  
Fufu  
4 x 2kg - 131053



LDVINE  
Oat Fufu  
10 x 1.5kg - 102256



AFP  
Fufu Potato Flakes  
1 x 5kg - 225248 / 1 x 10kg - 232835



Africa's Finest  
Fufu Flakes 4 x 1.5kg - 251075  
5kg - 247584 / 10kg - 244245



Africa's Finest  
Oat Fufu  
8 x 1.5kg - 248426



Golden Penny  
Semovita  
10 x 1kg - 101368 / 5 x 2kg - 101369



Golden Penny  
Semovita  
5kg - 101656 / 10kg - 243135

# African – Flours / Gari



Tropical Sun  
Gari White  
1 x 5kg - 103306 / 3 x 5kg - 240680



Tropical Sun  
Ijebu Gari  
3 x 5kg - 242072



Tropical Sun  
Yellow Gari  
3 x 5kg - 242073



Tropical Sun  
Farina  
3 x 5kg - 242074



Tropical Sun  
Mashed Potato  
1 x 5kg - 229888 / 3 x 5kg - 242070



Tropical Sun  
Semolina Coarse  
1 x 5kg - 226546 / 3 x 5kg - 240679



Africa's Finest  
Farina  
1 x 4kg - 238871 / PM - 238871



Africa's Finest  
Mash Potato  
1 x 4kg - 238867



Africa's Finest  
Semolina Coarse  
1 x 4kg - 238868



Africa's Finest  
Gari  
4kg - 238869 / PM - 249382



Africa's Finest  
Gari  
6 x 2kg - 237374



Africa's Finest  
Gari  
6 x 1.5kg - 242628



Africa's Finest  
Ghana Gari (White)  
5kg - 249474 / 10kg - 233529



Africa's Finest  
Ijebu Gari  
5kg - 233530 / 10kg - 233529



Africa's Finest  
Yellow Gari  
5kg - 245441 / 10kg - 246193



Africa's Finest  
Super Sembe (Maize/Ugali)  
4 x 4kg - 245445 / 4kg - PM 249922



Africa's Finest  
Cassava Flour  
6 x 1kg - 242627



Iwisa  
Maize Meal  
10 x 1kg - 101411



Iwisa  
Maize Meal  
10 x 2kg - 118716



Iwisa  
Maize Meal  
4 x 5kg - 226966

# African - Speciality



Iwisa  
Maize Meal  
1 x 10kg - 101410



Iwisa  
Samp  
10 x 1kg - 101619



Iwisa  
Porridge Original  
10 x 1kg - 233708



Iwisa  
Porridge Vanilla  
10 x 1kg - 233709



Oxford  
Cabin Biscuits  
12 x 400g - 100798



Africa's Finest  
Honey Beans (Oloyin)  
5kg - 248923



Africa's Finest  
Blackeye Beans  
1 x 4kg - 244071



Africa's Finest  
Brown Beans  
1 x 4kg - 240256



Africa's Finest  
Honey Beans Oloyin  
1 x 4kg - 240257



Africa's Finest  
Peeled Beans  
1 x 4kg - 244072



Nestlé  
Golden Morn  
12 x 300g - 246143 / 6 x 900g - 246100



Ghana Best  
Kokonte (Cassava) Flour  
12 x 1kg - 249811



Ghana Best  
Banku Mix  
12 x 500g - 242043



Ghana Best  
Hausa Koko  
12 x 500g - 242042



Ghana Best  
Tom Brown  
12 x 500g - 242033



Ghana Best  
Banku Mix  
2 x 700g - 241814



Ghana Best  
Hausa Koko  
12 x 700g - 241813



Ghana Best  
Tom Brown  
12 x 700g - 241815



Africa's Finest  
Pure Zobo/Sobolo  
10 x 100g - 239438 / 50 x 100g - 239437



Tom Tom  
Strong Menthol  
24 x 168g - 155034

# African – Custard / Shito



Checkers  
Custard Powder Vanilla  
12 x 400g - 243814 / 4 x 1kg - 247010



Checkers  
Custard Powder Vanilla  
3 x 2kg - 246101



Checkers  
Custard Powder Banana  
12 x 400g - 243813 / 4 x 1kg - 247048



Checkers  
Custard Powder Banana  
3 x 2kg - 246102



Checkers  
Custard Powder Milk 3-in-1  
6 x 400g - 247046 / 3 x 1kg - 247047



Checkers  
Custard Powder Milk 3-in-1  
3 x 1.5kg - 246618



Checkers  
Pap  
6 x 400g - 249555



Checkers  
Cornflour  
12 x 400g - 244973



Lady B  
Custard Powder  
24 x 500g - 103448



Lady B  
Custard Powder  
4 x 2kg - 224557



Tropical Sun  
Custard Powder Milk 3-in-1  
6 x 500g - 249319



Tropical Sun  
Custard Powder Milk 3-in-1  
6 x 1kg - 230583

Shito



Africa's Finest  
Shito Hot  
12 x 160g - 104923 / 6 x 330g - 229537



Africa's Finest  
Shito Mild  
12 x 160g - 229448 / 6 x 330g - 229538



Ghana Best  
Shito Extra Hot  
12 x 160g - 250205



Ghana Best  
Shito Hot  
12 x 160g - 100965 / 6 x 250g - 238357



Ghana Best  
Shito Mild  
12 x 160g - 100966 / 6 x 250g - 238356



Tropical Sun  
Jollof Cooking Sauce  
8 x 210g - 246035



Africa's Finest  
Jollof of Cooking Sauce  
6 x 350g - 228809

# African - Ingredients



Africa's Finest  
Achi  
10 x 80g - 227830



Africa's Finest  
Bitter Leaf  
10 x 25g - 227856



Africa's Finest  
Bonga Fillet  
10 x 100g - 227816



Africa's Finest  
Crayfish Ground  
10 x 40g - 227859 / 10 x 70g - 227858



Africa's Finest  
Crayfish Ground  
10 x 150g - 247189 / 5 x 300g - 247190



Africa's Finest  
Crayfish Whole  
10 x 40g - 227809 / 10 x 70g - 227801



Africa's Finest  
Crayfish Whole  
10 x 150g - 227814 / 5 x 300g - 247191



Africa's Finest  
Dried Catfish Fillet  
10 x 100g - 227799 / 10 x 200g - 227815



Africa's Finest  
Dried Catfish Fillet  
5 x 400g - 235546



Africa's Finest  
Dried Efrin (Scent Leaf)  
10 x 25g - 246591



Africa's Finest  
Dried Shrimp  
10 x 80g - 103886



Africa's Finest  
Dried Tilapia Fillet  
10 x 100g - 227808



Africa's Finest  
Ehuru Ground  
10 x 50g - 242649



Africa's Finest  
Ehuru Seeds  
10 x 50g - 242238



Africa's Finest  
Egusi Ground  
10 x 100g - 227807 / 10 x 400g - 227812



Africa's Finest  
Egusi Whole  
10 x 100g - 227803 / 10 x 200g - 227806



Africa's Finest  
Egusi Ground  
6 x 1kg - 250527



Africa's Finest  
Egusi Whole  
6 x 1kg - 250526



Africa's Finest  
Herring Fillet  
10 x 100g - 227817



Africa's Finest  
Hot Pepper Ground  
10 x 70g - 227802

# African - Ingredients



Africa's Finest  
Hot Pepper Whole  
10 x 70g - 227797



Africa's Finest  
Ground Smoke fish  
10 x 120g - 227828



Africa's Finest  
Abacha (Cassava Flakes)  
10 x 70g - 251259



Africa's Finest  
Ogbono Ground  
10 x 70g - 227865



Africa's Finest  
Ogbono Whole  
10 x 70g - 227805



Africa's Finest  
Pepper Soup Mix  
10 x 70g - 227834



Africa's Finest  
Prawns Ground  
10 x 40g - 235270 / 10 x 70g - 237113



Africa's Finest  
Prawns Whole Smoked  
10 x 40g - 227818 / 10 x 70g - 227819



Africa's Finest  
Smoked Barracuda Fillet  
10 x 100g - 103451



Africa's Finest  
Smoked Catfish Strips  
10 x 100g - 246588 / 10 x 200g - 246589



Africa's Finest  
Smoked Catfish Strips  
5 x 400g - 246590



Africa's Finest  
Stockfish Ground  
10 x 100g - 227825



Africa's Finest  
Stockfish Cod  
10x 100g - 227824 / 10 x 250g - 227823



Africa's Finest  
Stockfish Fillet  
10 x 100g - 227826 / 10 x 200g - 246592



Africa's Finest  
Stockfish Tusk  
10 x 100g - 227800 / 10 x 250g - 227860



Africa's Finest  
Stockfish Tusk  
10 x 500g - 227861



Africa's Finest  
Suya Mixed Powder  
10 x 70g - 227829



Africa's Finest  
Ugu Leaves  
10 x 25g - 227831



Africa's Finest  
Uziza Leaves  
10 x 25g - 228930



African Sun  
Bitter Leaves  
10 x 25g - 104206

# African - Ingredients



African Sun  
Bonga Fillet (Shawa)  
10 x 100g - 225130



African Sun  
Crayfish Ground  
10 x 40g - 104184



African Sun  
Crayfish Whole  
10 x 40g - 380037



African Sun  
Crushed Chillies  
10 x 100g - 229820



African Sun  
Dried Anchovies  
10 x 80g - 104183



African Sun  
Dried Catfish Fillet  
10 x 100g - 103266



African Sun  
Dried Efrin (Scent Leaf)  
10 x 25g - 226760



African Sun  
Egusi Ground  
10 x 100g - 226762



African Sun  
Egusi Whole  
10 x 100g - 102480



African Sun  
Ground Peanut  
10 x 200g - 229822



African Sun  
Hot Pepper Ground  
10 x 80g - 177008



African Sun  
Hot Pepper Whole  
10 x 70g - 380065



African Sun  
Fish Powder  
10 x 100g - 229821



African Sun  
Nigerian Ginger Powder  
10 x 100g - 229818



African Sun  
Ogbono Ground  
10 x 70g - 380073



African Sun  
Ogbono Whole  
10 x 70g - 380072



African Sun  
Prawns Ground  
10 x 40g - 380023



African Sun  
Prawns Whole  
10 x 40g - 380068



African Sun  
Stockfish Head  
10 x 400g - 229826



African Sun  
Stockfish Cod  
10 x 100g - 226759

# African - Palm Nut Soup



African Sun  
Stockfish Fillet  
10 x 250g - 229825



African Sun  
Stockfish Steak  
10 x 250g - 229827



African Sun  
Stockfish Trimmings  
10 x 100g - 227862 / 10 x 250g - 229824



African Sun  
Stockfish Tusk  
10 x 100g - 226758



African Sun  
Suya Mixed Powder  
10 x 70g - 101167



African Sun  
Ugu Leaves  
10 x 25g - 100639



African Sun  
Utazi Leaf  
10 x 25g - 100395



African Sun  
Uziza Leaf  
10 x 25g - 100396

**Palm Nut  
Soup**



Ghana Best  
Palm Nut Soup  
12 x 400g - 901705 / 24 x 400g - 103303



Ghana Best  
Palm Nut Soup  
6 x 800g - 404005 / 12 x 800g - 103313



Ghana Best  
Palm Nut Soup Onion & Ginger  
12 x 800g - 237372



Ghana Best  
Abekonto  
12 x 800g - 242610



Ghana Best  
Abemudro  
12 x 400g - 245977 / 12 x 800g - 103307



Ghana Best  
Garden Eggs (Aubergine)  
12 x 800g - 900045



Ghana Best  
Kontomire (Cocoyam/Taro Leaves)  
12 x 800g - 229864



Africa's Finest  
Banga Soup Base  
12 x 800g - 231292



Africa's Finest  
Palm Nut Soup  
12 x 800g - 150440



Africa's Finest  
Pea Aubergine  
12 x 800g - 237373

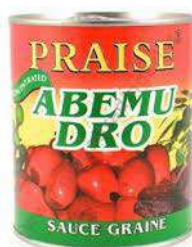
# African - Palm Nut Soup



Praise  
Palm Nut Cream  
12 x 400g - 231327



Praise  
Palm Nut Cream  
12 x 800g - 103391



Praise  
Abemudro  
12 x 800g - 122115



Nkulenu's  
Prekese & Abedru Palm Soup  
12 x 780g - 237310



Nkulenu's  
Palm Soup Base  
12 x 390g - 229937



Nkulenu's  
Palm Soup Base  
12 x 780g - 229936



Trofai  
Palm Nut Concentrate  
6 x 400g - 150434 / 24 x 400g - 150435



Trofai  
Palm Nut Concentrate  
6 x 800g - 150306 / 24 x 800g - 150305



Ghana Fresh  
Palm Nut Cream  
12 x 400g - 150436



Ghana Fresh  
Palm Nut Cream  
12 x 800g - 232366



Mama's Choice  
Palm Cream (Banga)  
12 x 800g - 249644



La Vivrière  
Araw  
20 x 350g - 225798



La Vivrière  
Thiacy  
20 x 400g - 225608



La Vivrière  
Thiére Lalo  
20 x 400g - 228985



Ferrero  
Couscous Medium  
12 x 500g - 200029



Ferrero  
Cous Cous  
10 x 1kg - 118211



Africa's Finest  
Puff Puff Mix  
6 x 750g - 249652



Fay Foods  
Buns Mix  
12 x 600g - 239448



Fay Foods  
Moin Moin Mix  
6 x 325g - 244813



Fay Foods  
Puff Puff Mix  
12 x 650g - 239446

# Snacks - Chips



Tropical Sun  
Green Plantain Chips Salted  
6 x 450g - 245571 / PM 246331



Tropical Sun  
Plantain Chips Sweet  
6 x 450g - 245570 / PM 246330



Tropical Sun  
Green Plantain Chips Chilli Lemon  
6 x 450g - 245573 / PM 246333



Tropical Sun  
Green Plantain Chips Sweet Chilli  
6 x 450g - 245574 / PM 246334



Tropical Sun  
Ripe Plantain Chips Chilli  
6 x 450g - 249054 / PM 246485



Tropical Sun  
Green Plantain Chips Salted  
12 x 70g - PM 239441



Tropical Sun  
Plantain Chips Sweet  
12 x 70g PM 239442



Tropical Sun  
Ripe Plantain Chips Chilli  
12 x 70g - PM 238043



Tropical Sun  
Green Plantain Strips Salted  
6 x 400g - 249488



Tropical Sun  
Ripe Plantain Strips Sweet  
6 x 400g - 249487



Village Pride  
Plantain Chips Salted  
24 x 75g - 225910



Village Pride  
Plantain Chips Sweet  
24 x 75g - 225909



Village Pride  
Plantain Chips Chilli  
24 x 75g - 225912



Village Pride  
Cassava Chips Salted  
6 x 350g - PM 248218



Tropical Sun  
Cassava Chips Salted  
12 x 80g - 231424



Tropical Sun  
Cassava Chips Unsalted  
12 x 80g - 233808



Tropical Sun  
Cassava Chips Chilli & Lime  
12 x 80g - 130010



Tropical Sun  
Cassava Chips Carolina Reaper  
12 x 80g - 246315



Tropical Sun  
Cassava Chips Sea Salt & Black Pepper  
12 x 80g - 249080



Aani  
Cassava Chips Lightly Salted  
12 x 250g - 248819

# Snacks - Caribbean



Aani  
Cassava Chips Unsalted  
12 x 250g - 248818



Aani  
Cassava Chips Chilli  
12 x 250g - 248817



Olu Olu  
Plantain Chips Green  
24 x 60g - 101189



Olu Olu  
Plantain Chips Sweet  
24 x 60g - 126009



Olu Olu  
Plantain Chips Chilli  
24 x 60g - 101195



Exotic  
Plantain Chips Natural  
24 x 75g - 246801



Exotic  
Plantain Chips Chilli  
24 x 75g - 246802



Exotic  
Plantain Chips Salted  
24 x 75g - 246803



St Mary's  
Banana Chips  
24 x 30g - 226353



St Mary's  
Banana Chips  
24 x 71g - 165001



St Mary's  
Banana Chips Family  
30 x 142g - 234448



Tropical Sun  
Cheezy Stix  
12 x 45g 250337



Sunshine Snacks  
Cheezies Original  
8 x 12 x 45g - 103913



Sunshine Snacks  
Cheezies Original  
8 x 225g - 103916



Sunshine Snacks  
Cheezies Jalapeno  
8 x 12 x 45g - 225638



Sunshine Snacks  
Cheese Puffs  
48 x 30g - 236406



Sunshine Snacks  
Cheese Puffs  
10 x 215g - 104065



Big Foot  
Original  
96 x 25g - 236538



Willards  
Thingz Corn Snack  
8 x 150g - 246522



Willards  
Jupiters Corn Snack  
8 x 150g - 250140

# Snacks - Caribbean



Excelsior  
Water Crackers (Red)  
6 x 300g - 226750



Excelsior  
Water Crackers (Blue)  
16 x 150g - 226749



Excelsior  
Water Crackers Cinnamon  
24 x 143g - 222090



Excelsior  
Cheese Krunchies  
24 x 36 x 50g - 222292



Butterkist  
Paco Butter  
36 x 50g - 227463



Butterkist  
Paco Festival  
36 x 50g - 506011



Butterkist  
Sandwich Strawberry  
36 x 55g - 506072



Butterkist  
Sandwich Vanilla  
36 x 55g - 50607



Wibisco  
Shirley Biscuits  
12 x 100g - 222089



Wibisco  
Shirley Biscuits Coconut  
12 x 100g - 165005



Ovaltine  
Biscuits (Jamaica)  
60 x 38g - 112402



Ovaltine  
Biscuits (Jamaica)  
8 x 150g - 235217 / 24 x 150g - 112405



SkyFlakes  
Snack Pack  
20 x 10 x 25g - 101226



SkyFlakes  
Crackers  
6 x 800g - 101230



Maliban  
Lemon Puff Biscuits  
15 x 200g - 230121



Maliban  
Gem Biscuits  
30 x 200g - 230120



Parle-G  
Family Pack  
14 x 799g - 247110



Parle-G  
Biscuits  
24 x 79.9g - 230411 / 144 x 79.9g - 230332



Parle-G  
Krackjack Biscuits  
12 x 60g - 230429 / 48 x 60g - 230334



Parle-G  
Monaco Biscuits  
25 x 63g - 230430 / 50 x 63g - 230333

# Snacks - Chin Chin



Africa's Finest  
Chin Chin  
12 x 80g - 230483



Africa's Finest  
Chin Chin  
12 x 250g - 235709 / 6 x 500g - 234454



Africa's Finest  
Chin Chin  
4 x 950g - 236956



Africa's Finest  
Chin Chin Coconut  
12 x 80g - 230727



Africa's Finest  
Chin Chin Coconut  
12 x 250g - 235710 / 6 x 500g - 234455



Africa's Finest  
Chin Chin Coconut  
4 x 950g - 236957



Africa's Finest  
Chin Chin Peanut  
12 x 250g - 235711



Africa's Finest  
Chin Chin Peanut  
6 x 500g - 234456



African Sun  
Chin Chin Original  
20 x 80g - 225582



African Sun  
Chin Chin Original  
12 x 250g - 247174 / 6 x 500g - 247175



African Sun  
Chin Chin Original  
4 x 950g - 247176



African Sun  
Chin Chin Coconut  
20 x 80g - 225524



African Sun  
Chin Chin Coconut  
12 x 250g - 247171 / 6 x 500g - 247172



African Sun  
Chin Chin Coconut  
4 x 950g - 247173



African Sun  
Chin Chin Peanut  
12 x 250g - 247177



African Sun  
Chin Chin Peanut  
6 x 500g - 247178



Tropicom  
Chin Chin  
6 x 450g - 238070 / 4 x 900g - 238068



Tabitha's  
Chin Chin  
18 x 140g - 103404



Tabitha's  
Chin Chin  
18 x 200g - 100680 / 6 x 800g - 102452



Tropical Sun  
Crunchy Coconut Peanuts  
6 x 330g - 103398 / 24 x 330g - 102753



Tropical Sun  
Crunchy Coconut Peanuts  
12 x 165g - 229939 / 24 x 165g - 226811



Tropical Sun  
Crunchy Coconut Peanuts  
3 x 12 x 50g - 236147



Tropical Sun  
Crunchy Coffee Peanuts  
6 x 330g - 235074 / 24 x 330g - 102154



Tropical Sun  
Crunchy BBQ Peanuts  
6 x 140g - 239381 / 12 x 140g - 238586



Tropical Sun  
Crunchy Sriracha Peanuts  
6 x 140g - 239382 / 12 x 140g - 238587



Tropical Sun  
Crunchy Wasabi Peanuts  
6 x 140g - 239380 / 12 x 140g - 238585



Tropical Sun  
Honey Roasted Cashews  
6 x 140g - 244968



Tropical Sun  
Buffalo Wing Seasoned Almonds  
12 x 140g - 244966 / 24 x 140g - 244965



Tropical Sun  
Crunchy Mixed Crackers  
6 x 150g - 244964 / 24 x 150g - 244963



Tropical Sun  
Crunchy Wasabi Green Peas  
6 x 220g - 246302 / 24 x 220g - 246301



Tropical Sun  
Almonds  
20 x 100g - 235045 / 6 x 750g - 246420



Africa's Finest  
Roasted Peanuts  
12 x 330g - PM 249024



Africa's Finest  
Roasted Peanuts  
12 x 475g PM 249023



Haffinique  
Peanuts (Nigeria)  
12 x 250g 103352



Haffinique  
Peanuts (Nigeria)  
12 x 320g - 239743 / 12 x 510g - 241327



Elex  
Peanuts (Nigeria)  
12 x 265g - 245171



Elex  
Peanuts (Nigeria)  
12 x 400g - 245227 / 12 x 510g - 245170



Japri Foods  
Kulli Kulli  
12 x 200g - 237956

# Caribbean - Buns / Cheese / Rum Cakes / Spreads



Honeybun  
Jamaican Spiced Bun  
5 x 795g - 229252 / 1 x 795g - 227066



Honeybun  
Jamaican Penny Fruit Bun  
16 x 128g - 229253



Honeybun  
Christmas Cake (Seasonal)  
435g - 230691 / 906g - 155003



Tropical Sun  
Processed Cheese  
12 x 300g - 228110



Tropical Sun  
Processed Cheese  
12 x 170g - 150080 / 48 x 170g - 150095



Tropical Sun  
Processed Cheese (Jumbo)  
6 x 340g - 229913 / 24 x 340g - 229762



Tastee  
Processed Cheese  
12 x 300g - 249481 / 24 x 300g - 249480



Tortuga  
Rum Cake Original  
1 x 454g - 236449 / 20 x 454g - 236312



Tortuga  
Mini Rum Cake Assorted 3-pack  
3 x 112g - 239305



Tortuga  
Rum Cake Banana  
1 x 454g - 238047 / 20 x 454g - 237998



Tortuga  
Rum Cake Chocolate  
1 x 454g - 238048 / 20 x 454g - 237999



Golden Ray  
Margarine  
12 x 227g - 246594 / 36 x 227g - 232226



Chiffon  
Soft Margarine (Jamaica)  
12 x 227g - 104534



Gold Seal  
Margarine (Jamaica)  
12 x 227g - 155045 / 36 x 227g - 162042

**Honey Bun** JAMAICAN SPICED **Bun**

"Honey Bun Spiced Bun:  
The right kinda bun  
from yard!"  
- Oliver Samuels

Now available at **wanis**  
INTERNATIONAL FOODS

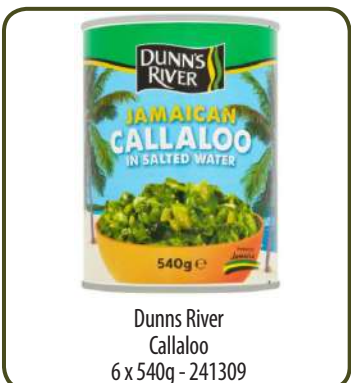
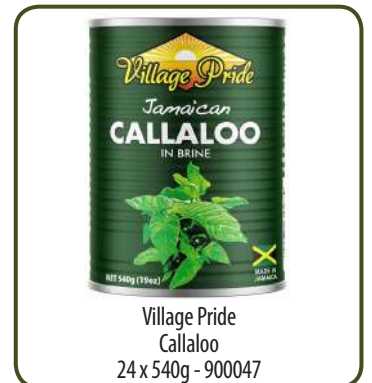


# JAMAICAN CLASSICS

Hand picked and preserved with just a dash of salt for maximum freshness and flavour.



# Ackee & Callaloo - Made in Jamaica





Tropical Sun  
Cock Soup 12 x 50g - 227822  
144 x 50g - 228159



Tropical Sun  
Chicken Noodle Soup 12 x 60g - 227820  
144 x 60g - 228158



Tropical Sun  
Fish Tea Soup 12 x 45g - 227821  
144 x 45g - 228160



Tropical Sun  
Pumpkin Soup 12 x 50g - 227586  
144 x 50g - 227895



Tropical Sun  
Caribbean Vegetable 12x45g-227811  
144 x 45g - 227810



Grace  
Pumpkin Soup 12 x 50g - 152096  
144 x 50g - 152095



Grace  
Cock Soup 12 x 50g - 222174  
144 x 50g - 222170



Grace  
Chicken Noodle Soup 12 x 50g - 152071  
144 x 50g - 152070



Spicy Hill Farms  
Scotch Bonnet Pepper  
24 x 25g - 101680



Spicy Hill Farms  
Ram Goat Soup  
12 x 60g - 101123 / 96 x 50g - 232277



Spicy Hill Farms  
Ram it Up Curry Goat Booster  
24 x 20g - 102370 / 96 x 20g - 226895



Home Choice  
Pumpkin Soup  
10 x 45g - 248450



Home Choice  
Ram Goat Soup  
10 x 45g - 248452



Home Choice  
Ram Goat Curry Booster  
50 x 15g - 248451



Knorr  
Spring Vegetable Soup  
9 x 48g - 227386



Knorr  
Chicken Noodle Soup  
12 x 51g - 122011



Knorr  
Minestrone Soup  
9 x 62g - 227388



Knorr  
Thick Vegetable Soup  
9 x 75g - 227387

# Hot Cereals – Cake Mixes



Tropical Sun  
Instant Cornmeal Porridge Original  
12 x 70g - 239311



Tropical Sun  
Instant Cornmeal Porridge Coconut  
12 x 70g - 239729



Tropical Sun  
Cornmeal Porridge Original  
12 x 120g - 239781



Tropical Sun  
Cornmeal Porridge Banana  
12 x 120g - 239782



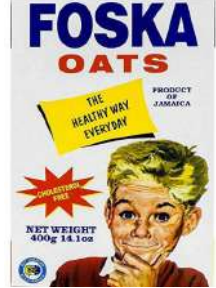
Tropical Sun  
Porridge Oats  
6 x 1kg - 227270



Tropical Sun  
Porridge Oats  
1 x 3kg - 230246 / 3 x 3kg - 241820



Foska  
Porridge Oats 6 x 400g - 117010  
24 x 400g - 117009



Foska  
Porridge Oats  
6 x 800g - 230215 / 14 x 800g - 104415



Quaker  
White Oats  
24 x 500g - 101258



Quaker  
Porridge Oats  
10 x 1kg - 235252



Goya  
Pre-Cooked Cornmeal White  
10 x 1kg - 247096



Goya  
Pre-Cooked Cornmeal Yellow  
10 x 1kg - 247095



Pan  
Cornmeal White  
10 x 1kg - 231521



Pan  
Cornmeal Yellow  
10 x 1kg - 231520



Spanish Town  
Jamaican Festival Mix  
6 x 450g - 162043



Spanish Town  
Johnny Cake Mix  
6 x 500g - 232565



Spanish Town  
Chocolate Cake Mix  
6 x 500g - 162035



Spanish Town  
Yellow Cake Mix  
6 x 500g - 102587



Spanish Town  
White Cake Mix  
6 x 500g - 162036



Spanish Town  
Pancake Mix  
6 x 500g - 246238



Colombina Jumbo Candy Balls  
Cherry & Blue Raspberry  
1 x 120's - 100193 / 16 x 120's - 129938



Colombina Jumbo Candy Balls  
Jumbo Mint Balls  
1 x 120's - 129936 / 16 x 120's - 129937



Colombina Jumbo Candy Balls  
Jumbo Spearmint Balls  
1 x 120's - 100190 / 16 x 120's - 100852



Colombina  
Ginger Hard Candy  
1 x 2.27kg - 237915 / 8 x 2.27kg - 227554



Colombina  
Soft Mint Puffs  
12 x 170g - 224745



Colombina  
Starlight Mints 5lb  
1 x 2.27kg - 229042 / 8 x 2.27kg - 229041



Bon Bon Bum  
Assorted Lollipops  
15 x 24's - 237312



Bon Bon Bum  
Assorted Lollipops (Surtido)  
1 x 100's - 231522



Bon Bon Bum  
Berry Explosion  
1 x 100's - 246009 / 6 x 100's - 233071



Bon Bon Bum  
Strawberry Lollipops  
1 x 24's - 233069 / 15 x 24's - 233072



Bon Bon Bum  
Mango Lollipops  
1 x 24's - 237460 / 15 x 24's - 233073



Bon Bon Bum  
Watermelon Lollipops  
15 x 24's - 224931



KC Candy  
Paradise Plum  
6 x 540g - 235375



KC Candy  
Tomato Balls  
6 x 540g - 235371



KC Candy  
Ginger Mints  
12 x 90g - 229351



KC Candy  
Dinner Mints  
12 x 90g - 229350



KC Candy  
AX Candy (Menthol)  
12 x 90g - 224773



KC Candy  
Choco Fill Mints  
12 x 90g - 122037



KC Candy  
Cough Drops  
12 x 90g - 235376



KC Candy  
Tamarin Lollipops  
24 x 408g - 235369

# Mauby - Cassareep



Honeycomb  
Tamarind Balls  
60 x 75g - 151151



Tropical Sun  
Busta Sweets  
1 x 200's - 227460



Island Choice  
Busta Sweets  
12 x 10 pieces - 234559

Mauby



Windmill  
Ginger Mauby  
6 x 480ml - 121037 / 12 x 480ml - 121036



Matouk's  
Mauby  
4 x 750ml - 102320 / 12 x 750ml - 102287



R&L  
Sweet & Dandy Mauby  
6 x 750ml - 226273 / 12 x 750ml - 101177



Windmill  
Mauby Syrup  
6 x 480ml - 152201 / 12 x 480ml - 152200

Cassareep



Tropical Sun  
Cassava Cassareep  
6 x 350ml - 248927



Tropical Sun  
Cassava Cassareep  
4 x 750ml - 248131 / 12 x 750ml - 248132



Baron  
Cassareep  
6 x 425g - 224517 / 12 x 425g - 224516



Prestige  
Cassareep  
6 x 300ml - 228643 / 12 x 300ml - 228648

Caribbean  
Speciality



Maggi  
Season-Up All Purpose  
24 x 200g - 225612 / 12 x 430g - 238217



Maggi  
Season-Up Chicken  
24 x 200g - 225627 / 12 x 430g - 238218



Spanish Town  
Vienna Sausages (Halal)  
12 x 142g - 237677 / 48 x 142g - 244426



Tropical Sun  
Jamaican Bammy  
24 x 397g - 237920



Sunrite  
Jamaican Bammy Mini  
30 x 320g - 104761



Sunrite  
Jamaican Bammy  
6 x 397g - 561110

# Caribbean - Speciality



Tropical Sun  
Natural Sorrel 6 x 10 x 50g - 246800 /  
5 x 10 x 100g - 227084



Tropical Sun  
Natural Sorrel Jumbo  
12 x 250g - 103799



Village Pride  
Natural Sorrel  
10 x 100g - 234292 / 50 x 100g - 234293



Tropical Sun  
Isinglass  
10 x 10g - 150120



Village Pride  
Raw Irish Moss  
10 x 80g - 244130



Tropical Sun  
Macaroni & Cheese 6 x 206g - PM 251058  
24 x 206g - PM 250046



Guyanese Pride  
Curry Powder  
10 x 170g - 250046 / 10 x 340g - 250047



Jamaican Pride  
Curry Powder  
24 x 113g - 250048 / 6 x 450g - 250051



Lalah's  
Curry Powder  
6 x 454g - 250049 / 6 x 1.36kg - 249616



Betapac  
Jamaican Curry Powder  
40 x 110g - 151240 / 20 x 450g - 151260



Spanish Town  
Jamaican Curry Powder  
40 x 110g - 243447 / 20 x 450g - 243446



Lasco  
Instant Chocolate with Nutmeg  
48 x 170g - 226802



Home Choice  
Ginger Extract  
6 x 454ml - 243418



Home Choice  
Turmeric Ginger Extract  
6 x 454ml - 243418 / 24 x 454ml - 243417



Home Choice  
Lime Ginger Mix  
6 x 454ml - 248449



Home Choice  
Sorrel Extract  
6 x 454ml - 247335



Home Choice  
Jamaican Ginger Beer  
24 x 500ml - 247230



Home Choice  
Pepper Shrimps  
20 x 12g - 238280 / 10 x 20 x 12g - 238317



Home Choice  
Sweet & Spicy Pepper Sauce  
6 x 150ml - 248447



Home Choice  
Scotch Bonnet Pepper Sauce  
6 x 150ml - 248453

# General Grocery



Pegasus Plain Flour  
12 x 500g - PM 247069



Pegasus Self-Raising Flour  
12 x 500g - PM 247070



Pegasus Plain Flour  
10 x 1kg - 245189 PM



Pegasus Self-Raising Flour  
10 x 1kg - 245207 PM



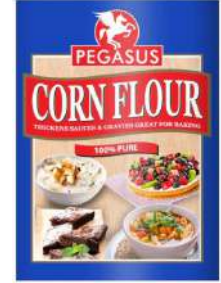
Pegasus Baking Powder  
12 x 100g - 101007



Pegasus Bicarbonate of Soda  
12 x 100g - 101009.



Pegasus Cornflour  
12 x 250g - 244446



Pegasus Cornflour  
6 x 500g - 241633



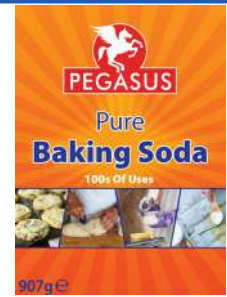
Pegasus Cornflour  
4 x 3kg - 232359



Brown & Polson Cornflour  
12 x 250g - 122021 / 10 x 500g - 122034



Pegasus Baking Soda  
6 x 226g - 249313



Pegasus Baking Soda  
6 x 907g - 250405



Birds Custard Powder  
12 x 300g - 181055 / 12 x 600g - 102499



McDougalls Yeast  
10 x 56g - 182008



Allinson's Yeast  
10 x 125g - 120045



Borwick's Bicarbonate of Soda  
12 x 100g - 231430



Borwick's Baking Powder  
12 x 100g - 231431



Heinz Baked Beans  
24 x 415g - 121577



Tropical Sun Baked Beans  
12 x 400g - PM 246305



Tropical Sun Corn Starch  
6 x 800g - PM 246596



Aani  
Mango Pulp Alphonso  
6 x 850g - 232131



Aani  
Mango Pulp Kesari  
6 x 850g - 232130



Aani  
Rose Syrup  
6 x 725ml - 244444



Aani  
Rose Water  
12 x 190ml - 249167



Aani  
Rose Water  
12x300ml - 247654 / 12x450ml - 249168



Aani  
Kewra Water  
12 x 450ml - 249170



Tropical Sun  
Rose Water  
12 x 190ml - 230913



Tropical Sun  
Kewra Water  
12 x 190ml - 230912



Tropical Sun  
Soy Drink Original  
6 x 300ml - 249619 / 24 x 300ml - 249618



Tropical Sun  
Soy Drink Multigrain  
6 x 300ml - 249621 / 24 x 300ml - 249620



Vamino  
Soy Drink Original  
24 x 300ml - 235521



Vamino  
Soy Drink Multigrain  
24 x 300ml - 235084



Aani  
Ceylon Cinnamon Sticks  
12 x 50g PM - 239156



Aani  
Tamarind Concentrate  
12 x 200g - 238215



Khanum  
Butter Ghee  
12 x 500g - 112263 / 12 x 1kg - 112261



Khanum  
Butter Ghee  
6 x 2kg - 112262



Tropical Sun  
Sweet Tamarind Fresh  
40 x 225g - 249972



Tamarind Farm  
Sweet Tamarind Fresh  
16 x 400g - 237544



Tropical Sun  
Desiccated Coconut Fine  
6 x 1kg - 232934



Tropical Sun  
Desiccated Coconut Medium  
6 x 1kg - 232933

# Asian – Grocery



Tropical Sun  
Ground Rice  
6 x 1.5kg - 140059 / 20 x 500g - 162032



Tropical Sun  
Rice Flour  
6 x 1.5kg - 155172 / 3 x 5kg - 242078



Tropical Sun  
Red Lentils  
6 x 2kg - 140058 / 1 x 5kg - 234857



Tropical Sun  
Whole Juwar (Sorghum)  
10 x 500g - 241322



Tropical Sun  
Garlic Flakes (A-Grade)  
12 x 1kg - 250068 / 4 x 3kg - 250069



Tropical Sun  
Garlic Granules (A-Grade)  
12 x 1kg - 250066 / 4 x 3kg - 250067



Tropical Sun  
Garlic Powder (A-Grade)  
12 x 1kg - 250070 / 4 x 3kg - 250071



Patak's  
Chilli Pickle  
6 x 283g - 114308



Patak's  
Kashmiri Masala Paste  
6 x 295g - 114322



Patak's  
Garlic Pickle  
6 x 300g - 114306



Patak's  
Kashmiri Masala Paste  
6 x 295g - 114322



Patak's  
Lime Pickle Hot  
6 x 283g - 114311



Patak's  
Lime Pickle Mild  
6 x 283g - 114341



Patak's  
Madras Curry Paste  
6 x 283g - 114340



Patak's  
Mango Pickle Hot  
6 x 283g - 114303



Patak's  
Mango Pickle Mild  
6 x 283g - 114305



Patak's  
Mixed Pickle  
6 x 283g - 114315



Patak's  
Tandoori Paste  
6 x 312g - 114310



Patak's  
Tikka Marinade Paste  
6 x 300g - 114342



Patak's  
Tikka Masala Paste  
6 x 283g - 114388

# Mediterranean – Bevelini



Bevelini  
Brown Lentils  
6 x 500g - 235601



Bevelini  
Butter Beans  
6 x 500g - 235600



Bevelini  
Chick Peas  
6 x 500g - 235605



Bevelini  
Blackeye Beans  
6 x 500g - 235603



Bevelini  
Cous Cous  
6 x 500g - 235607



Bevelini  
Yellow Split Peas  
6 x 500g - 235608



Bevelini  
Lemon, Garlic & Rosemary Olives  
6 x 300g - 250231



Bevelini  
Chipotle Honey Olives with Peppers  
6 x 300g - 250175



Bevelini  
Giardiniera Mixed Vegetables  
6 x 480g - 242369



Bevelini  
All Star Pepper Mix  
6 x 315g - 235563



Bevelini  
Green Peppers  
6 x 440g - 235556



Bevelini  
Green Jalapenos Sliced  
6 x 480g - 235555



Bevelini  
Red & Green Jalapenos Sliced  
6 x 480g - 235557



Bevelini  
Roasted Red Peppers  
6 x 465g - 235554



Bevelini  
Tahini  
6 x 300g - 235583



Bevelini  
Sweet Gherkin Relish  
6 x 200g - 246327



Bevelini  
Sweet Sliced Gherkins  
6 x 705g - 246070



Bevelini  
Pasta Sauce Arrabbiata  
6 x 400g - 248013



Bevelini  
Pasta Sauce Basilico  
6 x 400g - 248012



Bevelini  
Pasta Sauce Ricotta  
6 x 400g - 248014

# Mediterranean – Bevelini



Bevelini  
Pitted Black Olives  
12 x 340g - 242923



Bevelini  
Pitted Green Olives  
12 x 340g - 242926



Bevelini  
Green Olives with Peppers  
12 x 340g - 242927



Bevelini  
Green Olives with Garlic  
6 x 365g - 235621



Bevelini  
Green Olives with Jalapenos  
6 x 360g - 242373



Bevelini  
Green & Red Hot Chillies  
6 x 280g - 235558



Bevelini  
Hot & Sweet Jalapenos  
6 x 400g - 242372



Bevelini  
Sundried Tomatoes with Balsamic Vinegar  
6 x 310g - 242371



Bevelini  
Sundried Tomatoes with Herbs  
6 x 310g - 242370



Bevelini  
Balsamic Vinegar  
6 x 250ml - 238103



Bevelini  
Kolymvari Extra Virgin Olive Oil  
6 x 500ml - 235586



Bevelini  
Extra Virgin Olive Oil  
6 x 750ml - 235585



Bevelini  
Extra Virgin Olive Oil  
4 x 5L - 235584



Bevelini  
Lemon Juice Squeezy  
12 x 200ml - 244065



Bevelini  
Lemon Dressing  
12 x 350ml - 235587



Bevelini  
Lemon Juice  
4 x 4L - 235588



Bevelini  
Lime Juice Squeezy  
12 x 200ml - 244066



Bevelini  
Lime Juice  
4 x 4L - 242976



Bevelini  
Oregano  
10 x 30g - 235610



Bevelini  
Black Pepper Coarse  
10 x 100g - 236313

# South American – Goya - Pan



*¡Si es GOYA ...tiene que ser bueno!*



Goya  
Adobo with Pepper  
6 x 225g - 247411



Goya  
Adobo with Pepper  
6 x 467g - 251040



Goya  
Adobo without Pepper  
6 x 225g - 247412



Goya  
Adobo without Pepper  
6 x 467g - 251042



Goya  
Adobo Bitter Orange  
6 x 226g - 251052



Goya  
Adobo Lemon & Pepper  
6 x 226g - 251044



Goya  
Adobo with Cumin  
6 x 226g - 251048



Goya  
Adobo with Hot Chili  
6 x 226g - 251050



Goya  
Adobo with Saffron  
6 x 226g - 251046



Goya  
Sazonador Perfect Seasoning  
6 x 156g - 247422



Goya  
Sazonador Perfect Seasoning  
6 x 312g - 247421



Goya  
Sazón with Coriander & Annatto  
6 x 40g - 247423



Goya  
Sazón with Saffron  
6 x 40g - 247424



Goya  
Extra Virgin Olive Oil  
12 x 89ml - 248385 / 36 x 89ml - 247984



Goya  
Pure Olive Oil  
6 x 250ml - 248386 / 25 x 250ml - 247981



Goya  
Pure Olive Oil  
6 x 500ml - 248384 / 12 x 500ml - 247982



*If it's GOYA ...it has to be good!*

# South American – Goya - Pan



Goya  
Masarepa Cornmeal White  
10 x 1kg - 247096



Goya  
Masarepa Cornmeal Yellow  
10 x 1kg - 247095



Goya  
Masarepa Sweet  
14 x 500g - 247097



Goya  
Purple Corn Flour  
6 x 400g - 247929



Goya  
Panela Brown Cane Sugar Round  
12 x 454g - 247417



Goya  
Unrefined Cane Sugar  
6 x 400g - 247418



Goya  
Guava Paste  
12 x 595g - 247094



Goya  
Guava Jam  
6 x 420g - 247935



Goya  
Black Beans in Sauce  
12 x 425g - 247079



Goya  
Black Beans Caraotas in Sauce  
12 x 425g - 247078



Goya  
Giant White Corn (Mote)  
6 x 500g - 247919



Goya  
Mountain Dried Corn  
6 x 500g - 247917



Goya  
Golden Hominy Corn  
6 x 500g - 247923



Goya  
White Hominy Corn  
6 x 500g - 247921



PAN  
Cornmeal White  
10 x 1kg - 231521



PAN  
Cornmeal White (Halal)  
4 x 2kg - 250942



PAN  
Cornmeal Yellow  
10 x 1kg - 231520





Bushveld  
Sugar Beans  
10 x 500g - 246497



Bushveld  
Yugo Nyimo Beans  
10 x 500g - 226300



Freshpak  
Rooibos Tea Bags  
6 x 40's - 101402



Freshpak  
Rooibos Tea Bags  
4 x 80's - 101402



Frisco  
Coffee  
6 x 250g - 248257



Monati  
Super Mabela (Sorghum)  
20 x 1kg - 235596



Monati  
Super Mabela (Sorghum)  
10 x 2kg - 235595



Monati  
Super Mabela (Sorghum)  
4 x 5kg - 246513



Monati  
Super Mabela (Sorghum)  
10kg - 246512



Willards  
Jupiters Corn Snack  
8 x 150g - 250140



Willards  
Thingz Corn Snack  
8 x 150g - 250140



Mazoe  
Raspberry Syrup  
6 x 2L - 101401



Mazoe  
Orange Crush  
6 x 2L - 101401



Mazoe  
Cream Soda Syrup  
6 x 2L - 102400



# American



Indian Head  
White Cornmeal  
8 x 2.27kg - 151000



Maseca  
Instant Corn Masa Flour  
5 x 1.8kg - 239327



Tropical Sun  
Corn Starch  
6 x 800g - PM 246596



Kraft  
Mac & Cheese  
12 x 206g - 103191 / 35 x 206g - 103696



Tropical Sun  
Mac & Cheese  
6 x 206g - 246596 / 24 x 206g - 227233



Cream of Wheat  
Original Hot Cereal  
6 x 340g - 234400 / 12 x 340g - 230597



Cream of Wheat  
Original Hot Cereal  
6 x 794g - 129024



Old Bay  
Seasoning USA  
8 x 170g - 233543



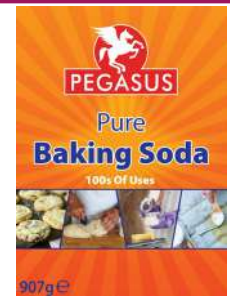
Old Bay  
Seasoning USA  
6 x 280g - 239588



Maizena  
Corn Starch  
6 x 400g - 231015



Pegasus  
Baking Soda  
6 x 226g - 249313



Pegasus  
Baking Soda  
6 x 907g - 250405



Arm & Hammer  
Baking Soda  
24 x 226g - 230602



Arm & Hammer  
Baking Soda  
12 x 907g - 234717



Kool Aid  
Strawberry Tub  
12 x 538g - 900004



Kool Aid  
Cherry Tub  
12 x 538g - 104153



Kool Aid  
Tropical Tub  
12 x 538g - 109907



Kool Aid  
Grape Tub  
12 x 583g - 100341



A&W  
Root Beer  
12 x 355ml - 230051



Tropical Sun  
Organic Apple Cider Vinegar  
6 x 473ml - 104636



Bragg  
Apple Cider Vinegar  
12x473ml - 103928 / 12x946ml - 224487



Tropical Sun  
Extra Virgin Avocado Oil  
6 x 250ml - 251280



Tropical Sun  
Organic Coconut Milk  
6 x 400ml - 150129



Tropical Sun  
Organic Coconut Flour  
12 x 500g - 235534



Aani  
Organic Curry Leaves  
10 x 30g - 232610



Tropical Sun  
Organic Agave Syrup  
6 x 370g - 238911



Tropical Sun  
Organic Honey  
6 x 340g - 232514



Tropical Sun  
Organic Honey Squeezy  
6 x 340g - 239029



Tropical Sun  
Organic Acacia Honey  
6 x 340g - 249531



Tropical Sun  
Raw Organic Virgin Coconut Oil  
6 x 480ml - 248729



Rose Hall  
Pure Noni Juice  
6 x 1L - 244098



Tropical Sun  
Young Green Jackfruit in Brine  
6 x 560g - 233876 / 24 x 560g - 235035



Tropical Sun  
Young Green Jackfruit in Water  
12 x 400g - 238096



Tropical Sun  
BBQ Jackfruit  
12 x 400g - 243908



Tropical Sun  
Tex Mex Jackfruit  
12 x 400g - 243909



Tropical Sun  
Yellow Jackfruit in Syrup  
6 x 565g - 230886 / 24 x 565g - 230885



Tropical Sun  
Banana Blossom  
12 x 400g - 238097



Tropical Sun  
Condensed Coconut Milk (Dairy Free)  
6 x 320ml - 236758



Tropical Sun  
Evaporated Coconut Milk (Dairy Free)  
6 x 400ml - 238295

# Chilled – Saltfish

# CAPTAIN COOK



Captain Cook  
Skinless Boneless Saltfish  
10 x 250g - 238100



Captain Cook  
Skinless Boneless Saltfish  
8x250g - 238224 (HB)



Captain Cook  
Skinless Boneless Saltfish  
12 x 400g - 239329



Captain Cook  
Salted Cod  
10 x 250g-238461



Captain Cook  
Salted Cod  
8 x 250g-238225 (HB)



Captain Cook  
Salted Cod Fillets Jumbo  
6 x 350g - 238397



Captain Cook  
Whole Smoked Mackerel  
1 x 6kg - 237225



Captain Cook  
Whole Smoked Herring  
1 x 6kg - 237226



Captain Cook  
Loose Herring (Box)  
1 x 6kg - 237227



Blue Ocean  
Skinless Boneless Saltfish  
10 x 275g - 210080



Stockfish  
Heads Bale  
30kg - 211880



Stockfish  
Cod Bale  
45kg - 118720



Stockfish  
Tusk Bale  
45kg - 211870



Mystry  
Dried Panga Catfish  
18 x 400g - 150150



Ham  
Triple Smoked Shoulder (Seasonal)  
Per kg - 303030



Ham  
Triple Smoked Knuckle (Seasonal)  
Per kg - 238229



Ghana Best  
Corn Dough  
10 x 1kg - 101365 / 5 x 2kg - 100968



Ghana Best  
Cassava Dough  
10 x 1kg - 237192 / 5 x 2kg - 100967



Exotic Foods  
Corn Dough  
4 x 2kg - 246025



Tropical Sun  
Jamaican Jerk Seasoning  
4 x 4.2kg - 930002



Tropical Sun  
Jamaican Jerk Seasoning  
22.5kg - 225575



Village Pride  
Jerk Seasoning  
3 x 4.4kg - 250028



Tropical Sun  
Chick Peas  
6 x 2.5kg - 101075



Tropical Sun  
Green Jackfruit in Brine  
6 x 3.05kg - 237416



Tropical Sun  
Coconut Milk  
6 x 2.9L - 230858



Tropical Sun  
Red Kidney Beans  
6 x 2.5kg - 230636



Royal Sun  
Chopped Tomatoes  
6 x 2.5kg - 414006



Royal Sun  
Peeled Plum Tomatoes  
6 x 2.5kg - 151380



Pegasus  
Tomato Paste  
4 x 4.5kg - 245984



Royal Sun  
Tomato Ketchup  
2 x 4kg - 230527



Bevelini  
Tahini  
5kg - 237944 / 2 x 5kg - 242001



Royal Sun  
Malt Vinegar  
4 x 5L - 230551



Pegasus  
Distilled Vinegar  
4 x 5L - 246780



Tropical Sun  
Golden Breadcrumbs  
3kg - 229345



Tropical Sun  
Natural Breadcrumbs  
3kg - 229346



Pegasus  
Cooking Salt  
25kg - 246792



Pegasus  
Cooking Salt  
12.5kg - 101375



Tropical Sun  
Blossom Honey  
6 x 3kg - 249685



Tropical Sun  
Pure Natural Honey  
4.5kg - 241183

# Catering



Bevelini  
Lemon Juice  
4 x 4L - 235588



Bevelini  
Lime Juice  
4 x 4L - 242976



Tropical Sun  
Flavour Enhancer / MSG  
6 x 1kg - 249317



Tropical Sun  
Drinking Chocolate  
4 x 1.4kg - PM 250462



Tropical Sun  
Garlic Flakes (A-Grade)  
4 x 3kg - 250069



Tropical Sun  
Garlic Granules (A-Grade)  
4 x 3kg - 250067



Tropical Sun  
Garlic Powder (A-Grade)  
4 x 3kg - 250071



Aani  
Turmeric Powder (Haldi)  
3 x 5kg - 245972



Aani  
Chilli Powder  
3 x 5kg - 245973



Aani  
Chilli Powder Extra Hot  
3 x 5kg - 246819



Aani  
Crushed Chillis  
3 x 3kg - 245974



Tropical Sun  
Golden Sella Rice  
20kg - 230701



Tropical Sun  
Premium Basmati Rice  
20kg - 228116



Tropical Sun  
Prince of Rice (XXL Basmati)  
20kg - 123712



Aani  
Basmati Rice  
20kg - 101016



Aani  
Golden Sella Rice  
20kg - 249107



Tropical Sun  
USA Easy Cook Rice  
20kg - 100088



Village Pride  
Easy Cook Rice  
20kg - 227275



Pegasus  
Fragrant Rice  
20kg - 227974



Pegasus  
Broken Fragrant Rice  
20kg - 102142

# Catering – Bulk Flours



Africa's Finest  
Ghana Gari (White)  
20kg - 150009



Tropical Sun  
White Gari (Grade 1)  
25kg - 150012



Africa's Finest  
Yellow Gari  
20kg - 150045



Africa's Finest  
Ijebu Gari  
20kg - 123881



Tropical Sun  
Rice Flour  
25kg - 162060



Tropical Sun  
Ground Rice  
25kg - 131101



Tropical Sun  
Pounded Iyan  
25kg - 225585



Africa's Finest  
Pounded Iyan  
25kg - 239775



Tropical Sun  
Bean Flour  
20kg - 161624



Tropical Sun  
Farina  
25kg - 150108



Tropical Sun  
Mashed Potato  
25kg - 150109



Africa's Finest  
Cassava Flour  
20kg - 151140



Africa's Finest  
Yam Flour (Elubo)  
20kg - 102622



Pegasus  
Granulated Sugar  
25kg - 247986



Pegasus  
Plain Flour  
25kg - 225520



Pegasus  
Self Raising Flour  
25kg - 239321



Tropical Sun  
Semolina Coarse  
16kg - 227838



Tropical Sun  
Semolina Coarse  
25kg - 162004



Tropical Sun  
Semolina Fine  
25kg - 162005



# Catering



Tropical Sun  
Crabeye Beans  
25kg - 136044



Tropical Sun  
Brown Beans  
20kg - 140051



Tropical Sun  
Peeled Beans  
20kg - 161625



Tropical Sun  
Honey Beans (Oloyin)  
20kg - 140049



Tropical Sun  
Blackeye Beans  
25kg - 140043



Tropical Sun  
Butter Beans  
25kg - 100074



Tropical Sun  
Red Kidney Beans  
20kg - 140081 / 249335



Tate & Lyle  
Granulated Sugar  
25kg - 123011



Tropical Sun  
Demerara Sugar  
20kg - 140043 / 249699



Tropical Sun  
Vegetable Oil  
10L - 102268



Tropical Sun  
Vegetable Oil  
20L 229486



Tropical Sun  
Vegetable Oil PET  
20L - 102201



Tropical Sun  
Sunflower Oil  
2 x 10L - 238058



Tropical Sun  
Rapeseed Oil  
20L - 235414



KTC  
Vegetable Oil  
20L - 118621



Africa's Finest  
Palm Oil  
4 x 3.5L - 237229



Tropical Sun  
Palm Oil  
4 x 4.5L - 103317



Tropical Sun  
Zomi Oil  
4 x 4.5L - 103319



AFM  
Restaurant Charcoal  
12kg - 238044



Big K  
Lumpwood Charcoal  
5kg - 103626



Benjamins  
Bay Rum Pimento  
12x250ml - 224475 / 24x250ml - 800055



Benjamins  
Bay Rum Menthol  
12x250ml - 500012 / 24x250ml - 500011



Benjamins  
Bay Rum  
12x250ml - 800004 / 24x250ml - 800003



Benjamins  
Rubbing Alcohol  
12x250ml - 500022 / 24x250ml - 500021



Benjamins  
Rubbing Alcohol  
6x500ml - 500028 / 24x500ml - 500029



Benjamins  
Rubbing Alcohol Wintergreen  
12x250ml - 224474 / 6 x 500ml - 224479



Benjamins  
Florida Water 12 x 60ml - 500017  
12x120ml - 500042 / 12x240ml - 226639



Benjamins  
Kananga Water 12 x 60ml - 500013  
12x120ml - 500048 / 12x240ml - 239190



Benjamins  
Honey Time  
6 x 140ml - 800030



Benjamins  
Mineral Oil  
12 x 120ml - 103338



Benjamins  
Olive Oil  
12x60ml - 500058 / 12x120ml - 104537



Benjamins  
Healing Oil  
12x60ml - 500025 / 36x60ml - 500024



Benjamins  
Castor Oil  
12 x 120ml - 229414



Benjamins  
Eucalyptus Oil  
12 x 30ml - 500010



Benjamins  
Rose Water  
12 x 120ml - 227456



Benjamins  
Rose Water with Almond  
12 x 120ml - 500057



Tropical Sun  
Eucalyptus Oil  
12 x 30ml - 231148



Tropical Sun  
Peppermint Oil  
12 x 28ml - 231146



Samaritan  
Olive Oil  
12 x 92ml - 102757



Samaritan  
Olive Oil  
12 x 185ml - 102756

# Non-Foods



Ferrol Compound  
6 x 200ml - 242260 / 24 x 200ml - 233080



Ferrol Compound  
6 x 500ml - 179003 / 12 x 500ml - 179002



Ferrol Multivitamin  
6 x 200ml - 179000 / 24 x 200ml - 179001



Nutrophos Nerve Tonic  
6 x 200ml - 179021 / 6 x 500ml - 179032



Rogers Beef & Iron Wine  
6 x 200ml - 179010 / 24 x 200ml - 179009



Codol Compound  
6 x 500ml - 179015 / 12 x 500ml - 179016



Euthymol Toothpaste  
12 x 75ml - 236446



Limacol Original  
6x250ml - 179027 / 24x250ml - 179028



Limacol Original  
6 x 500ml - 179011 / 12 x 500ml - 179006



Limacol Menthol  
6 x 250ml - 179018 / 24 x 250ml - 179008



Limacol Menthol  
6 x 500ml - 179018 / 12 x 500ml - 179019



Alcolado Glacial  
12x125ml - 226685 / 24x125ml - 102290



Alcolado Glacial  
6 x 500ml - 226684 / 12 x 500ml - 102289



Hemani Avocado Oil  
6 x 30ml - 246700



Hemani Aniseed Oil  
6 x 30ml - 241498



Hemani Black Pepper Oil  
6 x 30ml - 246209



Hemani Blackseed Oil  
6 x 60ml - 236324 / 6 x 125ml - 241501



Hemani Blackseed & Flaxseed Oil  
6 x 125ml



Hemani Cinnamon Oil  
6 x 30ml - 246212

# Essential Oils – Hemani



Hemani  
Garlic Oil  
6 x 30ml - 246214



Hemani  
Sweet Almond Oil  
6 x 30ml - 236182



Hemani  
Onion Oil  
6 x 30ml - 246218



Hemani  
Argan Oil  
6 x 30ml - 237759



Hemani  
Tea Tree Oil  
6 x 30ml - 236033



Hemani  
Eucalyptus Oil  
6 x 30ml - 236028



Hemani  
Camphor Oil  
6 x 30ml - 236029



Hemani  
Cardamom Oil  
6 x 30ml - 236030



Hemani  
Mint Oil  
6 x 30ml - 236179



Hemani  
Rose Oil  
6 x 30ml - 241510



Hemani  
Turmeric Oil  
6 x 30ml - 237760



Hemani  
Fenugreek Oil  
6 x 30ml - 236027



Hemani  
Ginger Oil  
6 x 30ml - 236180



Hemani  
Castor Oil  
6 x 30ml - 236025



Hemani  
Jasmine Oil  
6 x 30ml - 241506



Hemani  
Neem Oil  
6 x 30ml - 237758



Hemani  
Saffron Oil  
6 x 30ml - 236034



Niharti  
Black Seed Oil  
6 x 50ml - 236238 / 6 x 100ml - 236239



Shavuot  
Jamaican Black Castor Oil  
6 x 118ml - 181112



Niharti  
Castor Oil  
6 x 100ml - 242914 / 6 x 250ml - 105042

# Soap – Incense



Blue Power  
Carbolic Soap  
12x125g - 221109 / 72x125g - 221108



Blue Power  
Castile Cocoa Butter  
12 x 110g - 215185



Blue Power  
Castile Olive Oil  
12 x 110g - 215182



Blue Power  
Castile Coconut Cream  
12x110g - 234218



Dudu Osan  
Black Soap  
6 x 150g - 400417 / 48 x 150g - 400416



Triple Crown  
Laundry Blue Soap  
1 x 48's - 237439 / 18 x 48's - 237726



Crusader  
Medicated Soap  
6 x 80g - 228830



Dettol  
Original Soap  
24 x 65g - 239130



Top Op  
Henna Black  
12 x 100g - 151035



Top Op  
Henna Cone  
12 x 40g - 111710



Top Op  
Henna Red  
12 x 100g - 151034



Stamford  
Violet Incense  
6 x 20 sticks - 102378



Stamford  
Aloe Vera Incense  
6 x 20 sticks - 102381



Stamford  
Frankincense & Myrrh Incense  
6 x 20 sticks - 102384



Stamford  
Sandalwood Incense  
6 x 20 sticks - 102380



Stamford  
Cinnamon Incense  
6 x 20 sticks - 102394



Stamford  
Amber Incense  
6 x 20 sticks - 233366



Stamford  
Black Magic Incense  
6 x 20 sticks - 233369



Stamford  
Cannabis Incense  
6 x 20 sticks - 102383



Hem  
7 African Powers Incense  
6 x 20 sticks - 237024



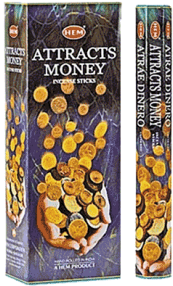
Hem  
Against Jealousy Incense  
6 x 20 sticks - 237025



Hem  
Divine Healing Incense  
6 x 20 sticks - 237021



Hem  
Black Opium Incense  
6 x 20 sticks - 237031



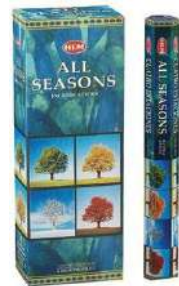
Hem  
Attracts Money Incense  
6 x 20 sticks - 237029



Hem  
7 Chakras Incense  
6 x 20 sticks - 243163



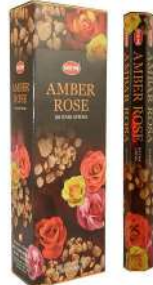
Hem  
African Musk Incense  
6 x 20 sticks - 243167



Hem  
All Seasons Incense  
6 x 20 sticks - 243169



Hem  
Aloe Vera Incense  
6 x 20 sticks - 243171



Hem  
Amber Rose Incense  
6 x 20 sticks - 243173



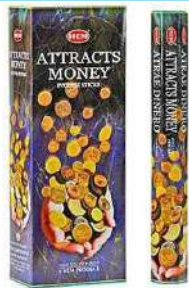
Hem  
Amber Sandal Incense  
6 x 20 sticks - 243175



Hem  
Anti Stress Incense  
6 x 20 sticks - 237027



Hem  
Aphrodisia Incense  
6 x 20 sticks - 243179



Hem  
Attracts Money Incense  
6 x 20 sticks - 237029



Hem  
Black Love Incense  
6 x 20 sticks - 237030



Hem  
Cannabis Incense  
6 x 20 sticks - 237033



Hem  
Cherry Vanilla Incense  
6 x 20 sticks - 243181



Hem  
Come to Me Incense  
6 x 20 sticks - 243183



Hem  
Divine Power Incense  
6 x 20 sticks - 243185



Hem  
Egyptian Jasmine Incense  
6 x 20 sticks - 243187

# Dutch Pots – Merchandise



Tropical Sun  
Dutch Pot Small  
4 x 20cm - 239281



Tropical Sun  
Dutch Pot Medium  
4 x 24cm - 239282



Tropical Sun  
Dutch Pot Large  
4 x 28cm - 239283



Tropical Sun  
Dutch Pot Extra Large  
4 x 32cm - 239284



Tropical Sun  
Dutch Pot King Size  
4 x 36cm - 239285



Tropical Sun  
Dutch Pot Super King  
2 x 40cm - 239286



Jamaica Sun  
Dutch Pot Medium  
4 x 24cm - 244039



Jamaica Sun  
Dutch Pot Large  
4 x 30cm - 244038



Lady Bee  
Catering Foil (300mm x 75m) 6 x 11MIC  
250098 / 6 x 18MIC 250223



Lady Bee  
Catering Foil (450mm x 75m) 6 x 11MIC  
250096 / 6 x 18MIC 250221



Lady Bee  
Foil Containers / Lids (No.2)  
10 x 20's - 249412



Lady Bee  
Foil Containers / Lids (No.6)  
8 x 20's - 249413



Lady Bee  
Foil Containers / Lids (No.9)  
4 x 10's - 248479



Lady Bee  
Foil Containers / Lids (No.10)  
4 x 10's - 249414



Tropical Sun  
Beanie Hat  
(Please enquire)



Tropical Sun  
Fleece Vest  
(Various sizes – please enquire)



Tropical Sun  
Fleece Jacket  
(Various sizes – please enquire)



Tropical Sun  
Carrier Bag  
100's - 225949 / 10 x 100's - 225948



Tropical Sun  
Bag for Life  
50's - 241663



# Tropical Sun Rice

Whether cooking  
jollof, pulao or  
rice and peas...



It's always  
Tropical Sun!



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